



DISTRICT 728 Community Education

Celebrating 40 years of lifelong learning.

DECEMBER-MARCH
WINTER 2016
CLASS SCHEDULE

ADULTS

trips, online learning, health, arts, fitness

YOUTH

swim lessons, sports, arts, theater, trips, academics

EARLY CHILDHOOD

ECFE, preschool, screening

WWW.728COMMUNITYED.COM



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WE GUARANTEE YOUR SATISFACTION WITH OUR COURSES AND ACTIVITIES.

If you are not satisfied with your experience, please contact the Community Education office at 763-241-3520, or the Early Childhood Family Education office at 763-241-3524.

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EVERYONE IS WELCOME

You don't have to live in the district to register for a class. Anyone can enroll!





MEET RICHARD KRONICK Active Minds Instructor

Community Education Office
763-241-3520
communityed@isd728.org

**ECFE & Discovery
Learning Preschool**
763-241-3524
ecfe@isd728.org

Early Childhood Screening
763-241-3525
laura.orwoll@isd728.org

EdVenture Club
763-241-3544
edventureclub@isd728.org

ISD 728 Facility Scheduling
763-241-3400 x5539
facilities@isd728.org

Adult Basic Education/GED
763-241-3400 x5525
pamela.moriarity@isd728.org

Weather Cancellations
For activity cancellations due to weather,
follow our Twitter feed @CE728ALERT or
visit our website at www.728communityed.com
one hour before start time.

What classes do you teach for ISD 728 Community Education?
Architecture history

Describe your background and experience:
Freelance writer specializing in architecture and engineering for 30 years.

How do you educate, inspire or empower your class participants?
By allowing them to experience places that they would never get to see otherwise -- and then by explaining what the architect of the building was trying to do and say.

What are the benefits of enrolling in one of your classes?
People learn history and they come to have a deeper understanding of the buildings all around them.

What advice do you have for those considering taking your classes?
It will be a combination of learning and fun -- and there's nothing better than that!



See page 4 for information on Richard's class
"What Style Is That House?"

OUR MISSION

ISD 728 Community Education is dedicated to building community through citizen involvement and lifelong learning while **educating**, **inspiring** and **empowering** ALL of our learners across ISD 728.

STAY CONNECTED



728CEadult • 728CEyouth
728ECFE • CommunityEd.HOPE



ECFE728 • Communityed728 • CE728ALERT



www.youtube.com/728communityed

ADULT ACTIVE MINDS

WELCOME to ACTIVE *Minds*

A program geared for the adult looking for intriguing topics, in-depth dialog and new topics to explore. Classes are led by academic leaders and experts in the field. Register for an annual membership and enjoy up to 40 classes per year for only \$169 per individual or \$330 per couple. Otherwise sign up individually by class.

Active Minds Annual Membership

Become an Annual Member and pick and choose the Active Minds courses you wish to attend during the year, up to eleven per quarter. The Annual Membership for an individual pays for itself in just over four courses with over 40 courses at your disposal! Classes are also available to non-members on a class-by-class basis.

\$169 Individual/\$330 Pair | #8110-12F

Keep Stress from Becoming Anxiety

Do you feel stressed-out all the time? Do you overreact to things that aren't a big deal? Do you find yourself taking on other people's problems and worries? Don't allow constant stress to turn into anxiety. Join us for a life-changing workshop where you will learn coping skills and strategies for reducing and eliminating your stress.

Mondays Jan 4-25 | 10:00-11:00am | 3 sessions
\$39 Individual/\$75 Pair
Rogers Senior Center Conference Rm | Lovelette
Not meeting Jan 11 | #8110-1W

Interested in learning more about our instructors?

Join our ACTIVE *Minds*
mailing list by calling 763.241.3520
and receive additional class information.

What Style Is That House? Historic Home Styles Explained!

Join us for a two-session, fully illustrated course presented by architectural historian and freelance writer, Richard Kronick. You will learn the history and facts behind 17 common house styles including: Who originated them? When did they first become popular? And what are the key characteristics that we can focus on to correctly identify home styles?

Thursdays Jan 7 & 14 | 7:00-8:30pm | 2 sessions
\$39 Individual/\$75 Pair
Rogers HS Media Door I | Kronick | #8110-2W

Forgiveness: The Gateway to a Healthier Life

Join us in a discussion on what forgiveness truly means and how it can set you free to walk the path of a happier and healthier life!

Tue/Thu Jan 12 & 28 | 5:00-7:00pm | 2 sessions
\$39 Individual/\$75 Pair
Rogers Senior Center Conference Rm | Peters | #8110-3W

The Golden Age of Radio

Before television, America's favorite form of entertainment was the radio. From the 1920s to 1950s, families would tune in the radio and turn on the theater of the mind. We'll explore the Golden Age of Radio from the invention of radio technology to its end in the 1950s.

Wednesdays Jan 20 & Feb 3 | 6:30-8:30pm | 2 sessions
\$39 Individual/\$75 Pair
Handke Center Rm 111 Door 5 | Aamodt | #8110-4W

FOLLOW us on



LIKE us on



ADULT ACTIVE MINDS



There are many styles of historic homes, some very simple in design and others with elaborate details.

Evidence of Rituals from Ancient Europe

Rituals take on various forms, from our morning routine to the opening pitch of a baseball game. From the Paleolithic Era through the Iron Age in prehistoric Europe, people expressed their notions of the world through ritual practices. This course will examine archaeologically recovered evidence of ancient rituals to learn how these peoples understood and interacted with the sacred in their world.

Tuesdays Feb 9, 23 & Mar 8 | 3:00-5:00pm | 3 sessions
\$39 Individual/\$75 Pair
Handke Center Rm 111 Door 5 | Erdman | #8110-5W

Abundance: There's Enough to Go Around

Join us as we learn what abundance means and how living in a continual state of abundance will strengthen your self-love and help you attract what you most desire!

Tuesdays Feb 9 & 23 | 6:00-8:00pm | 2 sessions
\$39 Individual/\$75 Pair
Rogers Senior Center Conference Rm | Peters | #8110-6W

Illuminating the Dark Ages

Were the centuries between the Roman Period and the Medieval Period a "dark age" in European cultural history? We will discuss this question by examining the cultural developments that occurred between 400 and 1000 AD. Using archaeological evidence, we will discuss the belief systems, art and material culture of groups such as the Franks, Anglo-Saxons and Vikings.

Thursdays Feb 11 & 25 | 5:00-7:00pm | 2 sessions
\$39 Individual/\$75 Pair
Handke Center Rm 111 Door 5 | Flowers | #8110-7W

Music and Social Change in American History: The Civil War and the Civil Rights Movement

Occurring almost exactly a century apart, the Civil War Era (1861-1865) and Civil Rights Movement (c.1955-1970) were periods of tremendous social and political upheaval in US history. Besides the prominence of racial justice issues for both eras, another key feature they shared was the central role of music. We will explore these issues...and, of course, hear a lot of great music!

Mondays Feb 29 & Mar 14 | 6:00-8:00pm | 2 sessions
\$39 Individual/\$75 Pair
Rogers MS Media Door A | Silverman | #8110-8W

Computers Made Easy/Computer File Management

Need an introductory course on computers? We will go over the basics: an overview of the computer, mouse, cursor, keyboard, desktop and icons, recycle bin, personalizing the desktop, shortcuts, taskbar and more. You will leave this class with the confidence and skills to be a computer pro!

Mondays Mar 7 & 21 | 3:00-5:00pm | 2 sessions
\$39 Individual/\$75 Pair
Handke Center Rm 111 Door 5 | Favilla | #8110-9W



ADULT FITNESS



The art and practice of karate has a number of benefits to both the physical body and a person's emotional state.

NEW! Intro to Karate

Have you always wanted to try karate but put it off? Why not take time for yourself and try this introductory karate class for adults. Learn self-defense strategies, increase your movement and get a great workout.

Tue/Thu Jan 26-Feb 11 | 7:50-8:35pm | 6 sessions | \$49
Lincoln Elem Music Rm Door 2 | Professional Karate Studios
#2662-5W

Tue/Thu Mar 1-22 | 7:50-8:35pm | 6 sessions | \$49
Lincoln Elem Music Rm Door 2 | Professional Karate Studios
Not meeting Mar 10 | #2662-6W

Pickle Ball



This is a great game combining ping-pong and tennis and is all the rage for adults who are young at heart. Using our equipment or your own, you can play against others who love a little friendly competition. Don't know how to play? We can help! The first 15 minutes of each session can be used to share rules, practice and warm up, if necessary.

Pay at the door: \$3/day; \$25/10-Day Pass; \$35/15-Day Pass

Mondays Jan 4-May 16 | 6:00-8:00pm
Handke Center Gym Door 5

Sundays Jan 3-May 15 | 5:00-7:00pm
Handke Center Gym Door 5 | Not meeting Mar 27

Open Gym | all ages

Open gym is a supervised recreation time for individuals to work on their skills in various sports, get a great workout and socialize with others who share an interest in athletics. No organized team practices allowed. Always check schedule before dropping students off at the school.

Pay at the door:

Adult \$5/day or \$40/10-day pass
Student \$4/day or \$30/10-day pass
Family \$12/day or \$79/10-day pass

all ages

Sundays Jan 3-May 15 | 5:00-7:00pm
Zimmerman MS/HS Gym Door K | Not meeting Mar 27

families, students grades 5-8

Wednesdays Dec 9-May 18 | 7:00-8:30pm
Zimmerman MS/HS Gym Door K

families all ages, or age 11+

Sundays Dec 6-May 15 | 5:00-7:00pm
Rogers MS Gym Door A | Not meeting Mar 27

grades 9-12, adults

Wednesdays Dec 9-May 18 | 7:00-9:00pm
Rogers HS Gym Door I

Wednesday Dec 9-May 18 | 8:30-10:00pm
Zimmerman MS/HS Gym Door K

24Fit Bootcamp Mix-N-Mingle

Are you looking for an exercise group to work out with, hold you accountable and help you get results? Meet with current boot campers and discuss their experiences. Find out how we can help you with your nutrition and fitness goals!

Monday Feb 1 | 6:15-7:15pm | 1 session | Free
Handke Center Rm 111 Door 5 | Will | #5145-1W

REMINDER...

THE DECISION ON WHETHER A CLASS WILL RUN IS MADE 3-5 DAYS BEFORE THE CLASS START DATE.



REGISTER EARLY

TO INSURE WE DON'T CANCEL A CLASS YOU ARE HOPING TO TAKE.

24Fit Boot Camp

Do you need to increase your metabolism and burn fat more efficiently? This Boot Camp features Xtreme fitness challenges, a fitness evaluation and coaching for all fitness levels. The goal: complete body transformation.

Mon/Wed/Thu Jan 4-28 | 6:15-7:15pm | 12 sessions | Free
Parker Elem Gym/Cafeteria Door 3 | Will | #5145-2W

Tue/Thu Jan 5-28 | 6:30-7:30pm | 7 sessions | Free
Zimmerman Elem Gym Door 1 | Steffenson | Not meeting Jan 12
#5145-4W

Tue/Thu Feb 2-25 | 6:30-7:30pm | 7 sessions | Free
Zimmerman Elem Gym Door 1 | Steffenson | Not meeting Mar 1
#5145-5W

Mon/Wed/Thu Feb 8-Mar 3 | 6:15-7:15pm | 12 sessions | Free
Parker Elem Gym/Cafeteria Door 3 | Will | #5145-3W

Zumba, Fitness

Zumba is a Latin-inspired dance-fitness class that incorporates Latin and other international dance music and movements. The easy-to-follow dance movements combine fast and slow rhythms to tone and sculpt the body, while providing a cardiovascular workout.

Mondays Jan 4-Feb 8 | 7:35-8:35pm | 6 sessions
\$35 Individual/\$65 Pair
Rogers MS Cafetorium Door A | Three Rivers Fitness Staff
#5112-1W

Mondays Feb 15-Mar 21 | 7:35-8:35pm | 6 sessions
\$35 Individual/\$65 Pair
Rogers MS Cafetorium Door A | Three Rivers Fitness Staff
#5112-2W

Aikido

Learn this Japanese martial art from a 6th-degree black belt! Aikido is a defense system that teaches confidence and control with principles based on harmonizing mind and body with a partner's attack. Explore hand-to-hand, sword and staff techniques as you develop mental and physical discipline. There are no tournaments or competitions with this program.

Thursdays Jan 7-Feb 4 | 8:15-9:45pm | 5 sessions | \$39
Salk MS Balcony Gym Door U | Larson | #5130-1W

Thursdays Feb 11-Mar 17 | 8:15-9:45pm | 6 sessions | \$49
Salk MS Balcony Gym Door U | Larson | #5130-2W



*Using light to moderate weights with lots of repetition,
BODYPUMP™ gives you a total body workout.*

BODYPUMP™

BODYPUMP™ is for anyone looking to get lean, toned and fit – fast. Using light to moderate weights with lots of repetition, BODYPUMP™ gives you a total body workout. You'll leave the class feeling challenged and motivated, ready to come back for more.

Thursdays Jan 7-Feb 11 | 9:30-10:25am | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-7W

Thursdays Feb 18-Mar 24 | 9:30-10:25am | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-8W

Bellies & Butts

Strength and endurance for your lower half and mid-section!

Wednesdays Jan 6-Feb 10 | 4:30-5:25pm | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-5W

Wednesdays Feb 17-Mar 23 | 4:30-5:25pm | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-6W

LOCATIONS

Three Rivers Fitness
9201 Quaday Avenue NE, Otsego

ADULT FITNESS



Bring-Your-Own-Baby Yoga: *It's bonding and playing time with your baby with yoga postures suitable for all skill levels.*

Bring-Your-Own-Baby Yoga

Nurture your baby while caring for yourself. Bring-Your-Own-Baby Yoga invites caregivers (moms, dads, grandparents, nannies) to bond with their babies through loving touch, sight, sound and movement. Yoga actions physically, mentally, and spiritually build a strong bond of trust and security—the foundation of self-confidence for baby—and offers benefits specifically for the postnatal body and spirit. BYOB is great for moms who are feeling fine at 6 weeks postpartum. If you have had a Cesarean-section, you should wait a little longer—8 to 10 weeks; check with your doctor or midwife.

Fridays Jan 15-Feb 19 | 10:15-11:15am | 6 sessions
\$35 Individual/\$65 Pair
Handke Center Stage Door 5 | Olson | #5100-6W

Candlelight Yoga Stretch

Yoga Stretch breaks down the fundamental postures, focusing on alignment and breathing while stretching the body, lengthening the muscles and listening to your breath to de-stress. It's a great class for the body to become more flexible.

Mondays Jan 4-Feb 8 | 7:30-8:45pm | 6 sessions
\$35 Individual/\$65 Pair
Lincoln Elem Music Rm Door 2 | Scattarelli | #5100-9W

Mondays Feb 15-Mar 21 | 7:30-8:45pm | 6 sessions
\$35 Individual/\$65 Pair
Lincoln Elem Music Rm Door 2 | Scattarelli | #5100-10W



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twitter.com/Communityed728

Circuit Training

Circuit training is an excellent way to simultaneously improve mobility, strength and stamina. This class rotates between cardio and toning exercises to tone the entire body and is challenging for all fitness levels!

Fridays Jan 8-Feb 12 | 8:30-9:25am | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-9W

Fridays Feb 19-Apr 1 | 8:30-9:25am | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | Not meeting Mar 25 | #5111-12W

Fitness Yoga

Calling all intermediate to advanced yoga students who want to challenge their strength, stamina, and balance with more challenging yoga poses...this class is for you!

Tuesdays Feb 2-Mar 15 | 6:00-7:00pm | 6 sessions
\$35 Individual/\$65 Pair
Twin Lakes Elem Gym Door 3 | Gallagher | Not meeting Mar 1
#5100-7W

Thursdays Feb 4-Mar 17 | 6:00-7:00pm | 6 sessions
\$35 Individual/\$65 Pair
Twin Lakes Elem Gym Door 3 | Gallagher | Not meeting Mar 10
#5100-8W

H.I.I.T.

H.I.I.T. stands for High Intensity Interval Training and is what today's exercise science calls the most effective and efficient way to lose weight and get stronger! By mixing body weight and dumbbell exercises, cardio and strength, we'll meet the needs of all fitness levels, and aim to challenge you to shed fat and gain muscle tone.

Tue/Thu Jan 12-28 | 7:00-8:00pm | 6 sessions
\$35 Individual/\$65 Pair
Twin Lakes Elem Gym Door 3 | Zaczkowski | #5104-1W

Hip Hop

Cardio fitness meets hip hop dance for a super fun workout! You'll be having such a great time you won't even realize the great workout you're getting.

Wednesdays Jan 6-Feb 17 | 5:30-6:30pm | 6 sessions
\$35 Individual/\$65 Pair
Handke Center Stage Door 5 | Waite | Not meeting Feb 10
#5144-2W

Wednesdays Feb 24-Mar 30 | 5:30-6:30pm | 6 sessions
\$35 Individual/\$65 Pair
Handke Center Stage Door 5 | Waite | #5144-6W

Insanity

A high intensity anaerobic training designed with athletic drills. Modifications will be made for all fitness levels.

Tuesdays Jan 5-Feb 9 | 5:30-6:25pm | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-3W

Tuesdays Feb 16-Mar 22 | 5:30-6:25pm | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-4W

Indoor Walking

Here's your opportunity to get moving with a healthy activity! This is an individualized program where you set the pace. Participants are welcome at any time during walking hours. We provide a safe, supervised route and time or mileage tracking. Register for your preferred location, but walk at other sites! Fee can be adjusted for late registrants by contacting Community Education.

Mon/Tue/Thu Dec 1-Apr 7 | 3:00-7:30pm | \$49 Individual/\$95 Pair
Rogers MS Hallways Door A | Not meeting Dec 24, 31, Mar 1, 10, 15
#5140-3F

Mon/Tue/Thu Dec 1-Apr 7 | 3:00-7:30pm | \$49 Individual/\$95 Pair
VandenBerge MS Hallways Door N
Not meeting Dec 24, 31, Mar 1, 10, 15 | #5140-2F

Mon/Tue/Thu Dec 1-Apr 7 | 3:45-5:30pm | \$49 Individual/\$95 Pair
Zimmerman Elem Hallways Door 5C
Not meeting Dec 24, 31, Mar 10 | #5140-1F

Mon/Tue/Thu Dec 1-Apr 7 | 5:00-7:30pm | \$49 Individual/\$95 Pair
Zimmerman MS/HS Hallways Door A
Not meeting Dec 24, 31, Mar 1, 10, 15 | #5140-4F



Walking is a low-impact, effective weight loss and fitness program that can be done by people of all fitness levels.

Kickboxing

Combining kickboxing moves with dance moves and choreographed to high-energy music, this class gives you a intense workout.

Tuesdays Jan 5-Feb 9 | 12:00-12:45pm | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-1W

Tuesdays Feb 16-Mar 22 | 12:00-12:45pm | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-2W

Pilates Mat

Pilates is a system of exercise that targets the deep muscles of the abdomen and spine to strengthen your body from the inside out.

Fridays Jan 8-Feb 12 | 12:00-12:45pm | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | #5111-10W

Fridays Feb 19-Apr 1 | 12:00-12:45pm | 6 sessions
\$35 Individual/\$65 Pair
Three Rivers Fitness Otsego | Not meeting Mar 25 | #5111-11W

Power Yoga

Power Yoga is a dynamic Vinyasa series, meaning breath is linked to movement, and is set to music. Modifications are provided throughout class, making it ideal for anyone who wants to build strength, increase flexibility and find focus.

Mondays Jan 4-Feb 8 | 6:00-7:00pm | 6 sessions
\$35 Individual/\$65 Pair
Otsego Elem Music Rm Door 4 | Olson | #5100-3W

Fridays Jan 15-Feb 19 | 9:00-10:00am | 6 sessions
\$35 Individual/\$65 Pair
Handke Center Stage Door 5 | Olson | #5100-5W

Mondays Feb 15-Mar 21 | 6:00-7:00pm | 6 sessions
\$35 Individual/\$65 Pair
Otsego Elem Music Rm Door 4 | Olson | #5100-4W

WE GUARANTEE YOUR SATISFACTION WITH OUR COURSES AND ACTIVITIES.

If you are not satisfied with your experience, please contact the Community Education office at 763-241-3520, or the Early Childhood Family Education office at 763-241-3524.

ADULT FITNESS

R.I.P.P.E.D.

Experience this total body “plateau-proof fitness formula” workout, utilizing resistance and cardio training that masterfully combines Resistance, Intervals, Power, Plyometrics, Endurance, and Diet. The components of R.I.P.P.E.D. help you attain and maintain your physique in ways that are fun, safe, doable and extremely effective.

Mondays Jan 4-Feb 8 | 6:00-7:00pm | 6 sessions
\$35 Individual/\$65 Pair
Salk MS Balcony Gym Door U | Waite | #5144-1W

Mondays Feb 15-Mar 21 | 6:00-7:00pm | 6 sessions
\$35 Individual/\$65 Pair
Salk MS Balcony Gym Door U | Waite | #5144-5W

Step 'n' Sculpt

Join us for this ever-popular workout using the step system and weights.

Tuesdays Jan 5-Feb 9 | 5:00-5:30pm | 6 sessions
\$19 Individual/\$35 Pair
Handke Center Stage Door 5 | Gallagher | #5111-13W

Tuesdays Feb 16-Apr 5 | 5:00-5:30pm | 6 sessions
\$19 Individual/\$35 Pair
Handke Center Gym Door 5 | Gallagher | Not meeting Mar 1, 15
#5111-14W

Transform

Transform unites Yoga and sport like never before. Prepare for a unique mind/body experience featuring traditional yoga poses and sport-influenced movements including plyometrics and strength.

Mondays Jan 4-Feb 8 | 4:00-5:00pm | 6 sessions
\$35 Individual/\$65 Pair
Handke Center Gym Door 5 | Waite | #5144-3W

Fridays Jan 8-Feb 19 | 5:30-6:30pm | 6 sessions
\$35 Individual/\$65 Pair
Handke Center Gym Door 5 | Waite | Not meeting Feb 5
#5144-4W

Mondays Feb 15-Mar 28 | 4:00-5:00pm | 6 sessions
\$35 Individual/\$65 Pair
Handke Center Gym Door 5 | Waite | Not meeting Feb 29
#5144-7W

Fridays Mar 4-Apr 22 | 5:30-6:30pm | 6 sessions
\$35 Individual/\$65 Pair
Handke Center Gym Door 5 | Waite | Not meeting Mar 25, Apr 8
#5144-8W

Yoga Sculpt

This fun, yet challenging, class is a fusion of yoga, cardiovascular endurance, and strength training. Though intense, the class is designed for all fitness levels and ages. Yoga Sculpt will tone and shape your body by targeting major muscle groups through anaerobic movements and compound training.

Tuesdays Feb 2-Mar 15 | 7:05-8:05pm | 6 sessions
\$35 Individual/\$65 Pair
Twin Lakes Elem Gym Door 3 | Not meeting Mar 1 | #5100-11W

Yoga Basics

Interested in learning the basic poses, correct alignment, and breathing techniques of yoga? Experience is not necessary to take this class; all fitness levels welcome! You can gain strength, stamina, and balance as you explore yoga. Wear comfortable clothing and bring an exercise mat, if possible.

Mondays Jan 4-Feb 8 | 6:30-7:30pm | 6 sessions
\$35 Individual/\$65 Pair
Rogers MS House A Door A | Three Rivers Fitness Staff | #5100-1W

Mondays Feb 15-Mar 21 | 6:30-7:30pm | 6 sessions
\$35 Individual/\$65 Pair
Rogers MS House A Door A | Three Rivers Fitness Staff | #5100-2W

NEW! EdVenture Club-Program Participant Care

EdVenture Club offers on-site childcare for the children of program participants for selected classes. This program is supervised by EdVenture Club staff specifically trained in Early Childhood and School Age best practices. Be sure to register one week in advance of your class's scheduled start date.

Fees:

First Child - \$4, Additional Children - \$2.50
(Additional fees may apply if the care is needed for longer than a 2-hour period.)

How to Register for Program Participant Child Care:

Call 763-241-3400 ext. 5528, visit <http://tinyurl.com/EdVPPC> or email wendy.mitchell@isd728.org.

Registration must be done one week prior to the scheduled program.



Care is available for classes that have the Program Participant Care program icon next to the title or class.

ADULT FITNESS

Intro To SUP PaddleFit

This class focuses on introducing the sport of Stand Up Paddling (SUP) in a fun and safe manner. We will teach you the fundamentals of SUP, as well as safety and SUP laws. No previous experience necessary, but you must be comfortable in the water and be able to swim.

Sunday Feb 28 | 6:45-7:45pm | 1 session | \$19 Individual/\$35 Pair
VandenBerge MS Pool Door M | #5148-1W

Stand Up Paddle (SUP) Boarding 101

Have you heard about Stand Up Paddle Boarding (SUP)? Learn the basics of SUP, including equipment and launch technique as well as general safety instruction. This class includes on and off the water training. You need to know how to swim to take this class. If you need lessons, check out our aquatics program on pages 30-31. All equipment for class is provided. Arrive 15 minutes early. A lifeguard will be on duty.

Sunday Feb 21 | 6:45-7:45pm | 1 session | \$19 Individual/\$35 Pair
VandenBerge MS Pool Door M | #5148-2W

Lap Swim | grades 9-12 and adults

Get a great workout at the pool without having to pay membership fees. Check out the new lap swim schedule which offers more workout opportunities.

Pay at the door: \$5/day; \$45 for 10-day pass
VandenBerge MS Pool Door M

Sundays Dec 6-Mar 13 | 7:30-9:00pm
Not meeting Dec 27

Wed/Fri Sep 23-Mar 18 | 5:45-7:00am
Not meeting Dec 30

Tue/Thu Dec 15-Jan 14 | 6:00-8:15pm
Not meeting Dec 24, 29, 31, Jan 5

Open Swim | all ages

Grab your family and friends and head to the pool for some water fun. Play games, practice swim skills; whatever you do, you'll have a great time. Lifeguard supervised.

Sundays Dec 6-Mar 20 | 2:00-4:00pm | \$5/person; \$15/family
VandenBerge MS Pool Door M

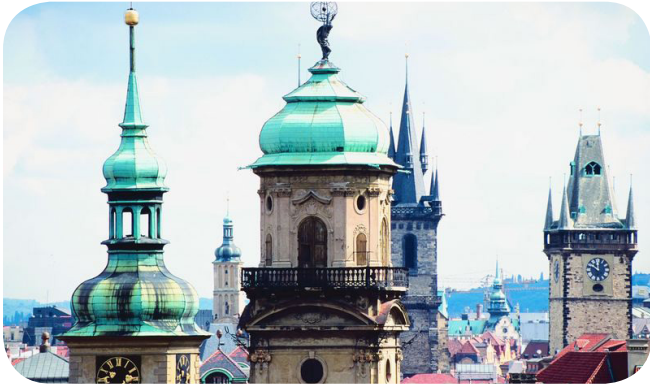
FITNESS CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Pickle Ball	Pickle Ball	Karate	Open Gym	Karate	Circuit Training	
Open Gym	Zumba, Fitness	24Fit Boot Camp	24Fit Boot Camp	Aikido	Pilates Mat	
Open Swim	24 Fit Boot Camp	Fitness Yoga	Bellies & Butts	24 Fit Boot Camp	Bring-Your-Own-Baby Yoga	
Lap Swim	Candlelight Yoga Stretch	Insanity	Hip Hop	BODYPUMP™	Power Yoga	
	Indoor Walking	Indoor Walking	Lap Swim	Fitness Yoga	Transform	
	Power Yoga	H.I.I.T.		H.I.I.T.	Lap Swim	
	R.I.P.P.E.D.	Kickboxing		Indoor Walking		
	Transform	Step 'n' Sculpt		Lap Swim		
	Yoga Basics	Lap Swim				

Community Education has been offering fitness classes for over 26 years!

We keep class sizes personal and manageable. Safety and involvement for all levels of fitness are our main goals.

ADULT TRIPS



Prague, the capital of the Czech Republic, is bisected by the Vltava River and nicknamed "the City of a Hundred Spires."

Adventures to Europe: Prague, Salzburg, Munich 2016

Beginning and ending in Prague, you'll spend nine magical days in some of Europe's historic capitals with Baroque and Art Nouveau architecture, a tumultuous past and earthy cuisine. We'll walk through bustling Munich in the Bavarian Alps, take a sobering trip to the Dachau concentration camp, then go to Austria to see if the "hills are alive" in quaint Salzburg in the Austrian Alps. This is an unforgettable get-away.

\$1999/person based on double occupancy; land package only
#6105-11F

Adventures to Europe: Paris-Versailles-Riviera

Paris is synonymous with the finest things that culture can offer - art, fashion, food, literature and ideas. Enjoy guided neighborhood walks and savor the city's intimate cafes, colorful markets and joie de vivre. We'll spend time on the French Riviera including Nice, Monaco, Cannes, Villefranche-sur-Mer, Antibes/Juan-les-Pins and the little village of Eze, perched on a mountaintop.

Jun 13-22, 2016
\$1999/person based on double occupancy; land package only
#6105-9F

"Since I was nervous about traveling alone, this group opportunity was a perfect fit and everyone was so friendly!"
-Group Travel Participant

Adventures to Europe: Tuscany and Beyond 2016

From Renaissance Florence to medieval Siena and San Gimignano to the coziness of a Chianti vineyard, the eternal charm of Venice and the cliff-hugging fishing villages of Cinque Terre to the Holy City of Rome...you will experience the best Italy has to offer.

\$1999/person based on double occupancy; land package only
#6105-10F

Indus Travels, Inc.: Delightful Croatia

Delightful Croatia is a comprehensive introduction to and exploration of the exuberant cities, small towns, secluded islands and natural wonders this country has to offer. We'll be visiting nine geographical locations around Croatia as this diverse tour adjoins the relaxation of a cruise holiday with the historical and cultural experiences Southern Europe is celebrated for.

Sep 21, 2016 | 12 Days
\$3590/person double occupancy; single supplement \$760/person
#6105-1W

Indus Travels, Inc.: South Africa in Depth

South Africa in Depth introduces travellers to the country's most famous sights, as well as some lesser-known spots that will impress the well-travelled visitor. Beginning in Johannesburg, we'll travel through the Lowveld to Hazyview, visit Kruger National Park, and stop in Swaziland en-route to St. Lucia. Following the coast towards Durban, we'll head into the Drakensburg Mountains before returning to the city of Port Elizabeth.

Oct 8-23, 2016 | 16 days
\$3385/person double occupancy; single supplement \$650/person
#6105-2W



In addition to elephants, Kruger National Park is home to over 114 reptiles, 507 birds and 147 mammals!

NEW! Premier World Discovery: Charleston and Savannah--“America’s Musical Heritage”

Spend two nights each in Charleston, SC, Savannah, GA and St. Augustine, FL. Enjoy tours of each city, including a Fort Sumter Boat tour, Beaufort Horse-Drawn Carriage Tour, Mrs. Wilkes’ Boarding House Dinner, Jekyll Island Trolley Tour and more!

Nov 29, 2016 | \$2195/person based on double occupancy
#6106-7F

NEW! Premier World Discovery: Discover Cuba - Highlights of Havana and Varadero

Once in Cuba, you’ll stay at the Melia Varadero all-inclusive resort. You’ll visit Varadero and Matanzas, enjoy the Matanzas School of Art and Music, take an Old Havana walking tour, visit the home and studio of artist Jose Fuster, see Hemingway’s farm, experience the Old Style Classic Car Club discussion, visit Pinar del Rio and Vinales Valley and the Francisco Donatien Cigar Factory, and more! Multiple departure dates: Feb 3, 2016; Apr 20, 2016; Oct 5, 2016; and Nov 9, 2016.

Feb 3, 2016 | \$4895/person based on double occupancy
#6106-3F

NEW! Premier World Discovery: East Coast Islands--the Hamptons and the Big Apple

Spend three nights at the Mohegan Sun Resort and Casino. We’ll visit the Hamptons and see Montauk Point Lighthouse and Sag Harbor, tour New York City, see the 9/11 Memorial and Memorial Museum, go to Times Square and more!

Sep 18, 2016 | \$2195/person based on double occupancy.
#6106-5F

NEW! Premier World Discovery: Prague and Highlights of the Danube

Spend two nights in Prague, then seven nights in an outside cabin as you cruise the Danube. Experience local wines with dinner, spend a couple of days in Budapest and a full day in Vienna, enjoy a Durnstein Tour, visit Melk Abbey and more!

Oct 10-20, 2016 | 11 days
\$4695-\$6595/person based on double occupancy
#6106-6F



Dublin’s O’Connell Bridge over the River Liffey is thought to be the only bridge in the European continent that has the same width as its length.

NEW! Premier World Discovery: Treasures of Ireland

Have you always wanted to stay overnight in a castle? This is your chance! You’ll also spend two nights in Dublin and two nights in Killarney. Tour Dublin, visit Trinity College - Book of Kells, the Old Jameson Whiskey Distillery, the Cliffs of Moher, Ring of Kerry, Medieval Banquet in Bunratty Castle, Blarney Castle and Woolen Mills and more!

Apr 11, 2016 | 9 days | \$3595/person based on double occupancy
#6106-4F

TRY THIS...

Indus Travels, Inc.: Travel Info Webinar

Experience a live webinar from the comfort of your home and learn about the two trips we are highlighting: Delightful Croatia and South Africa in Depth. Give it a try! Offered two different evenings for your convenience.

Tuesdays Feb 2 & Mar 8 | 5:30-6:30pm | Free
#6105-3W

Premier World Discovery: Travel Info Night

Join us for this special presentation on these travel destinations: Discover Cuba, Treasures of Ireland, East Coast Islands--the Hamptons, the Big Apple, Charleston and Savannah--“America’s Musical Heritage.”

Thursday Feb 25 | 5:30-6:30pm | 1 session | Free
Handke Center Rm 210 Door 5 | #6106-1W

ADULT GENERAL INTEREST

James C. Church World War II History Series: Albert Takeshi Yamamoto, American Teenager Stuck in Japan When War Breaks Out

On November 11, 1940, Albert's father took Albert and his sister from their home in Seattle, WA to Tokyo to attend a family wedding. The stay was extended and Mr. Yamamoto found himself trapped in Japan as a high school student when WWII broke out. He did not return to the U.S. until after the war. Take the time to hear his fascinating story.

Sunday Mar 6 | 1:30-3:00pm | 1 session | \$9 Individual/\$15 Pair
Handke Center Rm 111 Door 5 | #8126-3W

James C. Church World War II History Series: Robert Wieman, U.S. Army A-26 Attack Plane Occupation Duty over Japan

Robert Wieman was a 21-year-old U.S. Army Air Corp Aviation Cadet in 1943 and worked his way up to Advanced Flight School. He was completing training in Hawaii when the bombs were dropped in Japan. He was then ordered to duty in Japan to fly reconnaissance missions over most of the country. Listen to the stories of this WWII pilot who flew nine different kinds of planes.

Sunday Mar 13 | 1:30-3:00pm | 1 session | \$9 Individual/\$15 Pair
Handke Center Rm 111 Door 5 | #8126-4W

EdVenture Club-Program Participant Care

EdVenture Club offers on-site childcare for the children of program participants for selected classes. This program is supervised by EdVenture Club staff specifically trained in Early Childhood and School Age best practices. Be sure to register one week in advance of your class's scheduled start date.

Fees:

First Child - \$4, Additional Children - \$2.50
(Additional fees may apply if the care is needed for longer than a 2-hour period.)

How to Register for Program Participant Child Care:

Call 763-241-3400 ext. 5528, visit <http://tinyurl.com/EdVPPC> or email wendy.mitchell@isd728.org.

Registration must be done one week prior to the scheduled program.



Care is available for classes that have the Program Participant Care program icon next to the title or class.



Minidoka Relocation Center was a 33,000-acre site with 600+ buildings. It was in operation from Aug 1942 until Oct 1945.

James C. Church World War II History Series: Sally Sudo, Internment Camp Prisoner

Minidoka Relocation Center in Idaho housed 13,000 Japanese-Americans rounded up from their homes in Idaho, Oregon and Washington during WWII. Hear Sally Sudo's story, who was just 6 years old when her family was moved to the Minidoka Relocation Center. Ms. Sudo is a retired teacher from Bloomington, MN.

Sunday Jan 17 | 1:30-3:00pm | 1 session | \$9 Individual/\$15 Pair
Handke Center Rm 111 Door 5 | #8126-2W

World War I: Revelations of an Empty Footlocker - The Brief Life of First Lieutenant Edward B. Cutter

In the summer of 2005, a standard army-issue olive-drab footlocker arrived at the Anoka County Historical Society. Artwork featuring pairs of white dice and winged insignia adorned every side of its exterior. Though chipped and faded, block style lettering faintly revealed the inscription "Lt E. B. Cutter," denoting the former owner's name and rank. Join the historian who uncovered the story within.

Tuesday Jan 26 | 7:00-8:00pm | 1 session | \$9 Individual/\$15 Pair
Handke Center Rm 111 Door 5 | Allert | #8126-1W

Dog Obedience, Basic

Learn the basics of on-leash obedience, including commands such as heel, sit, down, come, stand and stay. Handlers will learn to give commands and use praise to reward proper behavior. Fee is per dog. Puppy must be at least three months old and have begun their shot series. Bring a leash and dog treats.

Fridays Jan 8-Feb 26 | 7:00-8:00pm | 5 sessions | \$75
Handke Center Cafeteria Door 5 | Mahr
Not meeting Jan 22, Feb 5, 12 | #8100-10W



Crescendo Music Lessons

We provide individual music lessons to students of all ages – school age through adulthood. Our instructors share a love for music and are committed to helping each student reach their goals. Music lessons are held in schools throughout the Elk River Area School District. Availability varies depending upon lesson type, instructor availability and participant preferences. Please visit 728CrescendoMusic.org for additional program information and instructor availability.

Learn To Play Bridge

Looking for something fun to do? Join area adults and play Bridge! Three types of Bridge are played: Chicago Bridge, Sanctioned Bridge and Party Bridge. We'll go over how to play and allow time for practice games, so you'll be ready to join the weekly games around town.

Monday Jan 11 | 1:00-2:30pm | 1 session | \$9 Individual/\$15 Pair
Handke Center Rm 112 Door 5 | #8566-1W

Monday Jan 11 | 7:00-8:30pm | 1 session | \$9 Individual/\$15 Pair
Handke Center Rm 112 Door 5 | #8566-2W

NEW! Kids & Canvas | age 6+ w/adult

Inspire the inner artist within you and your child - NO painting skills required! Create a two-part canvas masterpiece you both will love!

Monday Apr 18 | 6:00-8:00pm | 1 session | \$45/pair
Handke Center Art Rm Door 5 | BeeArtsy | #8400-2P



Meet Ericka, BeeArtsy Instructor

Ericka is an Elementary Art teacher by day, traveling artist by night. She loves to use her mind and hands to create, and loves to watch others have fun while getting creative too!

LOCATIONS

POUR Wine Bar & Bistro
15704 90th Street NE, Otsego

THE SHOPPES ON FREMONT
12644 Fremont Avenue, Zimmerman

NEW! String Art

String Art - it's all the rage! Work with instructor Ericka to create a wood, nail and string design you will love. FUN FACT - String Art is a craft with its roots in geometry. It was developed in the 1960s by teachers and mathematicians and taught in many schools through the 1970s, before it became a popular craft.

Tuesday Jan 12 & 19 | 6:00-8:00pm | 2 sessions | \$45
Handke Center Art Rm Door 5 | BeeArtsy | #8400-1W



Wine & Canvas

Inspire your inner artist - NO painting skills required! Socialize and sip wine as instructor Ericka guides you step by step to create your personal work of art.

Tuesday Feb 2 | 6:00-8:00pm | 1 session | \$35
POUR Otsego | BeeArtsy | #8400-2W

Tuesday Feb 16 | 6:00-8:00pm | 1 session | \$35
The Shoppes on Fremont Zimmerman | BeeArtsy | #8400-3W
Participants are invited to bring their own refreshments; refreshments are not sold on site.

Tuesday Mar 8 | 6:00-8:00pm | 1 session | \$35
POUR Otsego | BeeArtsy | #8400-2P

ADULT ARTS



Open Studio Ceramics

No membership required. Take advantage of this independent creative time to focus on your artistic progress and talents. Collaborate with fellow artists in a communal, energizing space. We provide the space and equipment, you provide the creativity! Please confirm your email address when registering as program communications are sent electronically.

Saturdays Feb 27-Apr 30 | 10:00am-12:00pm | 10 sessions | \$149
Handke Center Art Rm Door 5 | Hellings | #8400-4W

Pottery

Learn how to use a potter's wheel; no experience required. Learn how to properly and effectively center clay, open and "pull" clay up to create your masterpiece. Participants will make functional pottery while learning different surface texture techniques to make pots that are truly works of art.

Thursdays Feb 25-May 12 | 7:00-9:00pm | 10 sessions | \$149
Handke Center Art Rm Door 5 | Not meeting Mar 10, 24 | #8400-5W

Cord Rug Crocheting

Even if you have never crocheted, you can learn how by making this simple rug using macrame cord and simple crochet stitches. This beautiful rug is machine washable, will last for years and makes a perfect gift.

Thursday Mar 17 | 6:00-9:00pm | 1 session | \$39
Handke Center Rm 212 Door 5 | Decker | #8330-2W

Wool Mittens

Etsy-inspired recycled wool mitten-making! Dig an old sweater out of the closet to create something new; sweaters must be 100% wool. Instructions will be sent via e-mail for pre-shrinking your sweater, along with a list of additional project supplies for class. A personal sewing machine is required; bring to class. These mittens are sure to keep your fingers toasty warm this winter!

Tuesday Mar 8 | 6:00-9:00pm | 1 session | \$19
VandenBerge MS Rm 242 Door N | Decker | #8330-1W

Soap Making 101

Discover the delight of homemade soap for yourself, or to share as gifts! Using the cold process method, you will learn how to make soap through demonstration and participation. You'll personalize by selecting color and scent for the raw soap you take home. Complete handouts and recipes provided.

Tuesday Mar 22 | 6:30-9:00pm | 1 session | \$39
Elk River HS Rm 352 Door H | Thomas | #8330-3W



Mosaic Butterfly or Dragonfly

Create a beautiful mosaic butterfly or dragonfly for your garden using stained glass that is already cut for use. Display your creation either indoors or outdoors. Bring a pair of rubber gloves and an old towel that you can throw away. Specify butterfly or dragonfly when registering.

Thursday Mar 24 | 6:00-9:00pm | 1 session | \$49
Handke Center Art Rm Door 5 | Decker | #8330-4W

WE GUARANTEE YOUR SATISFACTION WITH OUR COURSES AND ACTIVITIES.

If you are not satisfied with your experience, please contact the Community Education office at 763-241-3520, or the Early Childhood Family Education office at 763-241-3524.

ADULT HEALTH & SAFETY



Change your life for the better. Join us to learn how to let go, strengthen your inner belief and end negative self-talk.

Learning to Let Go!

Holding on to past hurts, anger and disappointments prevents us from living in the present and creating the future of our dreams. Join us to learn how you can let go, trust in yourself (and this glorious universe) and create a life you love!

Tuesday Jan 12 | 6:30-8:00pm | 1 session | \$25
Handke Center Rm 209 Door 5 | Peters | #5037-2W

Negative Self Talk

Too many of us fall victim to negative self-talk that sabotages our happiness. Join Cindy Lovelette for a discussion on how to put an end to this way of thinking. Change your life for the better!


Tuesday Mar 8 | 6:30-7:30pm | 1 session | \$25
Handke Center Rm 112 Door 5 | Lovelette | #5037-1W

Strengthening Your Inner Belief

A lack of inner belief can lead to many negative things in our lives: fear, indecision, and a lack of abundance and confidence. Join us to learn how to strengthen your inner belief and get back on the path to happiness and success.

Wednesday Jan 27 | 6:30-8:00pm | 1 session | \$25
Handke Center Rm 112 Door 5 | Peters | #5037-3W

REMINDER...
THE DECISION ON WHETHER A CLASS WILL RUN IS
MADE 3-5 DAYS BEFORE THE CLASS START DATE.



REGISTER EARLY
TO INSURE WE DON'T CANCEL A CLASS
YOU ARE HOPING TO TAKE.

Taming the Negative Voices Within

Don't let those negative voices in your head get wild and out of control. Join us to learn how to tame these voices and find your happiness again!

Tuesday Feb 9 | 6:30-8:00pm | 1 session | \$25
Handke Center Rm 112 Door 5 | Peters | #5037-4W

MHSRC Driver Improvement Program 4-Hour

This driver improvement program is put on by the Minnesota Highway Safety Research Center. It includes topics like visual techniques, habits, perception, attitude, communication, distracted drivers, new laws and more. You must have completed the eight-hour program to take this class. Check with your insurance provider to make sure this course qualifies for the discount.

Monday Jan 18 | 5:30-9:30pm | 1 session | \$20
Handke Center Rm 111 Door 5 | Sundeen | #5007-1W

Monday Mar 14 | 5:30-9:30pm | 1 session | \$20
Handke Center Rm 111 Door 5 | Sundeen | #5007-2W


American Heart Association CPR/AED

Did you know the save rate in the northern suburbs of the Twin Cities is five times the national average? The main reason is more lay persons are trained in CPR and Automated External Defibrillators. Learn how to do CPR and use AEDs and barrier devices on adults, children and infants.

Monday Feb 22 | 6:00-10:00pm | 1 session | \$75
Handke Center Rm 210 Door 5 | Neiss | #5005-1W

Monday Mar 28 | 6:00-10:00pm | 1 session | \$75
Handke Center Rm 210 Door 5 | Neiss | #5005-2W

American Red Cross Standard First Aid


American Red Cross Be prepared with the knowledge and skills necessary to prevent, recognize, and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive. Fee includes book and American Red Cross certification.

Monday Mar 7 | 6:00-10:00pm | 1 session | \$79
Handke Center Rm 210 Door 5 | Neiss | #5002-1W

ADULT HEALTH & SAFETY | PARENTING

Self Defense for Women

Learn and practice how to prepare yourself if physically attacked. Techniques include how to unbalance the attacker, how to slip and release, strike and escape, and how to survive using awareness, assertiveness, body targets, skills and knowledge. Discover how you can avoid potential attacks, teach your children street and home safety and secure your home. Instructor has 25 years of self defense teaching experience.

Thursday Feb 11 | 6:00-10:00pm | 1 session | \$49
Rogers HS Media Door I | Neiss | #5003-1W

Parenting Apart

For a variety of reasons, many children do not live in homes with both of their birth parents. In these situations, children may experience anger, sadness, guilt and grief. This class is in compliance with the standards established by the Supreme Court for parent education programs.

Saturday Jan 9 | 8:00am-4:30pm | 1 session | \$65
Handke Center Community Rm Door 5 | #PA1

Saturday Feb 13 | 8:00am-4:30pm | 1 session | \$65
Handke Center Community Rm Door 5 | #PA2

Saturday Mar 5 | 8:00am-4:30pm | 1 session | \$65
Handke Center Community Rm Door 5 | #PA3



Parenting Solo- The Hardest Job You'll Ever Do Alone | age birth-grade 5

Parenting - the toughest job you'll ever do by yourself. If you're parenting solo for any reason - military duty, work situations, separation, divorce, loss of spouse or single parenting--you're welcome to attend! Bring your children and enjoy a meal together. Parents will meet together for parenting support and information while young children participate in early childhood activities. School-age children will meet in another classroom for activities and support. Join at any time!

Tuesdays Jan 5-May 24 | 6:00-8:00pm | 19 sessions | Free
Handke Center Community Rm Door 5 | Not meeting Mar 1, 22
#780-F

NEW! Taking Care of Yourself as a Parent Presented by Nicole R. Ross, MS

Many parents today are overwhelmed with the stresses of family life and feel like they are treading water trying to keep up with the daily tasks associated with caring for children. Being a parent is not easy; practicing self-care is a very important step in becoming a better parent, and there are things you can do to get started. Join us in discovering the path to self-care, with more physical, emotional, social, psychological, creative, and even spiritual time for yourself. Presented by Nicole R. Ross, MS, Psychotherapist with the Creative Play Therapy Center. Class is free, but please RSVP <http://tinyurl.com/ECFE-Parent-Event>.

Tuesday Jan 26 | 6:00-8:00pm | 1 session | Free
Handke Center Gym Door 5

ONLINE! Teaching Students with Autism: Strategies for Success

Develop the skills to counter students' social challenges, sensory sensitivities, meltdowns, problems with homework completion, language reciprocity issues and violent fixations. Even if you don't have a student with high-functioning autism or Asperger's Syndrome in your class this year, these strategies will equip you to deal with any student who exhibits these characteristics on a regular basis.

Begins Jan 13 | \$99
Register online at: <http://www.ed2go.com/728comm-ed-pro/>

NEW! EdVenture Club-Program Participant Care

EdVenture Club offers on-site childcare for the children of program participants for selected classes. This program is supervised by EdVenture Club staff specifically trained in Early Childhood and School Age best practices. Be sure to register one week in advance of your class's scheduled start date.

Fees:

First Child - \$4, Additional Children - \$2.50
(Additional fees may apply if the care is needed for longer than a 2 hour period)

How to Register for Program Participant Child Care:

Call 763-241-3400 ext. 5528, visit <http://tinyurl.com/EdVPPC> or email wendy.mitchell@isd728.org.

Registration must be done one week prior to the scheduled program.



Care is available for classes that have the Program Participant Care program icon next to the title or class.

Your Prosperity Picture

There is a common misunderstanding that average and ordinary folks can't become millionaires. That couldn't be further from the truth. YOU CAN get out of debt. YOU CAN build savings. YOU CAN get on the path to financial independence! Ready to get started?

Tuesday Feb 9 | 6:30-8:00pm | 1 session | \$19 Individual/\$35 Pair
Handke Center Rm 111 Door 5 | Schwantes | #9999-2W

NEW! How to Save on Everything from Soup to Nuts!

Money-saving expert Carrie Rocha (Pocket Your Dollars) shares her best tips on how you can save on everything from groceries to cell phones, from eating out to putting gas in your car. In this tip-filled session you'll learn how to reduce your grocery bill without using coupons, get the best deal on cellphone and home internet plans, save money at the gas pump, earn cash back shopping online, receive free shipping, and enjoy eating out for a fraction of the cost. Class is free, but please RSVP <http://tinyurl.com/ECFE-Save-On-Everything>.

Tuesday Feb 23 | 6:00-7:30pm | 1 session | Free
Handke Center Gym Door 5

Savvy Social Security Planning

Social Security is far more complicated than most people realize. The decisions Baby Boomers make now can have a tremendous impact on the total amount of lifetime benefits they receive. To help Baby Boomers better understand the Social Security system, this workshop will cover factors to consider when applying for benefits, when to delay benefits, checking your earnings record for accuracy, estimating benefits, coordinating benefits with a spouse, minimizing taxes, and how to coordinate other sources of retirement income.

Tuesday Jan 12 | 6:30-8:00pm | 1 session | \$9 Individual/\$15 Pair
Handke Center Rm 212 Door 5 | Ryther/Clem | #8064-1W

Thursday Feb 4 | 6:30-8:00pm | 1 session | \$9 Individual/\$15 Pair
Zimmerman MS/HS Media Door A | Ryther/Clem | #8064-2W

Tuesday Feb 16 | 6:30-8:00pm | 1 session | \$9 Individual/\$15 Pair
Rogers HS Media Door I | Ryther/Clem | #8064-3W

How Money Works

Let your money work for you! In this course you'll be guided through financial planning and resources to develop your financial future.

Tuesday Jan 12 | 6:30-8:00pm | 1 session | \$19 Individual/\$35 Pair
Handke Center Rm 111 Door 5 | Schwantes | #9999-1W

Estate Preservation

Planning where your estate will go before you are gone may save your heirs extra legal fees and taxes. We'll discuss healthcare, power of attorney, living wills, trusts, probate expenses, what to do before you see an attorney and the importance of planning for long-term health care. An estate audit planning form will be provided to help you start planning!

Tuesday Feb 2 | 6:30-8:00pm | 1 session | \$9 Individual/\$15 Pair
Handke Center Rm 112 Door 5 | Bigalke | #8064-4W

How to Get into College and Pay for it Without Going Broke

College is one of the largest investments your family will make. Understand mistakes that result in poor academic and financial decisions that cost thousands of dollars. Learn what college actually costs and how to reduce your costs. Class will cover how to prevent mistakes when selecting a college, college aid myths, the FAFSA and how to get grants directly from schools.

Monday Apr 25 | 6:30-8:30pm | 1 session
\$20 Individual/\$5 each Additional Family Member
Elk River HS Media Door A | Benanav | #3610-1P

Tuesday Apr 26 | 6:30-8:30pm | 1 session
\$20 Individual/\$5 each Additional Family Member
Rogers HS Media Rm Door I | Benanav | #3610-2P

NEW! Student Technology & Cyber Safety grades 6-12 w/parent

Led by district "techies," this parent/student class will discuss tools and techniques used to best facilitate safe online activities. Class will meet in two parts - first as a group, second as separate parent/student classes. Parents will have an opportunity to learn about the latest technologies, how to set online boundaries and how to help keep their kids cyber safe, students will explore the latest apps and programs. Parents may attend class without student.

grades 6-8 w/parent

Tuesday Feb 2 | 6:00-8:00pm | 1 session | \$49
Handke Center Rm 111 Door 5 | Favilla/Feld | #2402-7W

Tuesday Apr 5 | 6:00-8:00pm | 1 session | \$49
Handke Center Rm 111 Door 5 | Favilla/Feld | #2402-5S

grades 9-12 w/parent

Tuesday Mar 8 | 6:00-8:00pm | 1 session | \$49
Handke Center Rm 111 Door 5 | Favilla/Feld | #2402-6W

ADULT TECHNOLOGY



It's important to keep up with technology in order to get the most out of the technology you already own.

The Technology Suite

There are just so many great technology classes offered, how do you decide what to register for? The Technology Suite allows you to register for up to seven technology classes this winter at a great price! Now is the time to invest in yourself. Online courses not included.

\$99 Individual/\$195 Pair | #8010-1W

ONLINE! Basic CompTIA A+ Certification Prep

Time to roll up those sleeves and dive inside the personal computer! This Basic CompTIA A+ Certification Prep course teaches you about the hardware common to virtually every personal computer, including microprocessors, RAM, power supplies, motherboards, BIOS, CMOS, the expansion bus, and input/output devices. You'll learn how things work, how to configure anything, and how to troubleshoot in real world environments.

Begins Jan 13 | \$110

Register online at: <http://www.ed2go.com/728commed-pro/>

Communicate More Effectively with Your iOS Devices

Discover some of the amazing things your iOS device is capable of, from 3-way calling to Face Time video chatting and more. We'll discuss how to add multiple email addresses to the mail application, as well as the benefits of using different email services such as iCloud, Gmail, Yahoo, Charter, MSN, Comcast and more.

Monday Mar 14 | 5:30-7:30pm | 1 session | \$25 Individual/\$45 Pair
Zimmerman MS/HS Rm 109 Door A | Favilla | #8010-19W

ONLINE! Computer Skills for the Workplace

Do you need to learn or brush up on the fundamental computer competencies needed in today's fast-changing workplace? We'll focus on practical application for software most common to the workplace and discover why employers consider technological literacy critical to the success of any organization.

Begins Jan 13 | \$99

Register online at: <http://www.ed2go.com/728commed-pro/>

Computers Made Easy/Computer File Management

Need an introductory course on computers? We will go over the basics: an overview of the computer, mouse, cursor, keyboard, desktop and icons, recycle bin, personalizing the desktop, shortcuts, taskbar and more. You will leave this class with the confidence and skills to be a computer pro!

Tuesday Jan 19 | 4:30-6:30pm | 1 session | \$25 Individual/\$45 Pair
Elk River HS Rm 142 Door A | Favilla | #8010-13W

Exploring the iTunes Store, App Store, iBook Store and Newsstand

After discovering your weekly free app, book, and song, we will dive into the Apple Eco-System of the new era of digital entertainment media and take a look at all of the digital stores where you can buy your favorite content.

Monday Feb 29 | 5:30-7:30pm | 1 session | \$25 Individual/\$45 Pair
Zimmerman MS/HS Media Door A | Favilla | #8010-18W



ADULT TECHNOLOGY

ONLINE! Guided Reading and Writing: Strategies for Maximum Student Achievement

We'll start our journey by talking about the reasons reading and writing are so difficult for some students. Then we'll be introduced to the total literacy framework and see how it mitigates literacy problems. You'll learn the recipe for a successful guided reading into writing lesson. We'll also investigate a number of ways to modify this basic recipe for a variety of K-12 circumstances.

Begins Jan 13 | \$99

Register online at: <http://www.ed2go.com/728commed-pro/>

I Got A New iPhone and iPad! Now What?!

Have you been told recently by your kids that you need to get an iPhone or iPad, but weren't really sure you wanted one? You're not alone! This class starts from scratch, right out of the box! You will learn basic functions of the many settings, features and buttons on your new Apple product!

Tuesday Jan 19 | 6:45-8:45pm | 1 session | \$25 Individual/\$45 Pair
Handke Center Rm 212 Door 5 | Favilla | #8010-15W

Intro to Social Media

Does your head spin when you hear the words "Tweet," "like," "friend," "post," "share" and "follow?" If you want to learn more about the wide world of social media, this is the class for you! No experience required; this is an introductory course.

Wednesday Mar 9 | 4:30-6:30pm | 1 session
\$25 Individual/\$45 Pair
Handke Center Rm 212 Door 5 | Favilla | #8010-11W

ONLINE! Introduction to Google Analytics

Get help setting up your Google Analytics account and receiving the all-important code you'll need to add to your website's pages in order to begin tracking your visitors. You'll learn everything you need to know to gain all you can from the data that Google Analytics provides. The course guides you step by step, report by report, through the major parts of the Google Analytics interface.

Begins Jan 13 | \$99

Register online at: <http://www.ed2go.com/728commed-pro/>

WE GUARANTEE YOUR SATISFACTION WITH OUR COURSES AND ACTIVITIES.

If you are not satisfied with your experience, please contact the Community Education office at 763-241-3520, or the Early Childhood Family Education office at 763-241-3524.



If you can imagine it...you can create it!

ONLINE! Introduction to Photoshop CC

Edit your own photographs to get rid of dust and scratches, fix the color and correct image exposure. You'll master techniques for switching the backgrounds on images and removing wrinkles and blemishes from photos, just like the pros. The course provides detailed, step-by-step instructions that you'll have no trouble following—even if you've never used a computer graphics program before!

Begins Jan 13 | \$99

Register online at: <http://www.ed2go.com/728commed-pro/>

Is Technology the Key to Your Successful Job Search?

Looking for a job? Many employers are requiring applicants to fill out an online application, upload documents and more. Learn how to use technology in your job search to make the most of your time and to find the perfect job.

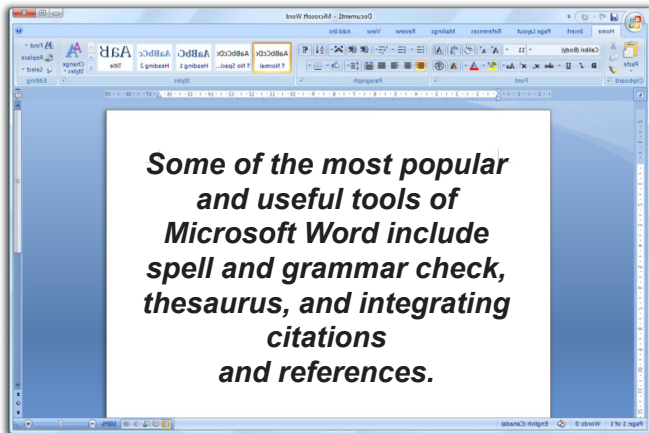
Wednesday Mar 9 | 6:45-8:45pm | 1 session
\$25 Individual/\$45 Pair
Handke Center Rm 212 Door 5 | Favilla | #8010-12W

Pinterest Tips and Tricks

Join over 50 million other Pinterest users! Start pinning with a purpose and discover the various ways people are using this social media platform. Get followers, find friends, leave comments, organize your boards and increase your chances of getting items re-pinned. It's becoming an essential social media tool for individuals, non-profits, business owners, teachers and other community groups. Bring your account login and password to class.

Tuesday Feb 16 | 6:45-8:45pm | 1 session | \$25 Individual/\$45 Pair
Handke Center Rm 210 Door 5 | Favilla | #8010-10W

ADULT TECHNOLOGY



Microsoft Excel Part 1: Environment, Terminology, Formatting

Join us on a tour of the Excel environment. You'll learn about basic spreadsheet terminology, how to make a basic worksheet and how to insert values and labels. You'll also learn how to modify an Excel Worksheet, add rows and columns, find and replace items, format cells and much more. It's time to get started!

Tuesday Jan 12 | 6:30-8:30pm | 1 session | \$25 Individual/\$45 Pair
Elk River HS Media Computer Lab Door A | Favilla | #8010-5W

Microsoft Excel Part 2: Formulas and Functions Basics

Are you ready to move on from Part 1? In this Part 2 class, you will learn the four steps to a formula, the six steps to a function and be introduced to math operators and order of operation. We'll also focus on Relative Referencing, Absolute Referencing and how to do various common functions.

Tuesday Feb 9 | 6:30-8:30pm | 1 session | \$25 Individual/\$45 Pair
Elk River HS Media Computer Lab Door A | Favilla | #8010-7W

Microsoft Excel Part 3: Printing Options and Graphs

Congratulations! You have made it to Part 3. Now it is time to learn about print settings, page setup, page orientation, print titles and print area. In addition, you will learn how to use Excel as a database, sort and filter items and create subtotals, charts and graphs.

Monday Mar 7 | 6:30-8:30pm | 1 session | \$25 Individual/\$45 Pair
Elk River HS Media Computer Lab Door A | Favilla | #8010-8W

Microsoft Word 101

Most people take word-processing for granted. While we may still write out our grocery lists, we expect to use a computer to create the majority of our documents. Microsoft Word is designed to help you move smoothly through the task of creating professional-looking documents. Its rich features and powerful tools can make your work easy and even fun.

Monday Jan 11 | 6:30-8:30pm | 1 session | \$25 Individual/\$45 Pair
Elk River HS Media Computer Lab Door A | Favilla | #8010-2W

Microsoft Word 102

This course will show you how you can work more efficiently by automating some tasks and providing methods to maintain consistency between documents. You will create more complex documents that include lists, tables, charts, graphics, and newsletter layouts. You will also merge data into documents to personalize correspondence, address envelopes and create labels with the data.

Monday Feb 8 | 6:30-8:30pm | 1 session | \$25 Individual/\$45 Pair
Elk River HS Media Computer Lab Door A | Favilla | #8010-4W

Windows 8

What happened to my old Windows system? Windows 8 changed many aspects of the Microsoft Operating System and works to integrate touch pad devices on Android and iOS systems. Discover some of these changes and understand what they mean for you!

Monday Jan 25 | 6:30-8:30pm | 1 session | \$25 Individual/\$45 Pair
Handke Center Rm 210 Door 5 | S. Favilla | #8010-14W

NEW! EdVenture Club-Program Participant Care

EdVenture Club offers on-site childcare for the children of program participants for selected classes. This program is supervised by EdVenture Club staff specifically trained in Early Childhood and School Age best practices. Be sure to register one week in advance of your class's scheduled start date.

Fees:

First Child - \$4, Additional Children - \$2.50

(Additional fees may apply if the care is needed for longer than a 2-hour period.)

How to Register for Program Participant Child Care:

Call 763-241-3400 ext. 5528, visit <http://tinyurl.com/EdVPPC> or email wendy.mitchell@isd728.org.

Registration must be done one week prior to the scheduled program.



Care is available for classes that have the Program Participant Care program icon next to the title or class.

ADULT TECHNOLOGY

Photos on Mac

What is a person supposed to do with all those photos on the camera or phone? If you use a Mac computer, you can use iPhoto to get the pictures from your camera to the computer. You can then organize them, do some editing, create photo books and more. Learn about this powerful tool that will be a tremendous help to you in organizing and finding your images.

Tuesday Mar 15 | 4:15-6:15pm | 1 session | \$25 Individual/\$45 Pair
Handke Center Rm 111 Door 5 | Favilla | #8010-17W

ONLINE! Teaching Students with Autism: Strategies for Success

Develop the skills to counter students' social challenges, sensory sensitivities, meltdowns, problems with homework completion, language reciprocity issues and violent fixations. Even if you don't have a student with high-functioning autism or Asperger's Syndrome in your class this year, these strategies will equip you to deal with any student who exhibits these characteristics on a regular basis.

Begins Jan 13 | \$99
Register online at: <http://www.ed2go.com/728commed-pro/>

Using Your Camera to the Fullest Potential on Your iOS Devices

More and more people choose their smart phone to be their camera of choice, because, unlike your camera, your phone is always with you. In this class we will learn all the tips and tricks of taking better photos with your iOS device as well as how to share and edit what you've perfectly captured.

Monday Feb 22 | 5:30-7:30pm | 1 session
\$25 Individual/\$45 Pair
Rogers MS Media Door A | Favilla | #8010-16W



The iPhone camera is the most popular camera in the world and is great for taking selfies.

Working with Google Docs

This course will show you how you can work more efficiently using Google Docs, Google Sheets and Google Presentations. It will give you an overview of these three tools, basics in each program and how to use Google Drive to store your files. Basic computer experience is necessary to be successful in this class.

Tuesday Feb 16 | 4:30-6:30pm | 1 session | \$25 Individual/\$45 Pair
Handke Center Rm 210 Door 5 | Favilla | #8010-9W

TRY THIS...

Microsoft Excel: Lunch 'n' Learn

Bring your lunch and join us to learn about basic spreadsheet terminology, how to make a basic worksheet and how to insert values and labels. You'll also learn the four steps to a formula and the six steps to a function. You'll come out of this class having gained valuable knowledge of Excel. All Lunch 'n' Learn sessions are demonstration-based. There is no hands-on portion to these workshops. Enjoy your lunch and learn at the same time!

Tue/Thu Jan 5-28 | 12:45-1:30pm | 8 sessions
\$75 Individual/\$199 Team of 3
Minnesota School of Business Elk River | Favilla | #8010-6W

Microsoft Word: Lunch 'n' Learn

Grab your lunch and join us to learn about Microsoft Word and how you can use it in your workplace setting to make your work easier and more fun. Create professional-looking documents, learn about automation, and create more complex lists, tables, charts, graphics and newsletter layouts. All Lunch 'n' Learn sessions are demonstration-based. There is no hands-on portion to these workshops. Enjoy your lunch and learn at the same time!

Tuesdays Jan 5-Feb 2 | 11:45am-12:30pm | 5 sessions
\$55/Individual/\$145 team of 3
Minnesota School of Business Elk River | Favilla | #8010-3W

find us on **facebook**

follow us **twitter**

ADULT ONLINE LEARNING



www.ed2go.com/728commmed-pro | Winter Classes Begin Jan 13

Classroom Computing

- Blogging and Podcasting for Beginners
- Integrating Technology in the Classroom
- Teaching Smarter with SMART Boards
- Creating a Classroom Website
- Microsoft PowerPoint 2013 in the Classroom
- Using the Internet in the Classroom

Languages

- Introduction to Teaching ESL/EFL
- Enhancing Language Development in Childhood
- Spanish in the Classroom

Mathematics

- Introduction to Algebra
- Teaching Math: grades 4-6
- Singapore Math Strategies: Model Drawing for Grades 1-6
- Singapore Math Strategies: Advanced Model Drawing for Grades 6-9
- Singapore Math: Number Sense & Computational Strategies

Science

- Teaching Science: Grades 4-6

Reading and Writing

- Common Core Standards for English Language Arts K-5
- Guided Reading and Writing: Strategies for Maximum Student Achievement
- Ready, Set, Read!
- Teaching Writing: Grades K-3 & 4-6
- Content Literacy: Grades 6-12
- Guided Reading: Strategies for the Differentiated Classroom
- Response to Intervention: Reading Strategies That Work

Tools for Teachers

- A to Z Grant Writing
- Get Grants!
- Differentiated Instruction in the Classroom
- Grammar Refresher
- Leadership
- Teaching Students with Autism: Strategies for Success
- Teaching Preschool: A Year of Inspiring Lessons
- Empowering Students with Disabilities
- Understanding Adolescents
- Creating the Inclusive Classroom: Strategies for Success
- The Differentiated Instruction and Response to Intervention Connection
- Creating Classroom Centers
- Survival Kit for New Teachers
- Solving Classroom Discipline Problems
- Solving Classroom Discipline Problems II
- Teaching Adult Learners
- Teaching High School Students
- The Creative Classroom
- Differentiating K-12 Assessments
- Get Assertive!
- Praxis Core Preparation



Courses on this page have been **approved for Continuing Education credits for ISD 728 teachers.**

Upon completing a course with a passing score, you'll get an award of completion that can be printed for approval by the District's Assistant Superintendent of Educational Services for CEU credits.

If you are a teacher from another district looking for approved CEUs, please consult with your district's administration to determine if these courses qualify for your district.

ADULT ONLINE LEARNING



Accounting and Finance

Accounting | Capital Markets | Finance | Personal Finance and Investments

Business

Business Communications | Call Center | Entrepreneurship
General Business Skills | Human Resources | International
Business Management and Leadership | Nonprofit | Operations
Sales and Marketing

Computer Applications

Adobe | Corel | IBM | Microsoft | Quickbooks

Design and Composition

Graphic and Multimedia Design | Photography | Print Design
Web Design

Engineering

Building Design | Business Skills | Environmental | Health & Safety
Materials | Structural

Government

Law Enforcement

Health Care and Medical

Alternative Medicine | Ambulatory Care | Ancillary | Dietitians and
Nutrition | EMS and Firefighters | Ethics, Legal and Compliance
Health Care Certificate | Health Information Management
Industry Specific | Medical Billing and Coding | Mental Health
Conditions | Mental Health Education | Nursing | Nursing
Specialization | Operational | Veterinary

Industrial Skills

General Skills

Language and Arts

Arts | Languages | Photography | Writing

Law and Legal

Business and Corporate | Criminal Law | LSAT Preparation
Paralegal

Personal Development

Entrepreneurship | Health and Wellness | Job Search | Personal
Enrichment | Personal Finance and Investments | Photography
Test Prep (GED, GMAT, GRE, SAT/ACT)

Safety and Environmental

Environmental

Schools

Classroom Computing | Languages | Mathematics | Reading and
Writing | Science | Test Prep | Tools for Teachers

Service and Hospitality

Food and Beverage | Hospitality Training

Technology

Adobe | Business Strategies | Certification Prep | Cisco | Computer
Fundamentals | Computer Programming | Database Management
Graphic and Multimedia Design | Microsoft | Networking and
Communications | Operating Systems | Oracle | Security | System
Architecture | Web Programming | Web Technology | Website
Fundamentals

Writing and Publishing

Publishing | Writing

**COURSES
STARTING AT \$99!**

www.ed2go.com/728commmed-pro

ADULT BASIC EDUCATION

ADULT BASIC EDUCATION

— *More than a GED* —

Adult Basic Education

Offers FREE individualized instruction in:

- Basic skills review in math, writing and reading
- College preparation
- Job preparation
- Basic computer skills
- GED
- Adult High School Diploma

English as a Second Language (ESL)

Learn and improve your English skills including:

- speaking
- listening
- reading
- writing
- grammar
- TOEFL

We have classes for beginning, intermediate and transitional levels.

Citizenship & ESL/Citizen Classes

- fill out the INS N-400 application
- answer US history and government questions
- prepare for the test
- speak in the oral interview

Dates of class to be determined.

GET STARTED TODAY!

Instruction is provided in small groups, independent study, and distance learning. **Call to schedule an intake appointment** to learn more about how this program can help you reach your goals. Intake sessions are approximately 2 hours and involve assessment in basic reading, math, and English to help instructors place you appropriately in the right level and to develop a personal education plan. You must be able to commit to weekly time in class or completing distance learning assignments weekly to maintain active student status.

GED®

- The GED® test was updated in 2014 to make sure it measures what graduating high school seniors know and what colleges and employers will expect of you.
- The tests are offered on computer. The tests are offered in English and Spanish. The four parts of the test include:
 - Science (90 minutes)
 - Social Studies (90 minutes)
 - Reasoning through Language Arts (150 minutes including a 10-minute break)
 - Mathematical Reasoning (120 minutes)
- The fee per subject area is \$30 per test and you can pay as you go; this means you pay for each subject individually when you are ready to test. **ABE participants are eligible for \$10 discount on each test.**
- On the GED® test you need to earn at least 150 points on each subject to pass. To find out if you're likely to pass, take the GED Ready™, the official practice test which is the only test that can tell you if you're likely to pass. **Office practice tests cost \$6 each, but enroll in our GED® prep program, attend 12 hours or more and become eligible for at least 2 free practice tests!**
- By attending our GED® preparation program, you increase your potential to pass the exam. Prepare online, get 1:1 help during independent study time, or attend a small group.

FREE Childcare Available

Free on-site childcare is available for most Adult Basic Education and English as a Second Language classes. You must register at least 24 hours in advance. To register your child, call 763-241-3400 x5528.

"It is never too late to be what you might have been."

~George Elliot

ADULT ENGLISH AS A SECOND LANGUAGE



Learn it. Know it. Show it. Earn your Northstar Basic Computer Skills Certificate.

Earn the Northstar Digital Literacy Certificate

The Northstar Digital Literacy Project provides job seekers with certificates in recognition of their digital literacy skills. More than 50 sites across Minnesota (along with two sites in Illinois and California) proctor assessments for certificates in:

- Basic computer skills
- Email
- Mac OS X
- Microsoft Word
- Windows
- World Wide Web

These foundational skills are required to use computers and the Internet for academic work, job search, and an increasing deep list of administrative life tasks: banking, paying bills, applying for assistance programs, accessing healthcare information, and changing immigration status.

All staff at Elk River ABE program are certified proctors for the exams for the Northstar Digital Literacy Certificate. Call to make an appointment to learn these computer skills and earn this certificate.

Join our Team of ABE and ESL Volunteers

Here's your opportunity to make a contribution to your community in a personal way. Classroom and one-to-one volunteers are needed for a variety of positions: classroom assistant, clerical assistant and technology assistant. Work with individuals or small groups tutoring basic skills or English as a Second Language. If you would like to learn more about becoming a volunteer, **contact the Volunteer Coordinator at 763-783-4920.**

Elk River Learning Lab ABE/ESL 2015-2016 Class Schedule

Winter/Spring 2016

Classes begin Monday, Jan 4, 2016

Mornings (8:30am-12:30pm): Monday - Thursday

Afternoons (1:15-3:15pm): Monday - Thursday

Evening (4:00-8:00pm): Tuesdays & Wednesdays

*Not meeting Jan 18, Feb 15, Mar 23, 24, May 30.

Schedule subject to change based on attendance.

Distance Learning Programs

- I-Pathways—prepare for the GED®
- Plato
- Skills Tutor
- Apex
- USA Learns
- Mindquest
- CSM Learn
- Work-keys

Classroom Location: Handke Center - Room 221

Contact Information

Elk River Learning Lab
Community Education at The Handke Center
1170 Main Street, Elk River, MN 55330

Phone: 763-241-3400 x5525

Email: pamela.moriarity@isd728.org

Website: www.elkriver.k12.mn.us/webpages/pmoriarity

Coordinator: Pam Moriarity

Instructor: Sherry Smith

Instructor: Rallou Rice

Please call 763-241-3400 ext 5525 to arrange an orientation and intake appointment. *Orientation and intake is where you can learn more about our program and design your personalized schedule.*

ADULT HELPING OTHER PEOPLE EXCEL



Welcome to the H.O.P.E. program!
From outings to events, activities and classes, we have a wide variety to keep you busy. There are always some of your favorites and a few new ones to try.

You can also access program information and register online at www.728communityed.com. Participants are asked to bring a staff or family member if personal care assistance is needed. If attending alone, the participant should be able to function independently in a group setting, follow simple directions, and communicate their needs. All reasonable accommodations will be made to meet the needs of the participants. Please allow at least one week to make accommodations; this includes sign language interpretation. Community Education welcomes persons of all abilities to participate in any of the activities throughout this brochure. These activities are designed for adults with developmental disabilities (age 18+).

OUTINGS

Jan 26	Dinner and a Movie
Feb 6	Valentine's Day Dinner
Feb 7	Super Bowl Party
Feb 12	Sweetheart Dance
Feb 15	Volunteers of H.O.P.E.
Feb 18	Bowling Party
Feb 21	Alice's Adventures in Wonderland
Feb 22	Pizza Ranch Fundraiser
Feb 27	Prairie Fire Theater – Cinderella
Feb 27	St. Cloud State University Hockey Game
Mar 20	Shrek the Musical



*"Alone we can do so little; together we can do so much."
~ Helen Keller*

CLASSES

Jan 6	Hip Hop Beginners
Jan 11	Winter Craft
Jan 18	Bingo Blast
Jan 21	Let's Cook! Tasty Chili & Combread
Jan 23	Winter Beach Party
Jan 25	Game Night
Jan 28	Build It! Homemade Wood Craft
Jan 30	Let's Get Organized!
Feb 1	Be My Valentine Craft and Cards
Feb 4	Winter Birthday Celebration
Feb 8	Valentine Bingo & Treat
Feb 24	Hip Hop Beginners
Feb 25	Uno Tournament
Feb 29	Scrap it!
Mar 3	Let's Cook! Homemade Pizza & Dessert
Mar 5	Basketball Games and Prizes
Mar 7	Spring Craft
Mar 10	Photo Booth Fun!
Mar 11	Bingo Blast
Mar 14	Spring Season Kick-Off
Mar 17	St. Patrick's Day Celebration
Mar 19	Color Party and Cookies



LIKE US ON FACEBOOK!
www.facebook.com/CommunityEd.HOPE

AQUATICS



Join the fun! Bring your family and friends to Sunday afternoon Open Swim, or to the Pool Party on Feb 20.

NEW! Pool Party | families, all ages

What's more fun than hanging out at the pool and swimming with your family and friends? Making it a party that everyone will enjoy! Play games, have challenges and make this pool party one to remember! Concessions available at an additional cost. Max 6 per family; at least one adult must be present.

Saturday Feb 20 | 4:00-6:00pm | 1 session | \$5/person; \$25/family #6355-3W

Open Swim | all ages

Grab your family and friends and head to the pool for some water fun. Play games, practice swim skills; whatever you do, you'll have a great time. Lifeguard-supervised.

Sundays Dec 6-Mar 20 | 2:00-4:00pm | \$5/person; \$15/family

Lap Swim | grades 9-12 and adults

Get a great workout at the pool without having to pay membership fees. Check out the new lap swim schedule which offers more workout opportunities.

Pay at the door: \$5/day; \$45 for 10-day pass

Sundays Dec 6-Mar 13 | 7:30-9:00pm
Not meeting Dec 27

Wed/Fri Sep 23-Mar 18 | 5:45-7:00am
Not meeting Dec 30

Tue/Thu Dec 15-Jan 14 | 6:00-8:15pm
Not meeting Dec 24, 29, 31, Jan 5

Intro to Swim Team | grades 6-8

Are you like a fish in water? Want to find out what it takes to be part of the high school swim team? Get great workouts that will prepare you to become competitive. All middle school students welcome; you must provide your own transportation.

Mon/Tue/Thu Mar 7-Mar 15 | 3:15-5:00pm | 5 sessions | \$55 #1900-3W

Intro To SUP PaddleFit

This class focuses on introducing the sport of Stand Up Paddling (SUP) in a fun and safe manner. We will teach you the fundamentals of SUP, as well as safety and SUP laws. No previous experience necessary, but you must be comfortable in the water and be able to swim.

Sunday Feb 28 | 6:45-7:45pm | 1 session | \$19 Individual/\$35 Pair #5148-1W

Stand Up Paddle (SUP) Boarding 101

Have you heard about Stand Up Paddle Boarding (SUP)? Learn the basics of SUP, including equipment and launch technique, as well as general safety instruction. This class includes on and off the water training. You need to know how to swim to take this class. If you need lessons, check out our aquatics program on page 31. All equipment for class is provided. Arrive 15 minutes early. A lifeguard will be on duty.

Sunday Feb 21 | 6:45-7:45pm | 1 session | \$19 Individual/\$35 Pair #5148-2W

Lessons & Pool Activities are held at VandenBerge MS | 948 Proctor Rd Elk River

- Only swim wear may be worn in the pool.
- Spectator seating is open during lessons and open swim.
- Showers are required by all participants before entering the pool.
- Use of water wings, floating toys, rafts, inner tubes, life jackets, etc. is not allowed.
- Shoes **MAY NOT** be worn on pool deck by participants or spectators. No food or beverages are allowed.



AQUATICS

American Red Cross Swimming Lesson Curriculum

The American Red Cross Swimming and Water Safety program teaches people how to be safe in, on or around water and teaches individuals of different ages and abilities how to swim. In a logical progression, the program covers the knowledge and skills needed for aquatic skill development. As participants develop these skills, they will become safer and better swimmers.

Signing up for a level above or below ability will only cause frustration for the student and class. Students who are in the incorrect level will not be allowed to participate unless space is available in an appropriate class.

For more information about stroke requirements for each level go to www.redcross.org.

Parent/Child 1 | age 6-24 months

Parent/Child Level 1 familiarizes children with the water and provides safety information and teaching techniques parents can use to orient their children to the water. No skill prerequisites. Child must be age 6+ months and a parent must accompany child in water.

Sundays Jan 24-Mar 13 | 5:15-5:40pm | 8 sessions | \$45
#1014-1W

Tue/Thu Feb 9-Mar 8 | 5:15-5:40pm | 8 sessions | \$45
Not meeting Mar 1 | #1014-2W

Parent/Child 2 | age 2-3

Parent/Child Level 2 improves skills learned in Level 1 and teaches more advanced skills while continuing to build on water safety knowledge. Child must feel comfortable with skills learned in Level 1 and a parent must accompany child in water.

Sundays Jan 24-Mar 13 | 5:45-6:10pm | 8 sessions | \$45
#1015-1W

Tue/Thu Feb 9-Mar 8 | 5:45-6:10pm | 8 sessions | \$45
Not meeting Mar 1 | #1015-2W

All Lessons and Pool Activities are held at
VandenBerge MS | 948 Proctor Rd Elk River
Enter through Door M

Preschool A | age 3-5

Preschool A orients participants to the aquatic environment to help them gain basic aquatic skills, develop positive attitudes and safe practices in and around water. No skill prerequisites required.

Sundays Jan 24-Mar 13 | 5:15-5:40pm | 8 sessions | \$49
#1011-1W

Tue/Thu Feb 9-Mar 8 | 5:15-5:40pm | 8 sessions | \$49
Not meeting Mar 1 | #1011-2W

Preschool B | age 3-5

Preschool B builds and improves skills learned in Preschool A while increasing water knowledge and safety topics. Must have successfully passed Preschool A to participate.

Sundays Jan 24-Mar 13 | 6:15-6:40pm | 8 sessions | \$49
#1012-1W

Tue/Thu Feb 9-Mar 8 | 6:15-6:40pm | 8 sessions | \$49
Not meeting Mar 1 | #1012-2W

Preschool C | age 3-5

Preschool C increases proficiency and builds on the basic aquatic skills learned in Preschool A and B while reinforcing water safety skills and introducing additional water safety topics. Must have successfully passed levels A and B to participate.

Sundays Jan 24-Mar 13 | 4:45-5:10pm | 8 sessions | \$49
#1013-1W

Tue/Thu Feb 9-Mar 8 | 4:45-5:10pm | 8 sessions | \$49
Not meeting Mar 1 | #1013-2W

Level 1 | age 6+

Level 1 orients participants to the aquatic environment to help them gain basic aquatic skills, and develop positive attitudes and safe practices in and around water. No skill prerequisites required.

Sundays Jan 24-Mar 13 | 4:45-5:10pm | 8 sessions | \$49
#1110-1W

Tue/Thu Feb 9-Mar 8 | 4:45-5:10pm | 8 sessions | \$49
Not meeting Mar 1 | #1110-2W



Swim Lessons at a Glance

Session Date & Times	WINTER 1 Sundays Jan 24-Mar 13	WINTER 2 Tue/Thu Feb 9-Mar 8
4:00pm	Semi-Private Private	Semi-Private Private
4:45pm	Pre C Levels 1,2	Pre C Levels 1,2
5:15pm	P/C 1 Pre A	P/C 1 Pre A
5:45pm	P/C 2 Levels 3, 4, 5, 6	P/C 2 Levels 3, 4, 5, 6
6:15pm	Pre B	Pre B

Level 2 | age 6+

Level 2 builds on the basic aquatic skills, water safety skills and concepts learned in Level 1. Must have successfully passed Level 1 to participate.

Sundays Jan 24-Mar 13 | 4:45-5:35pm | 8 sessions | \$65
#1120-1W

Tue/Thu Feb 9-Mar 8 | 4:45-5:35pm | 8 sessions | \$65
Not meeting Mar 1 | #1120-2W

Level 3 | age 6+

Level 3 builds on the skills learned in Levels 1 and 2 to help participants achieve basic water competency in a pool environment. Must have successfully passed Level 2 to participate.

Sundays Jan 24-Mar 13 | 5:45-6:10pm | 8 sessions | \$65
#1130-1W

Tue/Thu Feb 9-Mar 8 | 5:45-6:35pm | 8 sessions | \$65
Not meeting Mar 1 | #1130-2W

Level 4 | age 6+

Level 4 improves participant's proficiency in performing swimming strokes introduced in Level 3. Must have successfully passed Level 3 to participate.

Sundays Jan 24-Mar 13 | 5:45-6:35pm | 8 sessions | \$65
#1140-1W

Tue/Thu Feb 9-Mar 8 | 5:45-6:35pm | 8 sessions | \$65
Not meeting Mar 1 | #1140-2W

Level 5 | age 6+

Level 5 helps participants refine their performance of all six swimming strokes. Must have passed Level 4 to participate.

Sundays Jan 24-Mar 13 | 5:45-6:35pm | 8 sessions | \$65
#1150-1W

Tue/Thu Feb 9-Mar 8 | 5:45-6:35pm | 8 sessions | \$65
Not meeting Mar 1 | #1150-2W

Level 6 | age 6+

Level 6 refines strokes so participants swim with greater efficiency and effectiveness over long distances. Includes how to prevent aquatic emergencies and introduces self-rescue techniques. Must have successfully passed Level 5 to participate.

Sundays Jan 24-Mar 13 | 5:45-6:35pm | 8 sessions | \$65
#1160-1W

Tue/Thu Feb 9-Mar 8 | 5:45-6:35pm | 8 sessions | \$65
Not meeting Mar 1 | #1160-2W

Private & Semi-Private Lessons | all ages

These lessons are for students who need more individual attention in order to learn to swim and/or improve their skills to pass to the next level of swim lessons. Focus will be on the individual's goals.

Private

Sundays Jan 24-Mar 13 | 4:00-4:30pm | 6 sessions | \$159
#1302-1W

Tue/Thu Feb 9-25 | 4:00-4:30pm | 6 sessions | \$159
Not meeting Mar 1 | #1302-2W

Semi-Private

Sundays Jan 24-Mar 13 | 4:00-4:30pm | 6 sessions | \$89
#1301-1W

Tue/Thu Feb 9-25 | 4:00-4:30pm | 6 sessions | \$89
Not meeting Mar 1 | #1301-2W



All swimmers must shower before entering the pool.

EXTENDED DAY PROGRAMS

BEFORE & AFTER SCHOOL | GR K-5

EdVenture Club | Grades K-5

More than childcare

EdVenture Club is a unique program that combines fun enrichment activities with extended hours for your convenience! Since 1997, EdVenture Club has continuously provided a successful and quality extended day experience that complements the school day. Featured enrichment includes reading and math activities, physical education, science, art and more!

Morning Program

Students attend between 6:00am and school starting time Monday through Friday. A variety of games, gym time, playground and other choices are available. Enrichment activities are planned up to three times per week. Healthy snacks and juice are provided daily.

Afternoon Program

Students attend after school until 6:00pm Monday through Friday. Each day includes enrichment and recreation activities as well as a healthy snack and juice. Site schedules are posted weekly that list activities by days and grade levels.



Elk River, Otsego & Rogers Area Elementary Schools

Before School (6:00am to school start time)

1 day/week	\$15
2 days/week	\$24
3 days/week	\$30
4 days/week	\$36
5 days/week	\$42

After School (3:30 to 6:00pm)

1 day/week	\$18
2 days/week	\$30
3 days/week	\$36
4 days/week	\$42
5 days/week	\$48

Zimmerman Area Elementary Schools

Before School (6:00am to school start time)

1 day/week	\$13
2 days/week	\$20
3 days/week	\$26
4 days/week	\$32
5 days/week	\$38

After School (3:15 to 6:00pm)

1 day/week	\$18
2 days/week	\$30
3 days/week	\$36
4 days/week	\$42
5 days/week	\$48

Sibling Discount

Discount available to families scheduling more than one child with EdVenture Club.

Locations

Elk River

- Lincoln Elementary (a.m. only)
- Meadowvale Elementary
- Parker Elementary (serves Lincoln in the p.m. and St. Andrews)
- Twin Lakes Elementary

Rogers

- Hassan Elementary
- Rogers Elementary (serves Mary Queen of Peace and Kaleidoscope)

Zimmerman

- Westwood Elementary (a.m. only)
- Zimmerman Elementary (serves Westwood in the p.m.)

Otsego

- Otsego Elementary

District Early Release Days

Plan to have your child join EdVenture Club students for an afternoon of fun. When registering for the early release day, please include the course number as well as the site preference listed under the non-school days for the 6am-6pm option on page 33. For example, to register for Parker, your course number would be 6022-2W.

Thursday Jan 28 | 1 session | \$18 | #6022

Students enrolled in EdVenture Club should register for the 2-hour early release using their usual EdVenture Club scheduling process.

Secure your child's spot TODAY!
 Register online at www.728communityed.com
 (click on the EdVenture Club tab)

EXTENDED DAY PROGRAMS

NON-SCHOOL DAYS | GR K-5

Non-School Days | Grades K-5

Fun enrichment activities and outings are offered on days that school is not in session. Students are divided by grade levels for the planned activities, including art or science topics, physical education and games, academic-related activities and more. All students should bring a bag lunch and beverage and wear appropriate clothing for the activity. These are full-day activities, held 9:00am-3:00pm, that are planned in a day camp format. Extended hours are available for your drop-off and pick-up convenience; the sites are open 6:00am-6:00pm. When registering, please include the course number as well as the site/time preference listed below. For example: to register for "Healthy Choices" at Parker for 9:00am-3:00pm, your course number would be #6007-1F.

Fees: 9:00am-3:00pm | \$29
6:00am-6:00pm | \$38

Non-School Day Site/Time Preferences:

-1F or -1W	Parker Elem, Door 3	9:00am-3:00pm
-2F or -2W	Parker Elem, Door 3	6:00am-6:00pm
	*Parker also serves Lincoln and Meadowdale	
-3F or -3W	Zimmerman Elem, Door 5C	9:00am-3:00pm
-4F or -4W	Zimmerman Elem, Door 5C	6:00am-6:00pm
	*Zimmerman also serves Westwood	
-5F or -5W	Hassan Elem, Door E	9:00am-3:00pm
-6F or -6W	Hassan Elem, Door E	6:00am-6:00pm
-9F or -9W	Rogers Elem, Door 3	9:00am-3:00pm
-10F or -10W	Rogers Elem, Door 3	6:00am-6:00pm
-11F or -11W	Twin Lakes Elem, Door 3	9:00am-3:00pm
-12F or -12W	Twin Lakes Elem, Door 3	6:00am-6:00pm
-13F or -13W	Otsego Elem, Door 4	9:00am-3:00pm
-14F or -14W	Otsego Elem, Door 4	6:00am-6:00pm

NOTE: In the event of low or high enrollment, sites may be combined or additional sites opened.

Healthy Choices

With the holiday season coming to an end, it's that time of year to focus again on healthy choices. We'll explore some healthy habits and discuss how to keep those skills throughout the year.

Monday Dec 28 | 1 session | #6007-F

Handke Fun Day

Join us on a trip to the historic Handke Center as we try a little bit of everything that Community Education has to offer!

Tuesday Dec 29 | 1 session | #6008-F

Celebrations Around the World

Travel with EdVenture Club as we explore different customs and celebrations from around our wonderful world.

Wednesday Dec 30 | 1 session | #6009-F

New Year's Party

"Celebrate good times, come on!" with EdVenture Club as we celebrate the end of another great year and set some goals for the new year to come!

Thursday Dec 31 | 1 session | #6010-F

Going on a Safari Ride

Travel to a continent far away from home. Study animals you'll find along the way, and create a 3D animal of your choice.

Monday Jan 18 | 1 session | #6012-W

Once Upon a Time...

Join us for a day full of creativity and fun. We'll make up some stories together and journey into the land of make believe.

Friday Jan 29 | 1 session | #6013-W

Winter Wonderland

Walk with us in our own wonderland as we explore our earth and its amazing animals and landmarks.

Monday Feb 15 | 1 session | #6014-W

Predators and Prey

What is the difference between predators and prey? Can a grasshopper be a predator? How about a spider or a bunny rabbit? Find the answers as we explore the predators and prey of Minnesota.

Wednesday Mar 9 | 1 session | #6015-W

Wildlife Field Trip

Today we'll explore wildlife at one of our State Wildlife Education Centers. Bring a lunch and dress for the weather of the day.

Thursday Mar 10 | 1 session | #6016-W

Our Wonderful Wildlife

How close is a wolf family to a human family? Learn more about the Minnesota gray wolf and become a wolf for the day.

Friday Mar 11 | 1 session | #6017-W

Fantastic Fantasy Fun

Explore fantastic fantasy fun that's larger than life! Come stomp around, breathe out fire and have a ton of fun!

Wednesday Mar 23 | 1 session | #6018-W

Spring is in the Air

Hop on in and join us for a fun-filled day and enjoy our nice weather! Bring a jacket, as we will be outside for part of the day.

Thursday Mar 24 | 1 session | #6019-W

Edible Creations

We will be making crafts and cooking edible creations based on the animals, insects and flowers that we usually see in the spring.

Monday Mar 28 | 1 session | #6021-W

ECFE EARLY CHILDHOOD FAMILY EDUCATION

Come for your child...stay for yourself



It's for you and your young children - birth to before Kindergarten.

ECFE is based on the idea that the family provides a child's first and most significant learning

environment and parents are a child's first and most important teachers. Parents shape a child's development and set the stage for future learning and growth. That's why ECFE offers a variety of classes that provide information, encouragement and support for parents and their children.

Discover hands-on learning opportunities for you to explore new experiences, meet other families, and grow and learn together with your child. ECFE serves all families in the Elk River Area School District with children ages birth to Kindergarten. All ECFE classes are taught by licensed early childhood teachers and parent educators to provide the quality education parents are looking for.

What happens when we come to ECFE parent/child activities?

Staff will greet you and the room will be set up with activities. All ECFE instructing staff have, at minimum, a four-year degree plus teaching licensure in Parent Education, Early Childhood Education or Early Childhood Family Education. Usually there are three parts to the sessions: time together for parents and children, parent discussion time and children's activity and exploration time.

What are the activities?

Activities will be set up in the room. You and your child can choose what you want to try. Some activities, like painting, become weekly favorites. We encourage you to "take your child's lead" and enjoy the special time together. At times we will do group activities with all parents and children. Usually there's a time when the ECFE staff have all the parents and children together in order to get acquainted. There will be a variety of activities depending on the ages of the children. For older children there will be stories, songs and finger plays. In some classes parents will "step back" and watch the children's learning in action.

Great class! Would definitely recommend to others!
~ECFE Parent

What happens during parent discussion time?

While your child participates in the children's time in the ECFE classroom with the Early Childhood Educator, you'll meet with parents and the ECFE Parent Educator. Parent discussion will be in the children's room for parents with young children; it will be in another room for parents with older children. It's a comfortable situation where you'll be able to talk about the joys and concerns of being a parent. You'll be able to take time to look at and consider many ideas. Often parents say this is one of their most important times during the week. Research tells us that getting information and support for our role as parents is one of the most important things we can do for ourselves and our children!

What happens during the children's time and how will parents be involved?

The children participate in activities in the classroom while moms, dads or caregivers participate in the discussion. The Early Childhood Educator prepares the room and activities gauged for the children's ages. Both teacher-led and child-initiated activities are planned. In some classes parents take turns working with the teacher in the classroom. This provides an opportunity for parents to observe children's time and how their child responds. It also provides an opportunity to learn more about children's development and behavior. It's a chance to get involved and have fun!

No one will be denied participation in ECFE programs because of inability to pay. Please call our office to ask questions, make payment plan arrangements, or to have fees reduced or waived.

EdVenture Club-Program Participant Care

EdVenture Club offers on-site childcare for the children of program participants for selected classes. This program is supervised by EdVenture Club staff specifically trained in Early Childhood and School Age best practices. Be sure to register one week in advance of your class's scheduled start date.

Fees:

First Child - \$4, Additional Children - \$2.50
(Additional fees may apply if the care is needed for longer than a 2-hour period.)

How to Register for Program Participant Child Care:

Call 763-241-3400 ext. 5528, visit <http://tinyurl.com/EdVPPC> or email wendy.mitchell@isd728.org.



Care is available for classes that have the Program Participant Care program icon next to the title or class.

Infants - You and Your Baby | age 0-12 months

Babies change your life – they're both rewarding and challenging! This is your time to play with your baby in a new setting, talk with a Parent Educator and other parents about development, reading a baby's cues, sleeping and feeding, your changing needs as an adult, parent and other topics determined by the group. Discussion is in the room with your child. Class is free, but please register.

Mondays Jan 11-Mar 14 | 9:00-10:00am | 8 sessions | Free
Handke Center Rm 1 Door 5 | Not meeting Jan 18, Feb 15
#700-W

Mondays Jan 11-Mar 14 | 11:00am-12:00pm | 8 sessions | Free
Rogers ECFE Rm 122 Door 1 | Not meeting Jan 18, Feb 15
#702-W

Thursdays Jan 14-Mar 3 | 1:00-2:00pm | 8 sessions | Free
Handke Center Rm 1 Door 5 | #701-W

NEW! Pre-Toddlers | age 9-18 months

Is your infant transitioning into a toddler? This is time for you to meet other parents, have discussions with a Parent Educator about development and enjoy playing in a room set up for exploring with your crawlers and walkers! Parents remain in the same room for parent discussion.

Mondays Jan 11-Mar 14 | 9:00-10:30am | 8 sessions | \$56
Rogers ECFE Rm 122 Door 1 | Not meeting Jan 18, Feb 15 | #704-W

Wednesdays Jan 13-Mar 2 | 9:00-10:30am | 8 sessions | \$56
Handke Center Rm 1 Door 5 | #703-W

1s Moving and Exploring | age 12-24 months

Enjoy exploring with your one-year-old in a room designed for your child's developmental needs. Parents remain in the same room for parent discussion; topics include development, encouraging language skills and other topics determined by the group!

Tuesdays Jan 12-Mar 8 | 9:00-10:30am | 8 sessions | \$56
Handke Center Rm 1 Door 5 | Not meeting Feb 16 | #705-W

Thursdays Jan 14-Mar 3 | 10:45am-12:15pm | 8 sessions | \$56
Handke Center Rm 1 Door 5 | #706-W

Feeling Pinched by Your Budget?

ECFE fees waived or reduced on request.



Play offers experiences that help your infant learn about their world.

NEW! 1s and 2s Watch Me Grow! age 12-36 months

Enjoy experimenting with your one- or two-year-old in a room designed for your child's developmental needs. Learn along with other parents and educators during this interactive time with your child. The Parent Educator will discuss development, language skills and other topics determined by the group!

Fridays Jan 15-Mar 18 | 9:00-10:30am | 8 sessions | \$56
Rogers ECFE Rm 122 Door 1 | Not meeting Jan 29, Mar 11 | #707-W

2s On the Go! | age 24-36 months

Your two-year-old is using many new words, finding out how things work, questioning you over and over, and wanting to know now! Channel their energy in positive ways and learn how to keep up with them! Learn along with other parents and educators during this engaging time with your child.

Mondays Jan 11-Mar 14 | 10:45am-12:15pm | 8 sessions | \$56
Handke Center Rm 10 Door 5 | Not meeting Jan 18, Feb 15 | #708-W

Thursdays Jan 14-Mar 3 | 9:00-10:30am | 8 sessions | \$56
Handke Center Rm 10 Door 5 | #709-W

NEW! 2s and 3s Learn and Play! age 24-48 months

Your two- or three-year-old is using new words, finding out how things work and learning how to play with other children. Channel their energy in positive ways! Learn along with other parents and educators during this fun time with your child.

Thursdays Jan 14-Mar 3 | 6:00-7:30pm | 8 sessions | \$56
Zimmerman Elem Rm 164 Door 1 | #711-W

Wednesdays Jan 13-Mar 2 | 10:45am-12:15pm | 8 sessions | \$56
Handke Center Rm 10 Door 5 | #710-W

ECFE MULTI-AGE



As your child gets older and starts to interact with other children, they will learn how to communicate, share and cooperate.

NEW! 2s and Preschoolers **age 24 months-Kindergarten entry**

Grow and learn together through parent/child activities, circle time, music, stories and parent discussion. Children this age are experimenting with their environment, learning how to play with other children and constantly on the go! Boost your child's development through purposeful play and benefit your parenting skills with helpful discussions.

Fridays Jan 15-Mar 18 | 10:45am-12:15pm | 8 sessions | \$56
Rogers ECFE Rm 125 Door 1 | Not meeting Jan 29, Mar 11 | #715-W

3s, 4s, and 5s **age 36 months-Kindergarten entry**

The world of your 3-, 4-, and 5-year-old is expanding. Play and learn together through parent/child activities, circle time, music, stories and parent discussion. There is a new adventure each week! Boost your child's development through purposeful play and your parenting skills with discussions focused on behavior, development and challenges. Other discussion topics will be determined by parent participants. Not meeting Jan 29, Mar 11.

Fridays Jan 15-Mar 18 | 10:45am-12:15pm | 8 sessions | \$56
Handke Center Rm 10 Door 5 | #716-W

Fridays Jan 15-Mar 18 | 1:30-3:00pm | 8 sessions | \$56
Zimmerman Elem Rm 164 Door 1 | #717-W

Fees too expensive?

No one will be denied participation in ECFE programs because of inability to pay. Please call our office to ask questions, make payment plan arrangements, or to have fees reduced or waived.

NEW! Cooking with Your Preschooler **age 12 months-Kindergarten entry**

Cook with your child! This unique class offers a new cooking activity every week using the LANA (Learning About Nutrition through Activities) program! This is a non-separating class for you and your child to build connections and learn skills through cooking. Circle time is included. Not meeting Feb 16.

age 12-36 months

Tuesdays Jan 12-Mar 8 | 9:00-10:00am | 8 sessions | \$56
Handke Center Community Rm Door 5 | #719-W

age 36 months-Kindergarten

Tuesdays Jan 12-Mar 8 | 10:30-11:45am | 8 sessions | \$56
Handke Center Community Rm Door 5 | #720-W

Multiples! When Babies Come in Two or More **age birth-Kindergarten entry**

Multiple babies, multiple challenges, multiple joys! If you are a parent of multiples, finding the information and support you need may be difficult. Meet other parents of multiples and share stories and advice that only you understand. Gain new ideas for managing double sleep, feedings, potty training and discipline through group discussions with a Parent Educator. Other discussion topics will be selected by parent participants.

Tuesdays Jan 12-Mar 8 | 10:45am-12:15pm | 8 sessions | \$56
Handke Center Rm 10 Door 5 | Not meeting Feb 16 | #718-W

Toddlers and Preschoolers - Growing Together | **age 12 months-Kindergarten entry**

Play and grow together through parent/child activities, circle time, music, stories and parent discussion. There is a new adventure each week! Boost your child's development through purposeful play and increase your parenting skills with helpful discussions.

Mondays Jan 11-Mar 14 | 6:00-7:30pm | 8 sessions | \$56
Rogers ECFE Rm 125 Door 5 | Not meeting Jan 18, Feb 15 | #713-W

Wednesdays Jan 13-Mar 2 | 6:00-7:30pm | 8 sessions | \$56
Handke Center Rm 10 Door 5 | #712-W

Fridays Jan 15-Mar 18 | 9:00-10:30am | 8 sessions | \$56
Handke Center Rm 10 Door 5 | Not meeting Jan 29, Mar 11 | #714-W

MULTI-AGE | ONE-TIME EVENTS

ECFE



Minnesota Children's Museum

NEW! MN Children's Museum-To-Go! **age 36+ months**

These parent/child events are presented by the Minnesota Children's Museum. The interactive classroom experience will make learning fun and ignite the imaginations of you and your child! Pre-registration is required; space is limited to 28 children.

Dino Dig

Uncover the mystery behind dinosaurs by examining fossil replicas and asking questions to gain a sense of the life and habitats of dinosaurs before extinction. Recommended for children in preschool to first grade.

Monday Jan 25 | 6:00-6:50pm | 1 session | \$5/Child
Handke Center Cafeteria Door 5 | #722-W

Hands on Health

Exercise mind and body through brain-boosting activities to help build knowledge of a healthy lifestyle focusing on movement, balanced diet and dental health. Geared towards children in preschool to first grade.

Wednesday Feb 10 | 12:00-12:50pm | 1 session | \$5/Child
Handke Center Community Rm Door 5 | #723-W

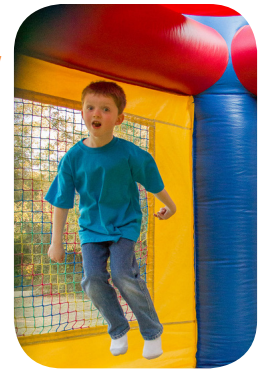
Amazing Antics

Engage busy brains and inspire collaboration while pretending to be an ant and helping to complete the work of the different ants in the colony. Recommended for children in preschool to second grade.

Tuesday Mar 22 | 6:00-6:50pm | 1 session | \$5/Child
Handke Center Community Rm Door 5 | #724-W

NEW! Jumpin' Gym Time! **age 24 months-Kindergarten entry**

Spend a morning jumping in bounce houses. There will be bounce houses of various sizes to accommodate jumpers. Come anytime during the two-hour session; please be prepared for wait times.



Thursday Jan 7 | 9:30-11:30am
1 session | Free
Handke Center Gym Door 5

NEW! Dad and Me: Winter Fun! **age 30 months-Kindergarten entry**

Spend a Saturday morning exploring the snowy outdoors. Children will come with their dad, their grandpa, an uncle, or another special man in their lives to share in a fun time together. The morning will be packed with building snow forts and sculptures, exploring animal tracks in the snow and learning about hibernation. Warm up by listening to a story with some hot chocolate!

Saturday Feb 20 | 9:30-11:30am | 1 session | \$5/Family
Handke Center Nature Explore Center Door 5 | #727-W



food • games • prizes • book fair & more!
♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥

Valentine's Carnival

The annual Valentine's Carnival is here! Bring your whole family for fun and food. There will be games, prizes and activities for toddlers, preschoolers and kindergarteners to enjoy. Don't miss the basket raffle and Scholastic Book Fair.

ECFE DROP IN | PARENTING

Drop In Play

Looking for something fun and interactive to do with your child? Drop in at ECFE and play in one of the ECFE rooms, gym and playground (when available). First-come, first-served; space is limited to 25 total (adults and children). Family child care providers must meet child-to-adult ratios for the children they bring.

Pay at the door: \$2.50/Child; \$10 for 5-Day Pass

Mondays Jan 11-Mar 14 | 9:00-10:30am | 8 sessions
Handke Center Rm 10 Door 5 | Not meeting Jan 18, Feb 15

Tuesdays Jan 12-Mar 15 | 6:00-7:30pm | 8 sessions
Zimmerman Elem Rm 165 Door 1 | Not meeting Feb 16, Mar 1

Wednesdays Jan 13-Mar 2 | 9:00-10:30am | 8 sessions
Rogers ECFE Rm 125 Door 1

Thursdays Jan 14-Mar 3 | 6:00-7:30pm | 8 sessions
Handke Center Rm 10 Door 5

Saturday Morning Gym Time!

Have children who need to run off extra energy? Parents and children get active together by running, jumping, playing ball and more! Drop in and join the fun! Not meeting Feb 27.

Saturdays Jan 9-Mar 19 | 9:30-11:30am | 10 sessions
\$2.50/Child; \$10 for 5-Day Pass
Handke Center Gym Door 5



ECFE
KIDS
SALE

AND
SMALL BUSINESS EXPO

Sell your unwanted children's toys, clothes, books, movies, furniture and gear!

SATURDAY, APRIL 16

9 am-1 pm

Elk River High School

Vendor tags available February 8

Vendor registration will be available online or in the ECFE office.



"If you want something different, then you are responsible to create it with the money you have." ~Carrie Rocha

NEW! How to Save on Everything from Soup to Nuts!

Money-saving expert Carrie Rocha (Pocket Your Dollars) shares her best tips on how you can save on everything from groceries to cell phones, from eating out to putting gas in your car. In this tip-filled session you'll learn how to reduce your grocery bill without using coupons, get the best deal on cellphone and home internet plans, save money at the gas pump, earn cash back shopping online, receive free shipping, and enjoy eating out for a fraction of the cost. **Class is free, but please RSVP <http://tinyurl.com/ECFE-Save-On-Everything>.**

Tuesday Feb 23 | 6:00-7:30pm | 1 session | Free
Handke Center Gym Door 5

NEW! Taking Care of Yourself as a Parent Presented by Nicole R. Ross, MS

Many parents today are overwhelmed with the stresses of family life and feel like they are treading water trying to keep up with the daily tasks associated with caring for children. Being a parent is not easy; practicing self-care is a very important step in becoming a better parent, and there are things you can do to get started. Join us in discovering the path to self-care, with more physical, emotional, social, psychological, creative, and even spiritual time for yourself. Presented by Nicole R. Ross, MS, Psychotherapist with the Creative Play Therapy Center. **Class is free, but please RSVP at <http://tinyurl.com/ECFE-Parent-Event>.**

Tuesday Jan 26 | 6:00-8:00pm | 1 session | Free
Handke Center Gym Door 5

NEW! Love & Logic for Parents of 3s, 4s, and 5s

Develop effective parenting skills with love and logic! Utilizing the Love and Logic approach, work with a Parent Educator to use the positive tools to raise happy and well-behaved children. The approach guides parents to use empathy and compassion while allowing their children to process through problem-solving involving natural and logical consequences. Workbook provided. Adults only class, childcare provided if pre-arranged.

Wednesdays Jan 13-Feb 17 | 6:00-8:00pm | 6 sessions
\$30 Individual/\$40 Couple
Handke Center Community Rm Door 5 | #721-W

Parenting Solo - The Hardest Job You'll Ever Do Alone | age birth-grade 5

Parenting - the toughest job you'll ever do by yourself. If you're parenting solo for any reason - military duty, work situations, separation, divorce, loss of spouse or single parenting--you're welcome to attend! Bring your children and enjoy a meal together. Parents will meet together for parenting support and information while young children participate in early childhood activities. School-age children will meet in another classroom for activities and support. Join at any time!

Tuesdays Jan 5-May 24 | 6:00-8:00pm | 19 sessions | Free
Handke Center Community Rm Door 5 | Not meeting Mar 1, 22
#780-F

Parenting Apart

For a variety of reasons, many children do not live in homes with both of their birth parents. In these situations, children may experience anger, sadness, guilt and grief. This class is in compliance with the standards established by the Supreme Court for parent education programs.

Saturday Jan 9 | 8:00am-4:30pm | 1 session | \$65
Handke Center Community Rm Door 5 | #PA1

Saturday Feb 13 | 8:00am-4:30pm | 1 session | \$65
Handke Center Community Rm Door 5 | #PA2

Saturday Mar 5 | 8:00am-4:30pm | 1 session | \$65
Handke Center Community Rm Door 5 | #PA3

Young Parent Program for Pregnant or Parenting Teens

This program provides pregnant or parenting teens with information about pregnancy, birth, parenting and community resources and is open to District 728 students and area residents who may not be in school. For more information, or to register, contact ECFE at 763-241-3524 or contact the school counselor, school nurse or Ivan Sand Community High School. Home visits are also available. This program is co-sponsored by District 728 Ivan Sand Community High School and ECFE. Classes are held at the Handke Center in the ECFE Rooms. Classes are on-going during the school year and are free. Special events funding provided by Three Rivers Community Foundation.

BIG... building better behaviors for success in school, childcare and at home

BIG is an intervention and prevention program for preschoolers who are at risk of losing their childcare or preschool placement because of negative behaviors. BIG works with parents, teachers and childcare providers to build positive behavior skills. BIG is a **Behavior Intervention Group** including educators, emotional health professionals and specialists to coordinate expertise and resources for success. If you are interested in BIG, call the ECFE office at 763-241-3524. BIG is funded by ISD 728 Family and Children's Collaborative, a part of Wright County Family Services Collaborative.

"ECFE On Wheels" Home Visits

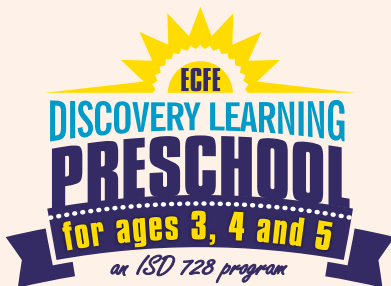
A program that comes to you and is designed "just for you." The program features visits to your home, or one-to-one visits at the ECFE center. Visits provide ideas for creative, fun, age appropriate activities, as well as time to discuss children, family, ideas on child development, parenting and community resources. Call the ECFE office at 763-241-3524. There is no fee for home visits.



The ECFE Blog is written by Ms. Angy and guest bloggers. Ms. Angy has been teaching in the field of Early Childhood Education for over 20 years and is in her 8th year teaching School Readiness. She has a Master's Degree in Education and is in the process of finishing her second graduate degree in Parent Education. She is also a very proud mother. Find the ECFE blog at www.isd728earlychildhoodfamilyeducation.com.

ECFE DISCOVERY LEARNING PRESCHOOL

Discovery Learning Preschool...an ISD 728 Early Childhood Program



Choosing the right preschool program is essential for giving your child the tools needed to be successful in school and in life. Discovery Learning Preschool, offered through District 728 Early Childhood Family Education, is a highly recognized and sought-after program with a **4-star rating**

from Parent Aware, an independent nonprofit organization of Minnesota business and community leaders using private sector strategies to improve school readiness. A 4-star rating is an indicator a program is using the practices that best prepare children for Kindergarten. Discovery Learning Preschool offers professionally trained, caring teachers, customized preschool experiences for your child in a safe and fun environment and, as part of the school district, the program has access to the district's resources. Conveniently offered in Elk River, Rogers and Zimmerman with a variety of daytime and evening programming, Discovery Learning Preschool is sure to fit your child's needs.

Comprehensive Curriculums

Discovery Learning Preschool has revolutionized its curriculum and embedded core fundamentals in all of the classrooms. Overall opportunities for learning are provided through individual and group times. Literacy, mathematics, science, social studies, the arts, technology, and process skills are part of the program curriculum, all while having FUN!

Parent Education and Involvement

Core to our program is parent education. A professional and highly trained Parent Educator is assigned to each classroom. The Parent Ed component focuses not only on the child's experience in preschool, but the family as a whole.

Discovery Learning Preschool... the right choice for you and your child

Your child will grow and achieve academically, emotionally, socially and physically toward Kindergarten readiness while attending Discovery Learning Preschool. For more information, log on to our website at www.728communityed.com or call Early Childhood Family Education at 763-241-3524.



How to Register for 2015-2016 DISCOVERY LEARNING CLASSES

Discovery Learning registration is available online. If you do not have internet access, you may turn in paper registration forms at the Handke Center, or you may stop by and complete the forms online using one of our computers. Paper registration forms are available at the Discovery Learning/ECFE office, or can be downloaded from our website. A \$49 non-refundable deposit is due at the time of registration.

Please note, once you have begun the online application, you must finish it; it cannot be saved. It will take about 15-20 minutes to complete. You will receive a receipt once your application is submitted; however, this does not guarantee placement in a specific class. Your class placement will be confirmed by email or a phone call from the Discovery Learning/ECFE office.

Information you will need to register:

- Emergency contact information
- Pertinent medical info (allergies, asthma, etc.)
- Child's current immunization record
- Early Childhood Screening information
- Income information if applying for reduced tuition
- A credit or debit card for the \$49 deposit (in some cases the non-refundable deposit may be reduced or waived)

Limited Spots Remain for the 2015-2016 Discovery Learning Preschool

ROGERS

Discovery 4s & 5s

Classes for children who are '4' by Sept 1, 2015

Parents must attend 3 parent discussion sessions scheduled throughout the year.

Mon/Tue/Thu Sep 2015-May 2016 | 9:15-11:45am | \$159/month
ECFE Rogers | #763

Tue/Wed/Thu Sep 2015-May 2016 | 1:00-3:30pm | \$159/month
ECFE Rogers | #762

ZIMMERMAN

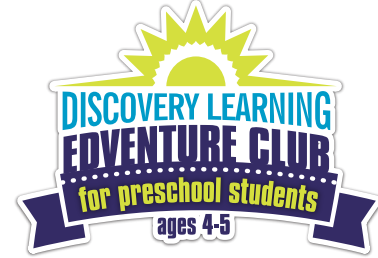
Discovery 3s

Classes for children who are '3' by Sep 1, 2015

Tue/Thu Sep 2015-May 2016 | 9:30-11:30am | \$90/month
Zimmerman Elem | #770

Child alone day is Thursday; Parent/Child day is Tuesday

ECFE DISCOVERY LEARNING EXTRA & CHILDCARE



Discovery Learning EXTRA Preschool



Discovery Learning EXTRA Preschool is a program focused on getting children ready for Kindergarten. The fee is based on a family's ability to pay, or there is no fee. Children will develop vocabulary and learn letter

names and sounds. They will also learn how to get along with other children and how to follow school rules.

This program helps the child who may have one or more of the following circumstances:

- Comes from a low-income family
- Has English as their second language
- Has behavioral or developmental concerns
- Is a foster child
- Comes from a family with multiple challenges

Requirements:

- Family must live in ISD 728 (includes the cities of Elk River, Otsego, Rogers and Zimmerman)
- Must be 4 years old on or before Sep 1, 2015
- Does not qualify for Special Education Services
- Is not eligible for Head Start, or on a Head Start waiting list

Applications for Discovery Learning Extra 2015-2016 are still being accepted now. Have questions? Need more information? Call or email the ECFE Office 763-241-3524 or ecfe@isd728.org.

Tue-Fri Sep 2015-May 2016 | 1:00-3:30pm
Handke Center | #PM ER

Tue-Fri Sep 2015-May 2016 | 1:00-3:30pm
Rogers ECFE | #PM Rogers

Tue-Fri Sep 2015-May 2016 | 12:45-3:15pm
Zimmerman Elem | #PM Zimm

Discovery Learning Childcare

Community Education is offering child care services to extend your child's experience with their Discovery Learning classes. Childcare is available for eligible classes in block times before and after your child's preschool class to help accommodate your needs. Child must be age 4 by Sep 1, 2015.

When registering, you will pick the block times needed for each day and only pay for the blocks you use. You do not need to schedule blocks for the time your child is participating in Discovery Learning classes. Your schedule can vary week to week. Block registration is due on Monday the week prior to attendance. This program is eligible for county assistance.

With over 23 years of successful extended day childcare experience, we provide a quality program that complements the Discovery Learning program curriculum. Each day participating students will be escorted between our child care program and the Discovery Learning classroom by our high quality staff. Snacks will be provided in the morning and afternoon. Students will need to bring a lunch each day they attend Block C.

If you have additional questions about the Discovery Learning EdVenture Club Program, please contact Wendy at 763-241-3400 X5528. To register for these child care options, please use this link to set up an account that will allow you to register for block times: <http://tinyurl.com/m6z4hmf>

Block Times and Rates

BLOCK TIMES

- Block A 7:00-9:00am
- Block B 9:00-11:30am
- Block C 11:00am-1:30pm
- Block D 1:00-3:30pm
- Block E 3:30-5:30pm

BLOCK RATES (Use as many blocks per day as needed)

- Use 1 Block \$10
- Use 2 Blocks \$15
- Use 3 Blocks \$20
- Use 4 Blocks \$25
- Full Day 5 Blocks \$38 (for non-preschool days)

ECFE Class Schedule

ECFE SITE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Handke, Elk River	9:00-10:00am Infants 9:00-10:30am Drop In Play 10:45am-12:15pm 2s On the Go	9:00-10:00am Cooking with 1s and 2s 9:00-10:30am 1s Moving & Exploring 10:30-11:45am Cooking with 3s, 4s and 5s 10:45am-12:15pm Multiples 6:00-8:00 Parenting Solo	9:00-10:30am Pre-Toddlers 10:45am-12:15pm 2s and 3s Learning on the Go 6:00-8:00pm Love & Logic for Parents of 3s, 4s, and 5s 6:00-7:30pm Toddlers and Preschoolers	9:00-10:30am 2s On the Go 10:45am-12:15pm 1s Moving & Exploring 1:00-2:00pm Infants 6:00-7:30pm Drop In Play	9:00-10:30am Toddlers and Preschoolers 10:45am-12:15pm 3s, 4s, and 5s	9:30-11:30am Saturday Morning Gym Time 9:30-11:30am Dad and Me- Special 8:00am-4:30pm Parenting Apert
Rogers	9:00-10:30 Pre-Toddlers 11:00am-12:00pm Infants 6:00-7:30pm Toddlers and Preschoolers		9:00-10:30am Drop In & Play		9:00-10:30am 1s and 2s Exploring on the Go 10:45am-12:15pm 2s and Preschoolers	
Zimmerman		6:00-7:30pm Drop in Play		6:00-7:30pm 2s and 3s Learning on the Go	1:30-3:00pm 3s, 4s and 5s	



NEW to ECFE?
— CLASS is **FREE!** —

Clip this coupon for 1 **FREE ECFE class** of your choice!

Discount does not apply to Discovery Learning or trips. Classes subject to space availability.
Limit one coupon per family. Good for 2015-2016 ECFE classes only.

ECFE SCREENING



What is Early Childhood Screening?

Early Childhood Screening is an opportunity for children and their parents to participate in a health and developmental screening after their third birthday. State law requires screening for all children entering public school Kindergarten, ideally at age 3.

Who Needs to be Screened?

All children living in District 728 who are 3, 4, or 5 years old and are not currently enrolled in Kindergarten NEED to participate in this FREE screening program before entering Kindergarten, or have an equivalent screening from a doctor. Children who attend Head Start or Early Childhood Special Education Services programs may not have to participate in Early Childhood Screening.

Reasons to Screen at Age 3

- Screening assists your child to be ready for Kindergarten.
- Health and developmental problems or concerns can be identified earlier and help provided sooner; families may be referred to community health and educational services including School Readiness and ECFE.
- Screening is free, easy and good for your child.

Early Childhood Screening Includes:

- Immunization records
- Hearing and vision
- Speech and developmental screening
- Height and weight
- Summary interview with parents



Find us on
Facebook/ECFE
and **Twitter/ECFE**

What Happens During Screening?

The parent attends the entire screening process with their child. Your child will have a developmental progress review by a speech/language clinician. A review of your child's vision, hearing, height, weight and immunization history will be conducted by one of our health professionals. The parent/s will then participate in a family factors interview to review the screening process and talk about any concerns they may have.

Is the Program Required?

Yes. Minnesota state law requires that your child must be screened for enrollment in a public school. Children are not permitted to enter public school without having Early Childhood Screening and up-to-date immunizations. *If you are planning to send your child to private or home school, the screening is not required by law, however, we still encourage you to participate. This is a wonderful opportunity for you to find out how your child is developing.*

How do I Schedule an Appointment for my Child?

Invitations to Early Childhood Screening were mailed to families with children turning 4 years old prior to August 1, 2015. If you did not receive an invitation, scheduling an appointment is easy! Screenings are done throughout the school year at the Handke Center. Some evening and Saturday appointments are available along with times during the week. Just contact the screening office at 763-241-3525 with questions or to schedule an appointment.



Coming Soon... 2016-2017 Discovery Learning Preschool Registration

The 2016-2017 Discovery Learning Preschool brochure will be delivered to all district families with preschoolers in January 2016. Registration will begin mid-January.

ECFE REGISTRATION | SLIDING FEE SCALE

Registration for Early Childhood Family Education Classes

Register at the ECFE Office in the Handke Center or at the Rogers ECFE location. You can also register by phone at 763-241-3524, by mail, or online at www.728communityed.com. See page 66 for a registration form. We take registrations until classes fill and take names for a wait list when necessary.

Fees

Fees are based on the number of times the class meets. Full payment is due when you register online. We accept Discover, VISA American Express and MasterCard. A sliding fee scale is available, see below. No one will be turned away because of inability to pay. Please call our office to ask questions, make other arrangements, or to have fees waived or reduced.

Cancellations

If you need to cancel from a class, we will pro-rate the fee and issue a refund. There are no refunds for missed classes due to illness or due to inclement weather. Credits will be issued, if requested, for classes cancelled due to inclement weather.

Parent Participation

Parents (moms, dads or both) must accompany and participate in the classroom with the child and discussion with other parents for all ECFE Parent/Child classes. Grandparents or other caregivers may participate in classes, however parents must give permission. Permission slips are not required for Drop In Play or one-time events. Information on volunteer opportunities will be available at classes. Parents will be asked for donations of consumable and snack items to be used for classes.

Immunizations Required

Minnesota laws require that all children be immunized before entering school. Up-to-date immunizations must be submitted to ECFE before your child attends classes. Please enclose a copy of your child's record with your registration; pick up a form in the ECFE/SR office or on the ECFE website.

Special Needs

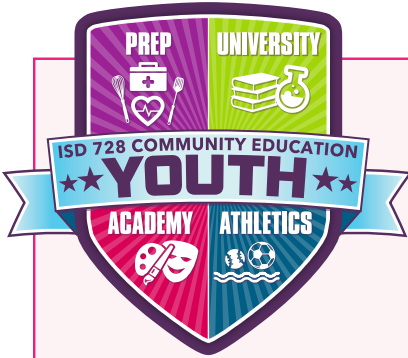
We welcome persons of all abilities to participate in our classes and activities. If any special accommodations are needed, please let us know at the time you register. We are not able to provide transportation to classes.

District 728 ECFE Class & Discovery Learning Preschool Sliding Fee Scale

Number of persons in household	Full Fee	80% of Full Fee	65% of Full Fee	15% of Full Fee	Waived Fee
2	\$35,393 +	\$31,461 - 35,393	\$29,102 - 31,460	\$20,922 - 29,101	\$0 - 20,921
3	44,528 +	39,581 - 44,528	36,613 - 39,580	26,322 - 36,612	0 - 26,321
4	53,663 +	47,701 - 53,663	44,124 - 47,700	31,722 - 44,123	0 - 31,721
5	62,798 +	55,821 - 62,798	51,635 - 55,820	37,121 - 51,634	0 - 37,120
6	71,911 +	63,941 - 71,911	59,146 - 63,940	42,521 - 59,145	0 - 42,520
More than 6 persons, add this amount for each additional person	7,511	7,511	7,511	7,511	5,400

Reduced Tuition Amount	Full Fee	80% of Full Fee	65% of Full Fee	%15 of Full Fee	Waived Fee
2 day 2 hour	\$90/month	\$72/month	\$59/month	\$14/month	\$0/month
2 day 2 hour	\$110/month	\$88/month	\$72/month	\$17/month	\$0/month
3 day 2 hour	\$129/month	\$103/month	\$84/month	\$19/month	\$0/month
3 day 2-1/2 hour	\$159/month	\$127/month	\$103/month	\$24/month	\$0/month
5 day 2-1/2 hour	\$269/month	\$215/month	\$175/month	\$40/month	\$0/month
ECFE \$70/class	\$70/class	\$56/class	\$45/class	\$10/class	\$0/class
ECFE \$56/class	\$56/class	\$45/class	\$36/class	\$8/class	\$0/class
ECFE \$54/class	\$54/class	\$43/class	\$34/class	\$8/class	\$0/class
ECFE \$50/class	\$50/class	\$40/class	\$33/class	\$8/class	\$0/class
ECFE \$42/class	\$42/class	\$32/class	\$27/class	\$6/class	\$0/class

YOUTH LITTLE LEARNERS



ISD 728 Community Education gives youth an opportunity to continue to learn and grow outside of school. We believe in approaching curriculum from a creative perspective, letting “kids be kids” throughout the learning

process. Participants will enjoy the opportunity to explore learning in ways that best suit their interests and abilities. Our programs are designed to introduce curriculum in a FUN, positive environment to educate, inspire and empower our diverse learners.

Choose a variety of FUN activities from our four categories: CE Academy, CE Prep, CE University and CE Athletics.

NEW! Story Time Book Club age 2-4 w/parent

Join us for story time fun! Each week will feature a new theme as Little Learners cooperate to identify themes, colors, shapes and composition.

Fridays Jan 22-Feb 19 | 10:30-11:15am | 5 sessions | \$35
Handke Center Community Rm Door 5 | Sandvig | #2512-8W

Fridays Apr 1-29 | 10:30-11:15am | 5 sessions | \$35
Handke Center Community Rm Door 5 | Sandvig | #2513-2W


NEW! Mini Musicians | age 3-5 w/parent

Explore rhythm, tonality and beat as Little Learners learn to appreciate music and melody. Experiment with instruments, singing, dance and hands-on activities.

Fridays Jan 22-Feb 19 | 9:00-10:00am | 5 sessions | \$45
Handke Center Rm 2 Door 5 | Sandvig | #2510-3F

Fridays Apr 1-29 | 9:00-10:00am | 5 sessions | \$45
Handke Center Rm 2 Door 5 | Sandvig | #2513-3W

Little Learners

Little Learners classes offer guided, cooperative play, self-expression through the exploration of fine motor skills and activities to help build critical thinking. Classes focus on creative problem solving and imaginative play.  Childcare is available for these Little Learners classes. Please see page 48 for more information.

NEW! Special EdVentures | age 2-5 w/parent

Little Learners are sure to love getting their hands dirty as they EdVenture through inventive art. Activities will explore art, movement, games, songs and stories.

age 2-3 w/parent

Tuesdays Jan 19-Feb 16 | 6:00-6:45pm | 5 sessions | \$35
Handke Center Rm 3 Door 5 | Sandvig | #2511-8W

Tuesdays Apr 5-May 3 | 6:00-6:45pm | 5 sessions | \$35

Handke Center Rm 3 Door 5 | Sandvig | #2513-5W

age 4-5 w/parent

Tuesdays Jan 19-Feb 16 | 5:00-5:45pm | 5 sessions | \$35
Handke Center Rm 3 Door 5 | Sandvig | #2511-7W

Tuesdays Apr 5-May 3 | 5:00-5:45pm | 5 sessions | \$35

Handke Center Rm 7 Door 5 | Sandvig | #2513-4W



More than a Crown Princess Party

age 3-5 w/parent

Dress up and join your favorite FROZEN friends, Anna and Elsa, as we learn that being a princess is more than a crown. Princesses must be strong, brave, kind and more! Explore through interactive stories, songs, and games that encourage each participant to be the best they can be, from the inside out! Don't forget your camera!

Saturday, January 16

 **10:00 -11:00am**
\$15 per princess
Handke Center | #2514-1W

YOUTH CE ACADEMY

CE ACADEMY

Classes break away from common core subjects and open students' minds to inventive problem solving and innovation through art. CE Academy classes encourage creative, critical thinking while learning to appreciate the complexity of the arts.



After School Special EdVentures | grades K-5

Students are sure to love getting their hands dirty as we EdVenture through inventive art. Class will begin with an inspirational book and end with a creative, take-home project.

Fee: \$15/class

Please send permission to school informing staff that your student will be staying after. Students will check in with EdVenture Club after school.

Transportation:

Lincoln students will wait in front of the office to be walked to the class at Parker. Westwood students will wait in front of the office to be bussed to the class at Zimmerman Elem.

Pick-Up:

All students will be picked up from EdVenture Club.

EdVenture Club families:

Check with your site leader to see when Special EdVentures (included in your fee) will be held at your EdVenture Club site.

DIY Holiday Mug & Cocoa Reindeer | grades K-5

Monday Dec 14 | 3:15-5:15pm | 1 session
Zimmerman Elem Cafeteria Door 5C | #2302-2F

Tuesday Dec 15 | 3:45-5:45pm | 1 session
Hassan Elem Cafeteria Door 1 | #2302-3F
Parker Elem Cafeteria Door 3 | #2302-4F

Wednesday Dec 16 | 3:45-5:45pm | 1 session
Otsego Elem Cafeteria Door 4 | #2302-5F
Twin Lakes Elem Cafeteria Door 3 | #2302-6F

Thursday Dec 17 | 3:45-5:45pm | 1 session
Meadowvale Elem Cafeteria Door 7 | #2302-7F
Rogers Elem Cafeteria Door 3 | #2302-8F



Ooey, Goey Valentine Slime | grades K-5

Monday Feb 8 | 3:15-5:15pm | 1 session
Zimmerman Elem Cafeteria Door 5C | #2303-2W

Tuesday Feb 9 | 3:45-5:45pm | 1 session
Hassan Elem Cafeteria Door 1 | #2303-3W
Parker Elem Cafeteria Door 3 | #2303-4W

Wednesday Feb 10 | 3:45-5:45pm | 1 session
Otsego Elem Cafeteria Door 4 | #2303-5W
Twin Lakes Elem Cafeteria Door 3 | #2303-6W

Thursday Feb 11 | 3:45-5:45pm | 1 session
Meadowvale Elem Cafeteria Door 7 | #2303-7W
Rogers Elem Cafeteria Door 3 | #2303-8W

How to Catch a Leprechaun | grades K-5

Monday Mar 14 | 3:15-5:15pm | 1 session
Zimmerman Elem Cafeteria Door 5C | #2304-2P

Tuesday Mar 15 | 3:45-5:45pm | 1 session
Hassan Elem Cafeteria Door 1 | #2304-3P
Parker Elem Cafeteria Door 3 | #2304-4P

Wednesday Mar 16 | 3:45-5:45pm | 1 session
Otsego Elem Cafeteria Door 4 | #2304-5P
Twin Lakes Elem Cafeteria Door 3 | #2304-6P

Thursday Mar 17 | 3:45-5:45pm | 1 session
Meadowvale Elem Cafeteria Door 7 | #2304-7P
Rogers Elem Cafeteria Door 3 | #2304-8P

Garden Party | grades K-5

Monday Apr 11 | 3:15-5:15pm | 1 session
Zimmerman Elem Cafeteria Door 5C | #2305-2P

Tuesday Apr 12 | 3:45-5:45pm | 1 session
Hassan Elem Cafeteria Door 1 | #2305-3P
Parker Elem Cafeteria Door 3 | #2305-4P

Wednesday Apr 13 | 3:45-5:45pm | 1 session
Otsego Elem Cafeteria Door 4 | #2305-5P
Twin Lakes Elem Cafeteria Door 3 | #2305-6P

Thursday Apr 14 | 3:45-5:45pm | 1 session
Meadowvale Elem Cafeteria Door 7 | #2305-7P
Rogers Elem Cafeteria Door 3 | #2305-8P



Parent/Child Canvas Class! Create a two-part masterpiece while making memories with your child!

NEW! Kids & Canvas | age 6+ w/adult

You and your child will inspire your inner artists - NO painting skills required! Create a two-part parent/child canvas masterpiece you both will love! Instructor Ericka is an elementary art teacher by day and traveling artist by night. She loves to use her mind and hands to create and loves to watch others have fun while getting creative too!

Monday Apr 18 | 6:00-8:00pm | 1 session | \$45/pair
Handke Center Art Rm Door 5 | BeeArtsy | #8400-3P

NEW! Silk Painting | grades 2-5

Welcome to the world of PAINTING ON SILK! Leave your cares at the door, bring a friend and step into a creative atmosphere! Watch as color dyes spread out onto the silk, and use salt to create a crackled, textured look. Design and paint a work of art you will be proud to display. Please send permission to school informing staff that your student will be staying after. Students will check in with EdVenture Club after school.

Monday Apr 25 | 4:00-6:00pm | 1 session | \$45
Twin Lakes Elem Art Rm Door 3 | KidzArt | #2105-1P

Tuesday Apr 26 | 4:00-6:00pm | 1 session | \$45
Otsego Elem Art Rm Door 4 | KidzArt | #2105-2P

Wednesday Apr 27 | 4:00-6:00pm | 1 session | \$45
Parker Elem Art Rm Door 3 | KidzArt | #2105-3P

Thursday Apr 28 | 3:30-5:30pm | 1 session | \$45
Zimmerman Elem Art Rm Door 5C | KidzArt | #2105-4P

WE GUARANTEE YOUR SATISFACTION WITH OUR COURSES AND ACTIVITIES.

If you are not satisfied with your experience, please contact the Community Education office at 763-241-3520, or the Early Childhood Family Education office at 763-241-3524.

NEW! Mixed Media is Fun! | grades K-5

Through fun, interactive multimedia visual art projects and personal encouragement, students explore the fundamentals of fine art by using professional-grade materials, varied techniques and art expressed in a way that kids understand. Each week a new artistic medium or technique is explored with no repeats! All supplies included. Please send permission to school informing staff that your student will be staying after. Students will check in with EdVenture Club after school.

Mondays Jan 11-Feb 22 | 4:00-5:00pm | 5 sessions | \$75
Meadowvale Elem Art Rm Door 7 | KidzArt
Not meeting Jan 18, Feb 15 | #2105-1W

Tuesdays Jan 12-Feb 9 | 4:00-5:00pm | 5 sessions | \$75
Rogers Elem Art Room Door 3 | KidzArt | #2105-4W

Wednesdays Jan 13-Feb 10 | 3:30-4:30pm | 5 sessions | \$75
Zimmerman Elem Art Rm Door 5C | KidzArt | #2105-2W

Thursdays Jan 14-Feb 11 | 4:00-5:00pm | 5 sessions | \$75
Hassan Elem Art Rm Door 1 | KidzArt | #2105-3W

Clay/Pottery Workshop | grades K-8

Experiment with a variety of methods including hand building, coil, slab and wheel throwing - techniques that guarantee success with your first efforts. Complete your design with a variety of glazing techniques for the finishing touch. Projects can be functional, sculptural or decorative. Please confirm your email address when registering, as program communications are sent electronically. Not meeting Mar 10, 24.

grades K-2

Thursdays Feb 25-May 12 | 5:00-6:00pm | 10 sessions | \$79
Handke Center Art Rm Door 5 | Helligs | #2104-1W

grades 3-8

Thursdays Feb 25-May 12 | 6:00-7:00pm | 10 sessions | \$79
Handke Center Art Rm Door 5 | Helligs | #2104-2W

Open Studio Ceramics | grades 3-8

No membership required. Take advantage of this independent creative time to focus on your artistic progress and talents. Collaborate with fellow artists in a communal, energizing space. We provide the space and equipment, you provide the creativity! Please confirm your email address when registering, as program communications are sent electronically.

Saturdays Feb 27-Apr 30 | 9:00-10:00am | 10 sessions | \$79
Handke Center Art Rm Door 5 | Helligs | #2104-3W

YOUTH CE ACADEMY

Ballet & Tap | age 6-10

Turn your dreams of dancing into reality as you learn dance steps and terminology. Improve coordination, grace, posture and self-esteem as you discover the dynamics of dancing in a group, learn about taking turns and other important life skills. Dancers should wear comfortable clothing and bring ballet and tap shoes. Recital will take place on the last class day. Not meeting Mar 28.

Mondays Mar 7-May 16 | 7:45-8:25pm | 10 sessions | \$49
Handke Center Stage Door 5 | Miller | #2100-1P

Creative Movement | age 3-5 w/parent

Creative Movement is a great introduction to fundamental movement skills in an atmosphere of discovery and fun. We will focus on dance, movement and balance while teaching peer interaction, the dynamics of being in a group, taking turns and other important life skills. Our instructor will keep the music and curriculum moving while parents take an active role in encouraging, supporting and guiding their little ones through class. Recital will take place on the last class day. Not meeting Mar 28.

Mondays Mar 7-May 16 | 6:15-6:55pm | 10 sessions | \$49
Handke Center Stage Door 5 | Miller | #2100-2P

EdVenture Club-Program Participant Care

EdVenture Club offers on-site childcare for the children of program participants for selected classes. This program is supervised by EdVenture Club staff specifically trained in Early Childhood and School Age best practices. Be sure to register one week in advance of your class's scheduled start date.

Fees:

First Child - \$4, Additional Children - \$2.50
(Additional fees may apply if the care is needed for longer than a 2-hour period.)

How to Register for Program Participant Child Care:

Call 763-241-3400 ext. 5528, visit <http://tinyurl.com/EdVPPC> or email wendy.mitchell@isd728.org.



Care is available for classes that have the Program Participant Care program icon next to the title or class.



Our dance classes give students the chance to be expressive, creative and imaginative!

Disney Movin' and Groovin' | age 2-4 w/parent

Help build motor skills and inspire your student's creativity to the music of everyone's favorite Disney characters. We will focus on dance, movement and balance while teaching peer interaction, the dynamics of being in a group, taking turns and other important life skills. Our instructor will keep the music and curriculum moving while parents take an active role in encouraging, supporting and guiding their little ones through class. Recital will take place on the last class day. Not meeting Mar 15.

age 2-3 w/parent

Tuesdays Mar 8-May 17 | 5:15-5:55pm | 10 sessions | \$49
Handke Center Stage Door 5 | DeMars | #2100-8P

age 3-4 w/parent

Tuesdays Mar 8-May 17 | 6:00-6:40pm | 10 sessions | \$49
Handke Center Stage Door 5 | DeMars | #2100-7P

Hip Hop | age 4-10

Have fun while learning the fundamentals of hip hop – poppin', locking, tutting, breakin', social hop, body isolations, bounce and rhythm - all to the latest sounds in rap, R & B and pop. Classes are taught with age-appropriate music and choreography. Recital will take place on the last class day. Not meeting Mar 15.

age 4-5

Tuesdays Mar 8-May 17 | 6:45-7:25pm | 10 sessions | \$49
Handke Center Stage Door 5 | DeMars | #2100-6P

age 6-10

Tuesdays Mar 8-May 17 | 7:30-8:10pm | 10 sessions | \$49
Handke Center Stage Door 5 | DeMars | #2100-5P

Dance Recital

All dance classes will share what they have learned in a Dance Recital on the last class day - family and friends welcome! Recital information will be sent electronically; please update your email address when registering!

Me & My Shadow | age 2-3 w/parent

Explore dance fundamentals as we introduce themes, props and games through familiar songs and nursery rhymes. We will introduce dance, movement and balance while teaching peer interaction, the dynamics of being in a group, taking turns and other life skills. Our instructor keeps the music and curriculum moving while parents take an active role in encouraging, supporting and guiding their children through class. Recital will take place on the last class day. Not meeting Mar 28.

Mondays Mar 7-May 16 | 5:30-6:10pm | 10 sessions | \$49
Handke Center Stage Door 5 | Miller | #2100-3P

Pre-Ballet & Tap | age 4-5

Develop rhythm, coordination, musicality and early classroom etiquette through simple, imaginative exercises, creative dance and early ballet and tap steps and terminology. Dancers should wear comfortable clothing and bring ballet and tap shoes. Recital will take place on the last class day. Not meeting Mar 28.

Mondays Mar 7-May 16 | 7:00-7:40pm | 10 sessions | \$49
Handke Center Stage Door 5 | Miller | #2100-4P

Rock Band! | age 7-16

Bring your guitar and get ready to learn some of the grooviest riffs ever played! ROCK OUT while learning music theory and a variety of rhythms and strumming patterns. Students will learn note reading and ensemble playing in a fun and relaxed atmosphere.

Saturdays Mar 5-May 7 | 10:00am-12:00pm | 10 sessions | \$149
Handke Center Band Rm Door 5 | Dolan | #2101-3P



Crescendo - Individual Music Lessons

We provide individual music lessons to students of all ages -- school age through adults. Our instructors share a love for music and are committed to helping each student reach their goals. Music lessons are held in schools throughout the Elk River Area School District. Availability varies depending upon lesson type, instructor availability and participant preferences. Please visit 728CrescendoMusic.org for additional program information and instructor availability.



Prairie Fire Theater: One day of auditions, three days of rehearsal, two days of performances and a lot of fun!

Prairie Fire Theater: Cinderella | age 7-16

Cinderella! Yeah, you know the story, but you've never seen it like this! It's set in the 50's, so, you cats and chicks, have a listen and dig this. Based on the classic story by those Grimm Brothers and changed by that Disney fella, this version still features Cindy as the working girl. In fact, she does all the work for her step-sisters Rona, Mona and Zona and her stepmom, Wynona. But one "blue moon" that all changes. Please confirm your email address when registering, as program communications are sent electronically.

Feb 22-27 | \$65 | #2103-1W

Auditions

Monday Feb 22 | 4:30-6:30pm (check-in 4:15-4:30pm)
Lincoln Elem Gym Door 2

Some cast members may stay longer on audition night for rehearsal.

Rehearsals

Tue-Fri Feb 23-26 | 4:30-8:45pm
Elk River HS Little Theater Door H

Performances

Friday Feb 26 | 7:30pm
Saturday Feb 27 | 11:00am
Elk River HS Little Theater Door H



www.facebook.com/728CEYouth
twitter.com/Communityed728

YOUTH CE PREP

CE PREP

Classes focus on basic life skills and well-rounded experiences. Classes provide helpful, practical knowledge to build confidence, character and overall wellness. CE Prep believes in cultivating life-long learners to discover and serve true potential.



Horseback Riding Camp | grades K-12

Spend the day learning how to ride a horse including balance and control in the saddle, leading and in-hand work. Braid a horse's mane, groom, play horse tag and help to feed, water and care for horses. Camps are held rain or shine as there is an outdoor and indoor arena.

Friday Mar 11 | 9:00am-3:00pm | 1 session | \$99
Boulder Pointe Equestrian Center Nowthen | Keacher | #2400-1W

Friday Mar 25 | 9:00am-3:00pm | 1 session | \$99
Boulder Pointe Equestrian Center Nowthen | Keacher | #2400-2W

Friday Mar 11 | 9:00am-3:00pm | 1 session | \$99
Boulder Pointe Equestrian Center Nowthen | Keacher | #2400-3W

Saturday Apr 23 | 9:00am-3:00pm | 1 session | \$99
Boulder Pointe Equestrian Center Nowthen | Keacher | #2400-5W

My Little Horse Camp | age 2-5 w/parent

Parents and children will have fun learning about horses and horse safety. Spend the morning learning different horse breeds, colors and sizes. Participants will help feed, care for and groom the horses of Boulder Pointe. Bring your camera to snap photos during pony rides to conclude the class. Camps are held rain or shine as there is an outdoor and indoor arena.

Saturday Apr 2 | 9:00-11:00am | 1 session | \$45
Boulder Pointe Equestrian Center Nowthen | Keacher | #2400-4W

Location

Boulder Pointe Equestrian and Event Center
6612 189th Lane Northwest, Nowthen



*When girls support each other, great things happen!
@girlsarepowerful*

NEW! Girls Are Powerful "I AM" Workshop girls, age 9-13

This workshop is designed to define and enhance the character of girls by helping them identify their personal power. Covering everything from peer pressure and confidence to self-awareness and self-perception, girls will be introduced to six Power Principles that are associated with memorable affirmations that all girls can take with them to be inspired at any time.

Saturday Jan 30 | 10:00am-12:00pm | 1 session | \$29
Handke Center Community Rm Door 5 | Girls Are Powerful | #2222-1W

NEW! Girls Are Powerful "Empowered to Be Me" Workshop | girls, age 9-13

An extension of the "I AM" Workshop, this 6-session course will dig deeper into peer pressure, confidence, self-awareness and self-perception. Girls will be introduced to six Power Principles that are associated with memorable affirmations that all girls can take with them to be inspired at any time.

Thursdays Feb 25-Mar 31 | 6:00-7:00pm | 6 sessions | \$59
Handke Center Rm 107 Door 5 | Girls Are Powerful | #2222-2W

5th and 6th Grade Party

Grab your friends and dance the night away or play basketball and other games. Concessions are available, so bring spending money. Parents: Please do not drop your child off before 6:45pm, and be at the school by 9:00pm for pick up. Early release is allowed if child knows to be at the table and a parent checks them out. Volunteers needed! Please contact Becky at the Community Education office (763-241-3520).

Friday Jan 15 | 7:00-9:00pm | 1 session | \$5
Salk MS Gymnasium/Hallway Door U | #6355-1W

NEW CURRICULUM! Babysitting Training age 11+

New to babysitting or looking for ways to polish your skills? Gain the knowledge every prepared babysitter should have. Develop safe, fun and educational activities while focusing on preventing accidents, learning to care for children of various ages and taking care of yourself. Please bring a lunch. Parents are encouraged to participate in the last half-hour of this class.

Friday Jan 29 | 9:00am-4:00pm | 1 session | \$55
Rogers Elem Lounge Door 3 | Peterson | #2201-5W

Monday Feb 15 | 9:00am-4:00pm | 1 session | \$55
Hassan Elem Lounge Door 1 | Peterson | #2201-6W

Friday Mar 11 | 9:00am-4:00pm | 1 session | \$55
Handke Center Lounge Door 5 | Peterson | #2201-8P

Saturday Apr 9 | 9:00am-4:00pm | 1 session | \$55
Twin Lakes Elem Lounge Door 3 | Peterson | #2201-7W

Saturday May 7 | 9:00am-4:00pm | 1 session | \$55
Handke Center Lounge Door 5 | Peterson | #2201-9P

Chess Club | grades 1-5

Want to amaze your friends and impress your opponents? Chess is a popular game of strategy between two players. Increase your IQ and have fun while competing for various prizes. Learn from Twin Cities Chess Club instructors who have years of experience.

grades 1-5

Thursdays Jan 21-Feb 25 | 4:15-5:15pm | 6 sessions | \$69
Hassan Elem Music Rm Door 1 | Twin Cities Chess Club | #3400-1W

Saturdays Jan 30-Mar 5 | 10:00-11:00am | 6 sessions | \$69
Handke Center Rm 210 Door 5 | Twin Cities Chess Club | #3400-2W

Thursdays Mar 3-Apr 7 | 4:15-5:15pm | 6 sessions | \$69
Hassan Elem Music Rm Door 1 | Twin Cities Chess Club | #3400-4W

grades 6-8

Saturdays Jan 30-Mar 5 | 10:00-11:00am | 6 sessions | \$69
Handke Center Rm 210 Door 5 | Twin Cities Chess Club | #3400-3W

Home Alone | grades 3-6

Is your child ready to be left home alone? It's a parent's responsibility to make sure children are prepared for emergency situations, such as severe weather, injuries, strangers at the door, etc. This class will spend time answering "what if" questions, coming up with ideas for activities to avoid boredom and discussing things all home alone children should know. Parents are encouraged to participate in the last half-hour of this class.

Monday Dec 28 | 8:00am-12:00pm | 1 session | \$35
Westwood Elem Lounge Door 1 | Peterson | #2202-1W

Monday Jan 18 | 8:00am-12:00pm | 1 session | \$39
Twin Lakes Elem Lounge Door 3 | Peterson | #2202-2W

Saturday Feb 6 | 8:00am-12:00pm | 1 session | \$39
Rogers Elem Lounge Door 1 | Peterson | #2202-3W

Just for Families

NEW! Movie Night | families, all ages

Bring your blankets and pillows, relax and enjoy the show. We will have a family fun night with a great movie (TBD) that everyone will enjoy! Concessions available at an additional cost. Max 6 per family; at least one adult must be present.

Saturday Jan 23 | 6:00-8:00pm | 1 session | \$5/person; \$25/family
Handke Center Gym Door 5 | #6355-2W

NEW! Pool Party | families, all ages

What's more fun than hanging out at the pool and swimming with your family and friends? Making it a party that everyone will enjoy! Play games, have challenges and make this pool party one to remember! Concessions available at an additional cost. Max 6 per family; at least one adult must be present.

Saturday Feb 20 | 4:00-6:00pm | 1 session | \$5/person; \$25/family
VandenBerge MS Pool Door M | #6355-3W

NEW! Dance Party! | families, all ages

Bring your whole family for a night of fun! Dance the night away and hang out with family and friends. You'll be able to enjoy a DJ, or play video games, board games or BINGO. It'll be a crazy night of fun and laughter everyone will enjoy. Concessions available at an additional cost. Max 6 per family; at least one adult must be present.

Saturday Mar 5 | 6:00-8:00pm | 1 session | \$5/person; \$25/family
Handke Center Gym Door 5 | #6355-4W

CE University

Classes offer supported, focused academics. Small class sizes encourage interactive learning and student success. Lessons create a positive, productive learning environment while promoting fun and social engagement.



Spanish | grades K-5

Grab your compass because we're going camping in SPANISH! In this exciting theme-based class, ¡Vamos a Acampar!, students learn Spanish through imaginary adventures in the great outdoors. Whether swimming, canoeing, or rappelling down a cave, your child will be engaged every step of the way. And YOU will be impressed with the amazing way the vocabulary and builder phrases lead your child down a path of lifetime language learning! Please send permission to school informing staff that your student will be staying after. Students will check in with EdVenture Club after school.

Mondays Feb 8-Apr 11 | 4:15-5:15pm | 8 sessions | \$125
Twin Lakes Elem Rm B101 Door 3 | Futura Language Professionals
Not meeting Feb 15, Mar 28 | #2400-1P

Tuesdays Feb 9-Apr 12 | 3:25-4:25pm | 8 sessions | \$125
Zimmerman Elem Media Door 5C | Futura Language Professionals
Not meeting Mar 8, 22 | #2400-5P

Wednesdays Feb 10-Apr 13 | 4:15-5:15pm | 8 sessions | \$125
Rogers Elem Rm A106 Door 3 | Futura Language Professionals
Not meeting Mar 9, 23 | #2400-4P

Thursdays Feb 11-Apr 14 | 4:15-5:15pm | 8 sessions | \$125
Hassan Elem Media Door 1 | Futura Language Professionals
Not meeting Mar 10, 24 | #2400-3P

NEW! Myth Busting 101 | grades K-5

Mind-blowing myths or scientific facts? Join Science Explorers and confirm or bust strange myths and wacky urban legends. We will ask the crazy questions and develop hypotheses, then smash it, crash it, sink it or launch it to determine if the myth is confirmed, plausible or busted. Please send permission to school informing staff that your student will be staying after. Students will check in with EdVenture Club after school.

Wednesdays Feb 24-Mar 16 | 4:15-5:30pm | 3 sessions | \$45
Hassan Elem Art Rm Door 1 | Science Explorers
Not meeting Mar 9 | #2040-1W

Thursdays Apr 28-May 12 | 4:15-5:30pm | 3 sessions | \$45
Meadowvale Elem Art Rm Door 7 | Science Explorers | #2040-2W



Build a snapping dragon, a cow control and design your own marshmallow catapult in Extreme LEGO®: Catapults and Dragons!

NEW! Extreme LEGO®: Catapults and Dragons grades K-3

Build a snapping dragon, a cow control and design your own marshmallow catapult. Students build a different LEGO® project in each class and use the project to investigate basic engineering concepts. New and returning students welcome! Levers forever! Please send permission to school informing staff that your student will be staying after. Students will check in with EdVenture Club after school.

Wednesdays Jan 20-Feb 10 | 4:15-5:15pm | 4 sessions | \$49
Parker Elem Art Rm Door 3 | Youth Enrichment League | #2403-4W

Mondays Jan 25-Feb 22 | 4:15-5:15pm | 4 sessions | \$49
Hassan Elem Art Rm Door 1 | Youth Enrichment League
Not meeting Feb 15 | #2403-1W

Tuesdays Jan 26-Feb 16 | 4:15-5:15pm | 4 sessions | \$49
Twin Lakes Elem Art Rm Door 3 | Youth Enrichment League
#2403-3W

Fridays Feb 5-26 | 3:30-4:30pm | 4 sessions | \$49
Zimmerman Elem Art Rm Door 5C | Youth Enrichment League
#2403-6W

Wednesdays Feb 17-Mar 16 | 4:15-5:15pm | 4 sessions | \$49
Meadowvale Elem Art Rm Door 7 | Youth Enrichment League
Not meeting Mar 9 | #2403-5W

Mondays Feb 29-Mar 21 | 4:15-5:15pm | 4 sessions | \$49
Rogers Elem Art Rm Door 3 | Youth Enrichment League | #2403-2W

Follow our Twitter Feed [@CE728ALERT](#) or check online at [www.728communityed.com](#) for possible inclement weather cancellations of activities or late return time from outings.



NEW! Student Technology & Cyber Safety grades 6-12 w/parent

Led by district "techies," this parent/student class will discuss tools and techniques used to best facilitate safe online activities. Class will meet in two parts - first as a group, second as separate parent/student classes. Parents will have an opportunity to learn about the latest technologies, how to set online boundaries and how to help keep their kids cyber safe; students will explore the latest apps and programs. Parents may attend class without student.

grades 6-8 w/parent

Tuesday Feb 2 | 6:00-8:00pm | 1 session | \$49
Handke Center Rm 111 Door 5 | Favilla/Feld | #2402-7W

Tuesday Apr 5 | 6:00-8:00pm | 1 session | \$49
Handke Center Rm 111 Door 5 | Favilla, Feld | #2402-5S

grades 9-12 w/parent

Tuesday Mar 8 | 6:00-8:00pm | 1 session | \$49
Handke Center Rm 111 Door 5 | Favilla/Feld | #2402-6W

Open Gym | all ages

Open gym is a supervised recreation time for individuals to work on their skills in various sports, get a great workout and socialize with others who share an interest in athletics. No organized team practices allowed. Always check schedule before dropping students off at the school.

Pay at the door:

Adult \$5/day or \$40/10-day pass
Student \$4/day or \$30/10-day pass
Family \$12/day or \$79/10-day pass.

all ages

Sundays Jan 3-May 15 | 5:00-7:00pm
Zimmerman MS/HS Gym Door K | Not meeting Mar 27

families, students grades 5-8

Wednesdays Dec 9-May 18 | 7:00-8:30pm
Zimmerman MS/HS Gym Door K

families all ages, or age 11+

Sundays Dec 6-May 15 | 5:00-7:00pm
Rogers MS Gym Door A | Not meeting Mar 27

grades 9-12, adults

Wednesdays Dec 9-May 18 | 7:00-9:00pm
Rogers HS Gym Door I

Wednesday Dec 9-May 18 | 8:30-10:00pm
Zimmerman MS/HS Gym Door K

CE Athletics

Activities go beyond training, sports and fitness. Our core values help build character and integrity, encourage social interaction, and promote a positive physical self-image. CE Athletics offer opportunities for cooperation, teamwork and setting personal and group-focused goals.

Track | grades 6-8

This sport offers something for everyone. You can race, hurdle, jump or throw for the team. Check out this competitive program and find the perfect event for you. Schedule includes up to 3 meets per season, with transportation to away meets provided. Meets will be held weather permitting; makeup meets may or may not be scheduled.

Mon-Thu Apr 18-May 19 | 3:15-5:00pm | 20 sessions | \$125
Rogers MS Gym Door A | #3008-1P

Mon-Thu Apr 18-May 19 | 3:15-5:00pm | 20 sessions | \$125
Salk MS Gym Door U | #3008-3P

Mon-Thu Apr 18-May 19 | 3:15-5:00pm | 20 sessions | \$125
VandenBerge MS Gym Door N | #3008-2P

Intro to Swim Team | grades 6-8

Are you like a fish in water? Want to find out what it takes to be part of the high school swim team? Get great workouts that will prepare you to become competitive. All middle school students welcome; you must provide your own transportation.

Mon/Tue/Thu Mar 7-Mar 15 | 3:15-5:00pm | 5 sessions | \$55
VandenBerge MS Pool Door M | #1900-3W



*Have you ever thought about joining the swim team?
Here's your chance to see what it is all about.*

YOUTH CE ATHLETICS

Karate | age 4-12

Karate is a great way for students to increase their sense of responsibility, decrease a willingness to take foolish risks and build higher self-esteem. Choose martial arts to supplement your child's education and see how they benefit.

age 4-6

Tue/Thu Jan 26-Feb 11 | 6:25-6:55pm | 6 sessions | \$39
Lincoln Elem Music Rm Door 2 | PKS | #2662-1W

Tue/Thu Mar 1-22 | 6:25-6:55pm | 6 sessions | \$39
Lincoln Elem Music Rm Door 2 | PKS | Not meeting Mar 10 | #2662-3W

age 7-12

Tue/Thu Jan 26-Feb 11 | 7:00-7:45pm | 6 sessions | \$49
Lincoln Elem Music Rm Door 2 | PKS | #2662-2W

Tue/Thu Mar 1-22 | 7:00-7:45pm | 6 sessions | \$49
Lincoln Elem Music Rm Door 2 | PKS | Not meeting Mar 10 | #2662-4W

NEW! Mindful Movement | grades 4-8

Explore movement in a fun, safe and playful way. Learn to move and control your body, breathe better, use energy effectively, quiet your mind and care about yourself. Games and activities are yoga-based.

Mondays Jan 25-Feb 22 | 5:15-6:00pm | 5 sessions | \$35
Handke Center Rm 209 Door 5 | #4032-1W

Rentals – Parties and Celebrations

Use space at our schools for an ultimate party or celebration experience! Choose from themes including Party in the Pool, Princess or Superhero, Artistic Masterpieces, Jumpin' Gym Time or your own idea. Cost is \$135 with Bounce House available for additional fee. We provide the facility and staff and you bring the food, utensils and decorations.

To sign up, complete the Party Request Form on our website at www.elkriver.k12.mn.us/PartyRentals. All requests must be submitted at least three weeks prior to party date. Availability based on space and staff availability. Party packages are for 2 hours. *No latex balloons allowed.*

Questions? Call Community Education at 763-241-3520.



Fencing can be a lifelong, rewarding recreational or competitive sport.

Fencing | age 6+

Fencing is a fun hobby and challenging sport. This program, from MN Sword Play, will introduce you to the fundamentals of fencing with an emphasis on skills such as building concentration and self-discipline through activities that are developmentally appropriate. Equipment provided.

age 6-10

Wednesdays Mar 30-May 4 | 6:15-7:15pm | 6 sessions | \$99
VandenBerge MS Gym Door N | MN Sword Play | #3267-1W

age 11+

Wednesdays Mar 30-May 4 | 6:15-7:15pm | 6 sessions | \$99
VandenBerge MS Gym Door N | MN Sword Play | #3267-2W

NEW! Self Defense | age 4-12 w/parent

This course is designed to make you aware, prepared, and ready for any situation that may occur in your everyday life on any given day. Train with staff from Professional Karate Studio of Elk River.

Tue/Thu Jan 26-Feb 11 | 5:45-6:15pm | 6 sessions | \$45/pair
Lincoln Elem Music Rm Door 2 | PKS Staff | #2665-1W

Tue/Thu Mar 1-22 | 5:45-6:15pm | 6 sessions | \$45/pair
Lincoln Elem Music Rm Door 2 | PKS Staff | Not meeting Mar 10
#2665-2W

Jump Rope Jammers | grades 3-5

Jump into fun! Learn beginning, intermediate and advanced rope-jumping skills for singles and partners, as well as long ropes and Double Dutch. Then show off your skills during a varsity basketball game on Thursday Feb 18, 7:00pm at Elk River High School.

Tue/Fri Jan 5-Feb 16 | 8:00-9:00am | 12 sessions | \$35
Meadowvale Elem Gym Door 7 | #2652-1W

Ski/Snowboard Club | grades 6-9

Join your friends on the slopes of Powder Ridge. This club is great for skiing or snowboarding enthusiasts. Choose either three or six days; program allows for one make-up day. If you attend each of your scheduled days, the make-up day becomes a bonus. Bring bag dinner from home or money for concessions. Equipment rentals are an additional fee. No re-entry into the school upon return. Not meeting Dec 28, Jan 18.

3-Day Option

\$159/Lift Ticket Only
 \$205/Lift Ticket & Ski Rental; \$215/Lift Ticket, Ski Rental & Helmet Rental; \$220/Lift Ticket, Ski Rental, Helmet Rental & 3 Lessons
 \$210/Lift Ticket & Snowboard Rental; \$219/Lift Ticket, Snowboard Rental & Helmet Rental, \$225/Lift Ticket, Snowboard Rental, Helmet Rental & 3 Lessons

Mondays Jan 11-Feb 8 | 2:30-10:15pm | 4 sessions
 Zimmerman MS/HS Cafetorium Door A | #3250-1W

Mondays Jan 11-Feb 8 | 3:00-9:30pm | 4 sessions
 Salk MS Cafeteria Door T | #3250-2W
 Salk MS students will return to VandenBerge MS

Mondays Jan 11-Feb 8 | 3:20-9:30pm | 4 sessions
 VandenBerge MS Cafeteria Door N | #3250-3W

Mondays Jan 11-Feb 8 | 3:00-9:30pm | 4 sessions
 Rogers MS Cafetorium Door A | #3250-5W

Mondays Jan 11-Feb 8 | 3:40-9:30pm | 4 sessions
 Spectrum Charter School Cafeteria | #3250-4W
 Spectrum students will return to VandenBerge MS

6-Day Option

\$250/Lift Ticket Only
 \$328/Lift Ticket & Ski Rental; \$349/Lift Ticket, Ski Rental & Helmet Rental; \$358/Lift Ticket, Ski Rental, Helmet Rental and 3 Lessons
 \$330/Lift Ticket & Snowboard Rental; \$351/Lift Ticket, Snowboard Rental & Helmet Rental; \$360/Lift Ticket, Snowboard Rental, Helmet Rental & 3 Lessons

Mondays Dec 14-Feb 8 | 2:30-10:15pm | 7 sessions
 Zimmerman MS/HS Cafetorium Door A | #3250-1F

Mondays Dec 14-Feb 8 | 3:00-9:30pm | 7 sessions
 Salk MS Cafeteria Door T | #3250-2F
 Salk MS students will return to VandenBerge MS

Mondays Dec 14-Feb 8 | 3:20-9:30pm | 7 sessions
 VandenBerge MS Cafeteria Door N | #3250-3F

Mondays Dec 14-Feb 8 | 3:00-9:30pm | 7 sessions
 Rogers MS Cafetorium Door A | #3250-5F

Mondays Jan 11-Feb 8 | 3:40-9:30pm | 7 sessions
 Spectrum Charter School Bus Lot | #3250-4F
 Spectrum students will return to VandenBerge MS

NEW! Ski/Snowboard Trip - Trollhaugen grades 6-12

Haven't had time to get out on the hills? This is your chance! Join your friends or make new ones while hitting the slopes of Trollhaugen. Bring a lunch or money for food.

\$69 Lift Ticket Only; \$89/Lift Ticket, Equipment & Helmet Rental

Monday Feb 15 | 8:00am-6:30pm | 1 session
 Zimmerman MS/HS Bus Lot | #6339-1W

Monday Feb 15 | 8:45am-6:00pm | 1 session
 VandenBerge MS Bus Lot | #6339-2W

Monday Feb 15 | 9:30am-5:30pm | 1 session
 Rogers MS Bus Lot | #6339-3W



HS Ski/Snowboard Club | grades 9-12

Spend Friday nights with your friends and enjoy a winter playground at Wild Mountain with its mix of terrain for all levels, novice to expert. Choose the package that suits your needs.

\$195 Lift Ticket Only; \$295 Lift Ticket & Ski Rental; \$315/Lift Ticket, Ski & Helmet Rental; \$305 Lift Ticket & Snowboard Rental; \$325/Lift Ticket, Snowboard & Helmet Rental

Fridays Jan 29-Feb 26 | 2:45-11:30pm | 5 sessions
 Rogers HS Cafeteria Door I | #3251-1W

Fridays Jan 29-Feb 26 | 3:00-11:00pm | 5 sessions
 Elk River HS Commons Door A | #3251-2W

Fridays Jan 29-Feb 26 | 3:30-10:30pm | 5 sessions
 Zimmerman MS/HS Cafetorium Door A | #3251-3W

YOUTH HIGH SCHOOL



We have classes that can help with finding the right college for you, getting accepted and paying for college.

NEW! The College Search: How to Find YOUR College Fit | grades 10-12

There are 4,495 colleges, universities and junior colleges in the U.S. Which one is the best fit for you? Learn how to make your college search personal and intentional, including how to get the best help from your high school counselor, how to talk to a college admissions representative and how/when to hire an independent education consultant. You'll walk away more confident in your search for the college that is right for YOU!

Monday Feb 29 | 6:30-8:30pm | 1 session
\$25 Individual/\$35 Family (max 4)
Elk River HS Rm 105 Door A | Ostroot | #3620-1W

NEW! Match, Fit, Play: The College Search for Athletes | grades 9-12

Do you want to play college sports? This informative class helps athletes take charge of the recruiting process and their own specialized college search. It will highlight specific considerations in the college search process important to athletes. Topics covered include how recruiters operate, how to get scouted, putting your best foot forward in the recruiting process, recruiting rules, athletic scholarship myths and reality, and how/where to get help without making yourself ineligible. Important information for any high school student wanting to play college sports!

Tuesday Mar 8 | 6:30-8:30pm | 1 session
\$25 Individual/\$35 Family (max 4)
Elk River HS Rm 105 Door A | Ostroot | #3630-1W

ZAP the ACT | grades 11-12

ACT test scores are used in college admissions and scholarship decisions. In this workshop, students will learn strategies for improving in all four subtests, take shortened practice tests and get suggestions for individualized study. Seminars are designed to help students do their personal best on the ACT. From past experience, students who take this workshop score higher on the ACT. A study guide and practice test are included. Students should bring a calculator and two pencils.

Wed/Thu Mar 30 & Mar 31 | 3:00-5:30pm | 2 sessions | \$89
Elk River HS Rm 105 Door A | Doorway to College Instructor #3590-1P

Wed/Thu Mar 30 & 31 | 6:30-9:00pm | 2 sessions | \$89
Zimmerman HS Media Door A | Doorway to College Instructor #3590-2P

Wed/Thu Apr 6 & 7 | 6:30-9:00pm | 2 sessions | \$89
Rogers HS Media Door I | Doorway to College Instructor | #3590-3P

How to Get into College and Pay for it Without Going Broke

College is one of the largest investments your family will make. Understand mistakes that result in poor academic and financial decisions that cost thousands of dollars. Learn what college actually costs and how to reduce your costs. Class will cover how to prevent mistakes when selecting a college, college aid myths, the FAFSA and how to get grants directly from schools.

Monday Apr 25 | 6:30-8:30pm | 1 session
\$20 Individual/\$5 each Additional Family Member
Elk River HS Media Door A | Benanav | #3610-1P

Tuesday Apr 26 | 6:30-8:30pm | 1 session
\$20 Individual/\$5 each Additional Family Member
Rogers HS Media Rm Door I | Benanav | #3610-2P

Lap Swim | grades 9-12 and adults

Get a great workout at the pool without having to pay membership fees. Check out the new lap swim schedule which offers more workout opportunities.

Pay at the door: \$5/day; \$45 for 10-day pass
VandenBerge MS Pool Door M

Sundays Dec 6-Mar 13 | 7:30-9:00pm
Not meeting Dec 27

Wed/Fri Dec 9-Mar 18 | 5:45-7:00am
Not meeting Dec 30

Tue/Thu Dec 15-Jan 14 | 6:00-8:15pm
Not meeting Dec 24, 29, 31, Jan 5

Driver's Education

Do you want to gain your driver's permit and learn to drive? You'll be on your way when you complete the 30 hours of classroom instruction required to operate a vehicle in Minnesota in our interactive, engaging classroom. Once you have your permit, schedule Behind the Wheel training from our experienced, state-certified instructors. Flexible registration and pricing allows you to pick the package that is right for you; select the complete training package, classroom instruction only, or Behind the Wheel training only. State law requires students to be registered for Behind the Wheel before they can take the permit test. To be fully registered for Behind the Wheel, full payment must be received by the last classroom day. Students must be 15 years old by the last day of class. PARENTS: Important information will be sent home with students at the first class regarding the Parent Class and Behind the Wheel scheduling. Also, watch your email for additional Parent Class information. If planning to attend a Parent Class, you must RSVP by contacting Community Education at (763) 241-3520.

Complete Training Package: \$339 Payment plan available: \$139 due at registration, \$200 by last class

Classroom instruction only: \$100

Behind-the-Wheel training only: \$280

Call 763-241-3520 to register for Classroom or Behind the Wheel instruction only.

Tue/Thu Jan 19-Feb 18 | 6:00-9:00pm | 10 sessions
Rogers HS Rm B103 Door I | #3895-1W

Mon-Thu Feb 8-24 | 3:00-6:00pm | 10 sessions
Zimmerman HS Rm 934 Door A | Not meeting Feb 15 | #3895-2W

Mon-Fri Mar 2-Mar 17 | 2:30-5:30pm | 10 sessions
Elk River HS Rm 105 Door A | Not meeting Mar 10,15 | #3895-3W

Mon-Thu Apr 4-19 | 3:00-6:00pm | 10 sessions
Rogers HS Rm B103 Door I | #3895-1P

Tue/Thu Apr 5-May 5 | 6:00-9:00pm | 10 sessions
Elk River HS Rm 105 Door A | #3895-2P

Mon-Thu Apr 25-May 10 | 2:30-5:30pm | 10 sessions
Elk River HS Rm 105 Door A | #3895-3P

*Did you know...
High school students are able to
register for adult classes if space
permits, including online courses?*



Take Driver's Education classes from licensed ISD 728 teachers. Convenient locations in Elk River, Rogers and Zimmerman schools. Free parent classes included!

Effective January 1, 2015, drivers under the age of 18 who complete Behind-the-Wheel instruction and are testing for a provisional drivers's license **MUST SUBMIT A DRIVING LOG**. Parents/guardians have two options regarding the supervised driving log:

Complete a supplemental parent class provided by a driver education program approved in Minnesota, and submit a supervised driving log showing their teen has completed at least 40 hours of supervised driving, 15 of which are nighttime hours;

OR

If the parent/guardian chooses not to complete the supplemental parent class, the driving log must show that their teen has completed at least 50 hours of supervised driving, 15 of which are nighttime hours.

CAREER EXPLORATION FAIR

SATURDAY, FEBRUARY 27

10 a.m - 1 p.m.

Handke Center - 1170 Main St., Elk River, MN

FREE admission | food | prizes

Pre-register and attend for a chance to win a great prize. Course # 6356-1W

EXPLORE CAREER OPTIONS!

ROGERS RECREATION AFTER SCHOOL SPORTS



Playing sports is a great way to make new friends as you work together, build trust and share a common interest.

After School - Baseball | grades K-5

Everyone will have a great time learning and improving basic baseball/softball skills. Using drills, skill challenges and mini games, your young athlete will enjoy working hard.

grades K-2

Mondays Jan 4-Feb 8 | 4:00-5:15pm | 5 sessions | \$19
Hassan Elem Gym Door 1 | Not meeting Jan 18 | #2671-3W

Tuesdays Mar 29-Apr 26 | 4:00-5:15pm | 5 sessions | \$19
Rogers Elem Gym Door 3 | #2679-1P

grades 3-5

Wednesdays Jan 6-Feb 3 | 4:00-5:15pm | 5 sessions | \$19
Hassan Elem Gym Door 1 | #2671-4W

Thursdays Mar 31-Apr 28 | 4:00-5:15pm | 5 sessions | \$19
Rogers Elem Gym Door 3 | #2679-2P

After School - Floor Hockey | grades K-5

Minnesota's favorite winter sport - indoors! Come play with us! You'll learn the basics of the game and have a blast with your friends.

grades K-2

Tuesdays Jan 5-Feb 2 | 4:00-5:15pm | 5 sessions | \$19
Rogers Elem Gym Door 3 | #2672-3W

grades 3-5

Thursdays Jan 7-Feb 4 | 4:00-5:15pm | 5 sessions | \$19
Rogers Elem Gym Door 3 | #2672-4W

After School - Tennis | grades K-5

We'll have the nets set up inside so you can hone your tennis skills before summer. This is an engaging physical activity for beginners.

grades K-2

Wednesdays Mar 30-Apr 27 | 4:00-5:15pm | 5 sessions | \$19
Hassan Elem Gym Door 1 | #2678-1P

grades 3-5

Mondays Apr 4-May 2 | 4:00-5:15pm | 5 sessions | \$19
Hassan Elem Gym Door 1 | #2678-2P

After School - Track and Field | grades K-5

With all the different activities in Track and Field, there is sure to be something you will enjoy. Everyone will run, jump, throw and leap. The program will end with a *Just For Fun* track meet May 21, location TBD.

Mon/Wed May 9-18 | 4:00-5:15pm | 5 sessions | \$19
Hassan Elem Gym Door 1 | #2670-1P

Tue/Thu May 10-May 19 | 4:00-5:15pm | 5 sessions | \$19
Rogers Elem Gym Door 3 | #2670-2P

After School - Volleyball | grades K-5

Volleyball is a fun, year-round sport for boys and girls. Students will work on volleyball fundamentals while playing mini-games and participating in fun drills and scrimmages. Wear comfortable clothing and gym shoes.

grades K-2

Tuesdays Feb 9-Mar 8 | 4:00-5:15pm | 5 sessions | \$19
Rogers Elem Gym Door 3 | #2673-1W

Wednesdays Feb 10-Mar 16 | 4:00-5:15pm | 5 sessions | \$19
Hassan Elem Gym Door 1 | Not meeting Mar 9 | #2673-2W

grades 3-5

Thursdays Feb 11-Mar 17 | 4:00-5:15pm | 5 sessions | \$19
Rogers Elem Gym Door 3 | Not meeting Mar 10 | #2673-3W

Mondays Feb 22-Mar 21 | 4:00-5:15pm | 5 sessions | \$19
Hassan Elem Gym Door 1 | #2673-4W

For the safety of participants, we reserve the right to ask parents/spectators to wait in the hallway during class. This may be due to the nature of the activity or due to the space for the number of participants. If the class is listed as a Parent/Child class, parents are required to participate.



ROGERS RECREATION YOUTH

Basketball | age 5-10

Take your game to the gym and work on developing your skills. You'll learn and review basketball skills through fun games and interactive drills. Not meeting Mar 26.

Beginner, age 5-7

Saturdays Mar 5-Apr 9 | 9:15-10:00am | 5 sessions | \$29
Hassan Elem Gym Door 1 | #4031-1W

Intermediate, age 7-10

Saturdays Mar 5-Apr 9 | 10:10-10:55am | 5 sessions | \$29
Hassan Elem Gym Door 1 | #4031-2W

NEW! Amazing Athletes | age 3-6

Use the movements of sports to help children meet, master and exceed their motor development milestones. By allowing children to build skills at their own comfortable pace, they become accustomed to sports and fitness in a way that will benefit them throughout adolescence and stick with them into adulthood. Sports include basketball, baseball, golf, hockey, lacrosse, tennis, football, soccer and volleyball.

age 3-4

Mondays Jan 11-Feb 8 | 5:30-6:05pm | 5 sessions | \$49
Hassan Elem Gym Door 1 | Burley | #4251-1W

Tuesdays Feb 23-Mar 29 | 5:30-6:05pm | 5 sessions | \$49
Rogers Elem Gym Door 1 | Burley | Not meeting Mar 1 | #4251-3W

age 4-6

Mondays Jan 11-Feb 8 | 6:15-6:50pm | 5 sessions | \$49
Hassan Elem Gym Door 1 | Burley | #4251-2W

Tuesdays Feb 23-Mar 29 | 6:15-6:50pm | 5 sessions | \$49
Rogers Elem Gym Door 1 | Burley | Not meeting Mar 1 | #4251-4W



Providing opportunities for children to be active at a young age puts them on a path to better physical and mental health.

NEW! Dodgeball Tournament | grades 3-6

Dodgeball is a favorite game of many elementary and middle school students. This tournament will be a fun way to get some activity in while strategizing and having the chance to meet others who enjoy playing. Teams will be created the day of the event with the schedule based on the number of registrations.

Sunday Feb 21 | 2:00-4:00pm | 1 session | \$15
Hassan Elem Gym Door 1 | #4025-1W

Floor Hockey | age 5-10

Hockey is a Minnesota favorite. This is your chance to learn basic skills without the challenge of ice underfoot. Learn stick-handling, passing and shooting. Mini-games will be used to enhance skill-building and make the program a fun learning experience. For safety reasons, spectators will only be allowed in the gym during the scrimmage portion of the class.

age 5-7

Thursdays Mar 17-Apr 14 | 5:45-6:30pm | 5 sessions | \$29
Rogers Elem Gym Door 1 | #4355-1W

age 7-10

Thursdays Mar 17-Apr 14 | 6:40-7:25pm | 5 sessions | \$29
Rogers Elem Gym Door 1 | #4355-2W

NEW! Groove | age 4-10

It's not about moving the right way, it's just about moving. This high-energy class will get kids moving to the beat and wiggling to the rhythm. Music and movement-focused activities are a great way for kids to be creative and learn how to enjoy exercise. Not meeting Mar 11.

age 4-6

Fridays Feb 12-Mar 18 | 4:15-5:00pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | #4252-1W

age 7-10

Fridays Feb 12-Mar 18 | 5:05-5:50pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | #4252-2W

LIKE US

— on —



FOLLOW US

— on —



ROGERS RECREATION YOUTH

Kids in Motion | age 2-6

Let's move! It's recommended that all kids move at least 60 minutes each day. The activities in this class will help make that task fun for all participating! Incorporating music, movement, games and challenges, your child won't want to leave. Not meeting Feb 29.

age 2-3 w/parent

Mondays Feb 15-Mar 21 | 6:15-7:00pm | 5 sessions | \$29
Hassan Elem Cafeteria Door 1 | #4254-1W

age 4-6

Mondays Feb 15-Mar 21 | 7:05-7:50pm | 5 sessions | \$29
Hassan Elem Cafeteria Door 1 | #4254-2W

Tumbling and Movement | age 2-6

This fun and instructional program allows you and your toddler to interact in an active environment. With the assistance of the instructor and you, your toddler or preschooler will learn listening skills, coordination and cooperation with peers. Basic positions may be introduced.

age 2-3 w/parent

Saturdays Jan 9-Feb 13 | 9:55-10:25am | 5 sessions | \$29
Rogers Elem Cafeteria Door 1 | Not meeting Feb 6 | #4200-1W

Thursdays Feb 4-Mar 3 | 5:45-6:15pm | 5 sessions | \$29
Rogers Elem Gym Door 1 | #4200-4W

age 4-6

Saturdays Jan 9-Feb 13 | 10:30-11:00am | 5 sessions | \$29
Rogers Elem Cafeteria Door 1 | Not meeting Feb 6 | #4200-2W

Thursdays Feb 4-Mar 3 | 6:25-6:55pm | 5 sessions | \$29
Rogers Elem Gym Door 1 | #4200-5W

REMINDER...

THE DECISION ON WHETHER A CLASS WILL RUN IS
MADE 3-5 DAYS BEFORE THE CLASS START DATE.



REGISTER EARLY

TO INSURE WE DON'T CANCEL A CLASS
YOU ARE HOPING TO TAKE.



Gymnastics provides the proper athletic foundations for all types of sporting endeavors.

Gymnastics and Movement | age 7-10

Children will love this program whether they want to learn basic gymnastics skills or are ready to enhance the skills they already have. Students will work on basic tumbling and flexibility in a safe manner. Added benefits are improved listening skills, coordination and cooperation with peers.

Saturdays Jan 9-Feb 13 | 9:00-9:45am | 5 sessions | \$35
Rogers Elem Cafeteria Door 1 | Not meeting Feb 6 | #4200-3W

Thursdays Feb 4-Mar 3 | 7:00-7:45pm | 5 sessions | \$35
Rogers Elem Gym Door 1 | #4200-6W

Indoor Tennis | age 5-10

It might be cold outside, but we'll have the nets up inside so you can hone your tennis skills in this engaging physical activity for novice to intermediate players.

Beginner, age 5-7

Saturdays Feb 20-Mar 19 | 9:15-10:05am | 5 sessions | \$29
Rogers Elem Cafeteria Door 1 | #4030-1W

Wednesdays Mar 2-30 | 6:00-6:45pm | 5 sessions | \$29
Rogers MS Gym A Door A | #4030-3W

Intermediate, age 7-10

Saturdays Feb 20-Mar 19 | 10:15-11:05am | 5 sessions | \$29
Rogers Elem Cafeteria Door 1 | #4030-2W

Wednesdays Mar 2-30 | 7:00-7:45pm | 5 sessions | \$29
Rogers MS Gym A Door A | #4030-4W

ROGERS RECREATION YOUTH

NEW! Intro to Pickle Ball | grades 1-5



Ever heard of Pickle Ball? This game is a favorite no matter where you go. Whether you've played before or not, come check it out. Learn to play by the rules and have fun with others. The end of the session will conclude with a mini-tournament.

Tuesdays Mar 22-Apr 19 | 5:00-6:00pm | 5 sessions | \$29
Rogers MS Gym A Door A | #4030-8W

Soccer | age 4-10

Kick the ball around and learn the basic skills for this popular sport! Kick, pass and shoot during practice, then play mini-games to get ready for playing a group scrimmage. Not meeting Feb 29.

age 4-6

Mondays Feb 15-Mar 21 | 5:45-6:30pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | #4015-1W

age 7-10

Mondays Feb 15-Mar 21 | 6:40-7:25pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | #4015-2W

Volleyball Beginners | age 4-6

Volleyball is a fun, year-round sport for boys and girls. Students will work on volleyball fundamentals while playing mini-games and participating in fun drills and scrimmages.

Wednesdays Jan 27-Feb 24 | 5:45-6:30pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | #4050-1W

Volleyball Intermediate | age 7-10

You've got the basics down, but now it's time to refine your skills. Spend time practicing, improving and learning new techniques to make your game better than ever, while having fun in a developmental fitness program.

Wednesdays Jan 27-Feb 24 | 6:40-7:25pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | #4050-2W

We **guarantee your satisfaction** with our courses and activities. If you are not satisfied with your experience, please contact the Community Education office at 763-241-3520, or the Early Childhood Family Education office at 763-241-3524.

NEW! Vroom Vroom | age 2-6

What child wouldn't love to have the chance to get on their bike, trike or Big Wheel in the winter months? We've got space reserved; so bring your kids and their favorite ride-on toy for some great exercise and to play with friends! Each week there is something new: games, obstacles or just space to roll on! Bring your own ride-on toy. Not meeting Feb 6.

Saturdays Jan 9-Feb 13 | 11:15am-12:30pm | 5 sessions | \$29
Rogers Elem Cafeteria Door 1 | #4034-1W

*Kids Arts and Crafts Day | age 6-10

Let your child express themselves through arts and crafts. Do up to three different projects. Register at www.rogersmn.gov/rec-programs; registration closes Jan 20.

Sunday Jan 31 | 1:30-3:30pm | 1 session | \$10
Rogers Activity Center/Ice Arena



@ROGERSMSSTUFF2DO

Rogers MS Stuff 2 Do | grades 6-8

Rogers Middle School students are invited to stay after school on select days to participate in fun activities, crafts and games. Check them out!

Holiday Party

Tuesday Dec 15 | 3:15-5:00pm | 1 session | \$9
Rogers MS Cafeteria Door A | #4035-7F

TRY THIS...

NEW! Winter Fun Festival | all ages

Spend Saturday afternoon with family and friends at the Winter Fun Festival. Your child can challenge themselves to gym and carnival games, enter a coloring contest, sing karaoke, jump in the bounce house and make crafts. Come early so you have time to try it all. Pre-register or pay at door. Those who pre-register will receive an all-access pass to all games and activities, plus an additional gift. All-access can be obtained at the door for \$6 or you can pay as you go (25¢-\$1 per activity).

Saturday Feb 6 | 3:00-5:00pm | 1 session | \$5
Rogers Elem Cafeteria Door 1 | #4906-1W

ROGERS RECREATION

LEARN-TO-SKATE



Gloves, jacket and helmet are required for beginner classes and recommended for everyone.

*Learn-to-Skate | age 3-adult

We offer a wide variety of skating levels for all ages, including beginner and novice skating, USA Hockey skills and our newest offering--Intro to Figure Skating. Each program is designed and structured using USFSA and USA Hockey basic skill techniques. This program prepares you to move on to other levels of skating including prep hockey, figure skating, or just recreational fun. Register using MasterCard/Visa/Discover/American Express through ISD 728 Community Education website at www.728communityed.com, or by phone at 763-241-3520. Registration deadline for all classes is one week prior to start of class. Unfortunately, no pro-rating of fee for missed classes and no refunds once session starts, except for extenuating circumstances.

All classes are taught by sanctioned instructors over the course of six weeks and are held at the Rogers Activity Center. Rental skates are available for \$2/pair weekly, and helmets are available for \$1. Helmets are required for ages 3-6 and hockey classes and are recommended for all new skaters. No double-blade skates allowed, nor are parents allowed on ice during lesson times. Exceptions must be approved by skate director.

It is common for children to repeat a level before advancing to the next level. Attendance is important to learn new skills that build on previous classes. Please arrive 20 minutes early the first day of class to pick up name badge and general information. Your child will be assessed the first week to ensure they are in the correct class and will be moved appropriately. Visit www.rogersmn.gov/recreation or call 763-428-0975 for complete details or questions. Please check skates to ensure sharp edges as this will make it easier to skate; skate sharpening available at the arena.

Beginner Snowplow Sam Program | age 3-5

This level is for new skaters who have rarely or never been on skates. It is designed to help the pre-school skater develop preliminary coordination and strength necessary to move on ice. Gloves/jacket/warm pants and a bike or hockey helmet are required.

- **Snowplow Sam 1:** Designed for skaters with no experience; introduces how to stand, sit, fall and get up on and off the ice, marching, dipping and beginning glides.
- **Snowplow Sam 2:** For skaters able to move along ice, dipping and gliding. Builds on backward wiggles and forward two-foot swizzles.
- **Snowplow Sam 3:** Skater should be able to move freely on skates with steadiness. Program focuses on pushing and balance while moving forward and backward in swizzles, glides, snowplow stops with skid action.

Basic Skills Program | age 6+

This program is designed into carefully planned levels to progress the skater from basic to advanced ice skating skills. Levels 1-3 are great for all beginning/novice skaters. Beyond level 3, focus is on figure skating techniques and use of toe pick. Gloves/jacket and a helmet are required for beginner classes and recommended for everyone.

- **Basic 1:** Designed for new skaters with little or no skating experience; covers basic balance and movement through marching, swizzles, wiggles, glides, and snowplow stops.
- **Basic 2:** For beginner skaters with some skating experience; focuses on glides, backward skating, two-foot turns from front to back and moving stops.
- **Basic 3:** Designed for skaters who have basic experience being on skates. Students will learn basic fundamental moves through a series of progression--forward/backward skating, stops, edges, crossovers and more.

Visit <http://rogersmn.gov/rec-programs/1469-learn-to-skate> or call 763-428-0795 for complete details or questions regarding our skating programs.

Snowplow Sam and beginning Basic classes include 30 minutes of instruction (on and off ice time); helmets, warm pants and gloves required.

Hockey classes include 45 minutes of instruction and 15 minutes of free-time.

Hockey program focuses on skating and introduces sticks; helmet, shin pads, hockey gloves and stick required; other protective gear is recommended.

ROGERS RECREATION

LEARN-TO-SKATE

Intro to Figure Skating | age 6+

- **Basic 4+:** Designed for experienced skaters who wish to continue in figure skating techniques. Skill sets include forward/backward glides, stroking, two-foot turns and spins, edges, crossovers and more. Must have passed Basic 3.

These upper class levels have limited availability. Please inquire for alternate options if unavailable or cancelled.

Hockey Prep Basics | age 4+

This program uses guidelines of USFSA and USA Hockey learn-to-skate techniques. The Hockey Prep classes are for the beginner to the slightly-advanced skater and teach the basic skating skills needed to play hockey. They focus on skating and introduce sticks and pucks; sticks will be introduced by the third week, pending abilities. Helmets, shin guards, hockey gloves and stick are required; other protective gear is recommended. Instructors will group the skaters based on ability at the first class. This program allows for flexibility to deviate from skill-sets to focus on skills needed by ability of skaters. Class is 60 minutes and uses stations or small groups based on the number of skaters and abilities, with some free time.

Hockey Prep Jr. | age 4-6

Designed for beginner skaters who want to play hockey but have little skating ability, yet are able to stand and march on skates. If child cannot balance and march on skates, it is recommended that they enroll in one of the Snowplow Sam classes prior to participating in Hockey Prep Jr. Skaters younger than 6 can participate in other prep levels providing they have the ability to keep up with the class.

Hockey Prep Basic | age 7+

Beginner level: Covers the basic beginning format of skating including stance, quick get up from falls, forward skating, dips, snowplow stop, scooter/T-pushes and proper stick holding.
Advanced beginner: Focuses on glide turns, proper way to hold stick, backward skating, stopping and some stick-puck handling.
Advanced skaters: For skaters ready for crossovers and other more challenging skills such as quick stop and starts, crossovers, c-cuts, one-foot pushes and glides on circles, mohawks, hockey stop, and stick-puck handling drills. Great class for those who have played before, but need to work on their skating skills.

Learn-to-Skate Winter Session I

Saturdays Jan 23-Mar 12 | No class Feb 6, Mar 5 | 6 sessions

#4980-1W | Snowplow Sam 1 | 8:45-9:15am | \$69
#4980-1Wa | Snowplow Sam 1 | 9:45-10:15am | \$69
#4981-1W | Snowplow Sam 2 | 9:15-9:45am | \$69
#4982-1W | Snowplow Sam 3 | 9:15-9:45am | \$69
#4983-1W | Basic 1 | 8:45-9:15am | \$69
#4984-1W | Basic 2 | 9:15-9:45am | \$69
#4985-1W | Basic 3 | 9:15-9:45am | \$69
#4986-1W | Basic 4+ | 9:15-9:45am | \$69
#4994-1W | Hockey Prep Jr. Level 1 | 9:15-10:15am | \$89
#4994-1Wa | Hockey Prep Jr. Level 2 | 9:15-10:15am | \$89
#4995-1W | Hockey Prep Beginner 1 | 9:15-10:15am | \$89
#4995-1Wa | Hockey Prep Beginner 2 | 9:15-10:15am | \$89
#4996-1W | Hockey Prep Advance 3 | 9:15-10:15am | \$89
#4996-1Wa | Hockey Prep Advance 4 | 9:15-10:15am | \$89

Learn-to-Skate Winter Session II

Saturdays Mar 19-May 7 | Not meeting Mar 26, Apr 16 | 6 sessions

#4980-2W | Snowplow Sam 1 | 8:45-9:15am | \$69
#4981-2W | Snowplow Sam 2 | 8:45-9:15am | \$69
#4982-2W | Snowplow Sam 3 | 9:15-9:45am | \$69
#4983-2W | Basic 1 | 8:45-9:15am | \$69
#4984-2W | Basic 2 | 9:15-9:45am | \$69
#4985-2W | Basic 3 | 9:15-9:45am | \$69
#4986-2W | Basic 4+ | 9:15-9:45am | \$69
#4995-2W | Hockey Prep Beginner 1 | 9:15-10:15am | \$89
#4995-2Wa | Hockey Prep Beginner 2 | 9:15-10:15am | \$89
#4996-2W | Hockey Prep Advance 3 | 9:15-10:15am | \$89
#4996-2Wa | Hockey Prep Advance 4 | 9:15-10:15am | \$89

Follow our Twitter Feed **@CE728ALERT**
or check online at **www.728communityed.com**
for possible inclement weather
cancellations of activities
or late return time from outings.



*These programs are brought to you directly by Rogers Parks and Recreation. Call 763-428-0975 for additional program information or online at <http://rogersmn.gov/rec-programs>

ROGERS RECREATION

ALL AGES

*Indoor Open Skate | all ages

Sundays Jan 3-May 8 | 4:00-5:30pm
Wednesdays Jan 6-May 11 | 11:30am-1:00pm & 6:00-7:15pm
Additional times will be added when school is out; check www.rac.rogersmn.gov for updates.

*Adult and Pond Hockey

For times, visit www.rac.rogersmn.gov; \$7/per skater or 10-punch card for \$50; Pond Hockey schedule updated weekly.

*Special Event Indoor Open Skate Days all ages

Breakaway Skate | Wednesday Jan 20 | 6:00-7:15pm
Wear a Breakaway hockey jersey and skate FREE

Valentine Skate | Sunday Feb 14 | 4:00-5:30pm
Wear red and white and skate FREE

Leprechaun Skate | Wednesday Mar 16 | 4:00-5:30pm
Wear ALL green and skate FREE

*Outdoor Ice

Neighborhood skating rinks will be open to the public mid-December (weather permitting). When the temperature drops to -20 degrees below zero with wind chill, the skating rinks will be closed. For more information, contact Rogers Activity Center at 763-428-1033.

Triangle Park (hockey and open skate rink)

21400 Rouillard Avenue Rogers
Warming House Regular Hours
Mon-Fri | 4:00pm-9:00pm
Saturdays | 10:00am-10:00pm
Sundays | 12:00pm-9:00pm

Warming House School/Holiday Vacation Hours

Mon-Fri | 10:00am-10:00pm
Saturdays | 10:00am-10:00pm
Sundays | 12:00pm-9:00pm
MLK Day | 10:00am-9:00pm
Presidents' Day | 10:00am-9:00pm

Rogers Activity Center | 21080 141st Avenue Rogers

- Use far back hallway of arena for ice entrance, warm-up and skate changing area.
- Opens 30 minutes after the building opens and ends 30 minutes prior to the last indoor ice resurfacing.
- Not available during scheduled practice times.
- Outdoor ice may not be open on game nights.



Need more ice time? Sign up now for Spring Breakaway Hockey League starting in mid-March.

*Spring Breakaway Hockey

League runs approximately mid-March through mid-May. More information is available online at www.RAC.RogersMN.gov, or contact Mike Bauer at 763-428-0974. Practice and home games are played at the Rogers Activity Center.

- Mini-Mite: Suggested for age 4-6; must be able to skate.
- Mighty Mite (lower): Suggested for age 6-7; typically for players with 1-2 years hockey experience.
- Super Mite (upper): Suggested for age 7-8; typically for players moving into last year of Mites with at least 2-3 years of hockey experience. Team registration highly recommended.
- Squirts: Typically for players age 8-10; this is a no checking and no slap shot level. Team registration highly recommended.

Never played before? Players are generally more comfortable playing at their own age level; however, the upper levels will have more hockey experience, so make sure your player is familiar with game rules and can skate well.



*These programs are brought to you directly by Rogers Parks and Recreation. Call 763-428-0975 for additional program information or online at <http://rogersmn.gov/rec-programs>

ROGERS RECREATION

ALL AGES

Adult Men's Basketball

Community Education, in partnership with Rogers Recreation, is offering an Adult Men's Winter Basketball League. This 10-week league is great for those who love the game and have a group ready to play. Referees will officiate the games in accordance with the Minnesota Sports Federation rules. Each team will have 9-10 games per season (depending on the number of teams registered).

Wednesdays Jan 13-Mar 16 | 7:00-9:30pm | 10 sessions
\$525/team
Rogers HS Gym Door I | #4140-1W

Co-Rec Adult Volleyball

This 10-week adult Co-Rec volleyball league is great for those who love the game and have a group ready to play. Referees will officiate the games in accordance with the Minnesota Sports Federation rules. Each team will have 9-10 games per season (depending on the number of teams registered).

Sundays Jan 17-Mar 20 | 7:00-10:00pm | 10 sessions | \$525/team
Rogers MS Gym Door A | #4240-1W

NEW! Intro to Pickle Ball for Adults

Ever heard of Pickle Ball? This game is a favorite no matter where you go. Whether you've played before or not, come check it out, learn to play and have fun with others. The end of the session will conclude with a mini-tournament.

Tuesdays Mar 22-Apr 19 | 6:15-7:15pm | 5 sessions | \$29
Rogers MS Gym Door A | #4030-9W

Open Gym | all ages

Open gym is a supervised recreation time for individuals to work on their skills in various sports, get a great workout and socialize with others who share an interest in athletics. No organized team practices allowed. Always check schedule before dropping students off at the school.

Pay at the door:

Adult \$5/day or \$40/10-day pass
Student \$4/day or \$30/10-day pass
Family \$12/day or \$79/10-day pass. Pay at the door.

families all ages, or age 11+

Sundays Dec 6-May 15 | 5:00-7:00pm
Rogers MS Gym Door A | Not meeting Mar 27

grades 9-12, adults

Wednesdays Dec 9-May 18 | 7:00-9:00pm
Rogers HS Gym Door I



*The Loft – a place for teens to HANG OUT grades 6-12

Join the fun at our teen program offered throughout the school year at the Rogers Activity Center. It's a fun place to hang out with friends every second Thursday of the month, September through May, and it's FREE! Bring money if you want to play the coin-operated video games and make purchases from the vending machines or concessions stand. Wi-Fi is available along with volunteer-led games and activities. Watch for further updates and details at www.rogersmn.gov/rec-programs, including our end-of-year party week in June.

Thursday Jan 14 | 3:00-5:00pm | Magic Class
Thursday Feb 11 | 3:00-5:00pm | American Ninja Warrior Games
Thursday Mar 10 | 3:00-5:00pm | ZOMBIE SURVIVAL

*Kids Arts and Crafts Day | age 6-10

Let your child express themselves through arts and crafts. Do up to three different projects. Register at www.rogersmn.gov/rec-programs; registration closes Jan 20.

Sunday Jan 31 | 1:30-3:30pm | 1 session | \$10
Rogers Activity Center/Ice Arena

*Arena Walking

Need a place to walk other than outdoors? Walk indoors at the ice arena; 8 times around equals a mile and it's FREE! The Rogers Activity Center is open Monday-Friday at 9:00am. Check our website for daily closings and weekend hours at www.rogersmn.gov/schedules. The arena is not open for walking during paid events such as tournaments or high school hockey games.

REGISTRATION

ONLINE

www.728communityed.com

Secure registration 24 hrs/day using Visa, MasterCard, Discover or AmEx.

IN PERSON, MAIL, DROP BOX

Handke Center
1170 Main St., Elk River 55330
There is a 24-hour drop box.

PHONE:

763.241.3520

FAX:

763.241.3521



COMMUNITY EDUCATION

Community Education Office Hours:

8:00am-4:30pm, Summer Hours

8:30am-5:00pm, Labor Day-Memorial Day

Phone: 763-241-3520

E-mail address: communityed@isd728.org

ECFE & DISCOVERY LEARNING

ECFE Office Hours:

8:00am-4:30pm, Year Round

Phone: 763-241-3524

E-mail address: ecfe@isd728.org

EARLY CHILDHOOD SCREENING

Phone: 763-241-3525

E-mail address: laura.orwoll@isd728.org

EDVENTURE CLUB

Phone: 763-241-3544

E-mail address: edventureclub@isd728.org

ADULT BASIC EDUCATION

Phone: 763-241-3400 x5525

E-mail address: pamela.moriarity@isd728.org



- **Make checks payable to:**
ISD 728 Community Education
- Participants must be the correct age and/or grade by the last day of class.
- Cancellations must be made at least 3 business days prior to activities. Refunds or credits cannot be given for forgotten classes.
- Some activities, supplies or tickets are not refundable.
- Adults are given priority for adult classes, unless specified. Ages 15-17 may be able to register if space permits.
- We take photographs which may be used in our marketing materials. Please notify us in writing if you do not wish to have photos in our publications.
- Fee assistance is available for most youth programs (except child care, outings, some private lessons, and Behind the Wheel Training).
- See special information on deposits and/or payment plans available for some ECFE activities in the ECFE section.
- **Weather Cancellations:**
For activity cancellations due to weather, follow our Twitter feed @CE728ALERT or visit our website at www.728communityed.com one hour before start time.

Full Name _____ Email Address _____ (H) Phone _____ (C)Phone _____ Home Address _____ City _____ Zip _____ If participant is a child: Birthdate _____ Age _____ Grade: _____ Parent Names _____ Emergency phone # & contact _____ Health concerns: _____ Class Information Class Title _____ Class # _____ Class Date/Time _____ Fee _____ Class Title _____ Class # _____ Class Date/Time _____ Fee _____ Payment <input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> MasterCard/VISA/Discover/AmEx Card # _____ - _____ - _____ Exp _____ Signature _____	Full Name _____ Email Address _____ (H) Phone _____ (C)Phone _____ Home Address _____ City _____ Zip _____ If participant is a child: Birthdate _____ Age _____ Grade: _____ Parent Names _____ Emergency phone # & contact _____ Health concerns: _____ Class Information Class Title _____ Class # _____ Class Date/Time _____ Fee _____ Class Title _____ Class # _____ Class Date/Time _____ Fee _____ Payment <input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> MasterCard/VISA/Discover/AmEx Card # _____ - _____ - _____ Exp _____ Signature _____
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FACILITY LOCATIONS



- 1 Community Education & ECFE**
The Handke Family Center
1170 Main St., Elk River
- 2 ECFE Rogers**
14020 Northdale Blvd, Rogers
- 3 Educational Technology Center**
1230 School Street, Elk River
- 4 Elk River Senior High School**
900 School St., Elk River
- 5 Hassan Elementary School**
14055 Orchid Ave., Hassan
- 6 ISD 728 District Office**
815 Highway 10, Elk River
- 7 Ivan Sand Community High School**
1232 NW School St., Elk River
- 8 Lincoln Elementary School**
600 School St., Elk River
- 9 Meadowvale Elementary School**
12701 Elk Lake Road, Elk River
- 10 North Community Park**
13750 Bittersweet Lane, Rogers
- 11 Otsego Elementary School**
8125 River Road NE, Otsego
- 12 Parker Elementary School**
500 School St., Elk River
- 13 Rogers Activity Center**
21080 141st Ave., Rogers
- 14 Rogers Elementary School**
12521 Main St., Rogers
- 15 Rogers Fire Hall/Community Room**
21201 Memorial Drive, Rogers
- 16 Rogers High School**
21000 141st Ave., Rogers
- 17 Rogers Middle School**
20855 141st Ave., Rogers
- 18 Salk Middle School**
11970 Highland Road, Elk River
- 19 Triangle Park**
21400 Rouillard Blvd., Rogers
- 20 Twin Lakes Elementary School**
10051 191st Avenue NW, Elk River
- 21 VandenBerge Middle School**
948 Proctor Road, Elk River
- 21 VandenBerge Pool**
948 Proctor Road, Elk River
- 22 Westwood Elementary**
13651 Fourth Ave. S., Zimmerman
- 23 Zimmerman Elementary School**
25959 4th St.W., Zimmerman
- 24 Zimmerman Middle/High School**
25900 4th St.W., Zimmerman



DISTRICT 728
Community Education

Celebrating 40 years of lifelong learning.

ISD 728 Community Education
1170 Main Street
Elk River, MN 55330

REGISTER ONLINE

www.728communityed.com

LIKE US ON FACEBOOK

728CEadult • 728CEyouth
728ECFE • CommunityEd.HOPE

JOIN OUR MAILING LIST

www.728communityed.com

TWEET ON TWITTER

ECFE728 & Communityed728



the
Handke Center

FREE is turning

**food
FUN**
and
REFRESHMENTS

85!

We are on the HUNT for Handke photos!
Did you or a loved one attend school at the Handke Center? Bring in your photos by **Jan. 6** & see them displayed at the celebration.

On January 12, 1931, the Handke Center, formerly Elk River High School, opened its doors. Join us in celebrating **85 years of educating, inspiring & empowering** our diverse learners!

Tuesday, Jan. 12, 2016 • 4 - 7:30pm

..... 1170 Main Street • Elk River, MN

WWW.728COMMUNITYED.COM